

BLUFFVIEW BULLETIN

Official newsletter for Families and Friends of Bluffview Memory Care



Administrative Updates

ROB MCINNES, RMCINNES@BLUFFVIEWMEMORYCARE.COM

After getting up to speed with the families, staff, and residents over the summer, I've been filling in for Ana while she's on maternity leave through the Autumn season. As our Bluffview family has grown and changed throughout the past few months, we come into Autumn with a fresh perspective on what it means to care for others, ourselves, and what it means to be human. Ana has shared exciting news that she welcomed her little baby girl, Rylyn, into the world at the beginning of September. This new beginning is a hopeful reminder of life's importance and the human need for love from our very first breath to our last. Life's journey can take many different paths, and many times the need for loving care also comes later in life. I'm proud to say that our staff at Bluffview stand in solidarity with all the spouses, children, siblings, relatives, friends, and community caregivers who have loved ones living with dementia. We live out this commitment every day and have proudly shown it over the past months with the restart of Caring Connections, a dementia caregiver support group held right here at Bluffview. This group is held the last Tuesday of every month from 1:30-3PM. Along with this, we had strong representation at the 2019 Walk to End Alzheimer's, and were able to put another brick in the wall for the cure to end Alzheimer's. We also grieve with the families who have lost their loved ones in the last months. The residents who we came to know and love will always hold a special place in our hearts as they do in yours. With a focus on thriving no matter what the situation may bring, we look towards this next season of the year with hopeful optimism. Thank you once again for your trust in our team to deliver quality care, and please don't hesitate to swing by the office and say hello if I haven't met you yet!

"Fall has always been my favorite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale."

**LAUREN
DESTEFANO**



Reminders from the Front Desk

ANGELA DAVIES, ADAVIES@BLUFFVIEWMEMORYCARE.COM

Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one.

Please contact the staff with any appointments or outings planned for your loved ones. This will help ensure your loved one is up and ready to go. We will also ensure that any medications are then prepared to go with you if required.

We do have a Suggestion Box. It is located in the Reception area on the wall just above where the menus and activity calendars. Feel free to place any suggestions, comments, etc. in the box. This is checked regularly by the Customer Service Representative, and is also a place where you can deposit your monthly checks if you are unable to come during business hours..



**"Autumn shows us
how beautiful it is to
let things go"
~Unknown**



Welcome to our New Hires

FACILITY NURSE:

AMBER TIMM

RESIDENT CARE COORDINATORS:

LEAH FYNAARDT

PA CHIA KHANG

ALEXANDRA WATTER

AMBER CONNOT

TISH MELLOR

KAYLIN LEIS

DIETARY:

ZAK KESSEL

CHRIS LEBAKKEN

PATTI PETERS



Speaking of Environment

PHILLIP DAVIES, PDAVIES@BLUFFVIEWMEMORYCARE.COM

Can I please remind all family and visitors to BMC not to let anyone out of the front door. We have residents who are about the same age as some of our visitors, and I appreciate it may seem awkward; however, it is much better to check with staff than allow a resident out of the building and into dangerous situations.



What's Cooking?

TAMMY ATKINSON,
TATKINSON@BLUFFVIEWMEMORYCARE.COM

Happy FALL everyone! We've had and will be having some big changes in the kitchen. As some of you have met, we have a new Head Cook, Chris, who comes to us with extensive experience and knowledge. I will be training Chris in most of the ins and outs of the department, as I will be out for some time in the near future. I will be having my first hip replacement surgery this October and will be out for some time. Thank you to everyone for your support and prayers!



CARING IN ALL ASPECTS

BOBBI KLAVER, CKALVER@BLUFFVIEWMEMORYCARE.COM

HAPPY FALL Y'ALL! ONCE AGAIN OUR WEATHER IS CHANGING FROM VERY WARM TO SLIGHTLY CHILLY IN THE MATTER OF A DAY. MANY OF YOUR LOVED ONES STILL WANT TO GO OUTSIDE AND ENJOY THE FALL WEATHER, SO PLEASE BE SURE THAT YOUR LOVED ONE HAS APPROPRIATE CLOTHING FOR THE COOLER WEATHER. ALSO, IF YOU CAN PLEASE PROVIDE WARMER PAJAMAS FOR YOUR LOVED ONE SO THEY CAN REMAIN WARM AND TOASTY THROUGH THE UPCOMING WINTER MONTHS. WE GREATLY APPRECIATE IT!



LIFE ENRICHMENT DEPARTMENT

SARAH PEDRETTI, SPEDRETTI@BLUFFVIEWMEMORYCARE.COM

Fall is my absolute FAVORITE season!!!! There is just something so special about the cooler weather, changing colors, apples, and pumpkins. And, yes, I am one of those people who like Pumpkin Spice EVERYTHING! We will soon be decorating the whole facility for Autumn and diving into all of the fun. We actually already enjoyed one staple during the autumn days; we took a trip to the apple orchard! We also love this time because we get to meet the new 4th Graders from Prairie View Elementary School! I also get very excited for Thanksgiving even though we are a little ways away from that delicious goodness.

I wanted to take a moment to thank everyone who came out to our second annual A Walk Down Memory Lane, the La Crosse Area Walk to End Alzheimer's, and the Chicken Q!! All of us at Bluffview are so thankful to everyone for their support in US and the Alzheimer's Association. Please email me anytime if you have any questions about the activities or events!



BIRTHDAYS!!!

October

Jim T. -- October 2nd

Dorothy W. -- October 5th

Jean E. -- October 16th

Renata A. -- October 28th

Becky L. -- October 29th

November

Pete H. -- November 1st

Nellie B. -- November 7th

Rosa O. -- November 17th

Bonnie T. -- November 21st

Brad H. -- November 23rd

Kathy B. -- November 29th

OCTOBER EVENTS

- October 1st -- Happy Hour with Musical Entertainment
- October 3rd -- Oktoberfest Royal Family Visit
- October 5th -- Musical Entertainment
- October 8th -- Ice Cream Social & Music
- October 10th -- Fall Festival
- October 14th -- Musical Entertainment
- October 16th -- 4th Graders Visit
- October 17th -- Bonfire
- October 19th -- Musical Entertainment
- October 20th -- Volunteer BINGO
- October 22nd -- Birthday Party & Music
- October 26th -- Musical Entertainment
- October 31st -- Halloween Hootenanny & Music

NOVEMBER EVENTS

- November 2nd -- Musical Entertainment
- November 4th -- Musical Entertainment
- November 9th -- Musical Entertainment
- November 11th -- Veteran's Day Celebration
- November 17th -- Church Service
- November 19th -- Happy Hour & Music
- November 23rd -- Musical Entertainment
- November 24th -- Volunteer BINGO
- November 26th -- Birthday Party & Music
- November 28th -- Thanksgiving Meal
- November 30th -- Musical Entertainment

REMEMBERING THOSE PASSED

- Laura Haskell -- August 1st
- Peg Doering -- August 9th
- Carol Timm -- August 16th
- Judy Miller -- August 21st
- Don Houlihan -- August 31st
- Greg Howe -- September 26th

