

## Resident Council Meeting

9/28/21 and 9/29/21 at 10:30am in the Bistro

### Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Rob McInnes, Administrator

Ryan Ray, Environmental Services Coordinator

### What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

This month the council was able to meet in a socially distanced. All residents were given the opportunity to voice any concerns, questions, or topics that they wished to bring up.

## NEW BUSINESS

### Nutritional Services:

Sarah Pedretti, Life Enrichment Coordinator, filled in for Tammy for this resident food council. Sarah began the discussion by asking the residents if there was anything that they would like to see more of on the menus; one resident asked for more fruit such as peaches, pears, apples, and oranges. All the residents said that they are enjoying breakfast; one resident suggested having cream of wheat, and they said that they would like to see orange and grapefruit juice served at breakfast. The residents took a vote as to which meal they would like to be lighter. 2/11 voted for the lighter meal to be at lunch and 4/11 voted for the lighter meal to be at supper time. The residents also said that they would like their supper to be something warm or specifically to have some kind of warm meat. The residents were all happy with the service that they received. Sarah reviewed with the residents that they are able to ask for any needed condiments or alternatives with their meals.

### Follow Up::

***One resident would like to only have cereal for breakfast and not anything else.***

### Resident Choice Meal:

***Beef Roast***

***Mashed Potatoes and Gravy***

***Corn***

***Dinner Roll***

***German Chocolate Cake***

### Nursing:

***Sarah Pedretti, Life Enrichment Coordinator, filled in for the Resident Health Coordinators. Sarah informed the residents that there were quite a few new staff members recently hired and that they should keep their eyes open to seeing new faces. One resident asked about when the dentist is coming again and another wanted information about all of the Healthdrive services.***

***Follow Up::***

- One resident would like to know when the dentist is coming again***
- One resident would like to have a sheet describing all of the services that Healthdrive provides***

### **Life Enrichment:**

***Sarah Pedretti, Life Enrichment Coordinator, asked the residents if they had any ideas for programming that they would like to have. One resident said that he would like to go swimming at the YMCA and a few residents agreed. Sarah informed the residents that that may not be possible at the moment due to the situation with COVID, but that she would look into that for the future. Another resident asked about Manicures, and Sarah said that she would get that back on the schedule regularly. Sarah asked what the residents' favorite fall activities were, and they said, "tennis, carving pumpkins, making/eating caramel apples, dancing, and racking leaves." One resident requested more card games such as poker or King's Corners. Sheila Campos, Life Enrichment Assistant, shared that she had a small pool/billiards table that she could bring in for the residents.***

***Follow Up::***

***None.***

### **Environmental Services:**

***Ryan Ray, Environmental Services Coordinator, lead the discussion for his department and informed the residents that alpha's living room was almost completed with the new theme of Cabin/Northwoods. Ryan said that they would be moving into bravo's living room next with a farm theme. Ryan asked the residents what came to mind when they thought of a farm, if any residents had lived on a farm, what the residents would like to see in the new themed living room. The residents said that they either remember or think about milking cows on a farm and a few other things such as tractors, pitch forks, barns and silos, chickens, and hay. Ryan shared that he had recently hired a new PM staff member to assist with laundry and disinfecting and reminded the residents that their drawers were all labeled to assist staff keeping their drawers organized and better stocked. The residents all said that they were happy with how their rooms were being cleaned. Ryan shared that Ryan W. was disinfecting all of the resident bathrooms and deep scrubbing one bathroom floor a day. Ryan said that now that fall had come, he would be starting to do those last minute seasonal***

*needs such as washing windows before winter and trimming some bushes. Ryan also shared the he had a company come in to clean out the duct works in the facility for some cleaner air.*

Follow Up::

*None.*

Other questions/comments/concerns/feedback:

*Rob McInnes, Administrator, joined the council meeting today due to a resident having a question about a beautician coming in for haircuts. Rob was able to inform the residents that he would be placing an ad out for someone to come in weekly or biweekly. Otherwise, he would reach out to one of the sister facilities to see if their beautician would be willing to come in within the next couple of weeks.*