

## **Resident Council Meeting – RECONCILIATION DUE BY 10/20/2016**

9/23/2016 @ 1pm

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Tammy Francis, Head Chef

Bobbi Klaver, Resident Health Coordinator

Kristin Boerst, Life Enrichment Assistant

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Tammy, Nutritional Services Coordinator, begin the meeting with reminding the residents of how important it is to be drinking their water during these hot summer months. She went on to ask the residents if their food has been hot enough and cold enough; the residents all said that they have been satisfied. Tammy talked about the different summer salads that she has been making for the residents and specifically mentioned the carrot raisin salad that the residents seem to be enjoying. Tammy told the residents that she has asked their families to bring in their old or favorite recipes for the fall and winter so that the kitchen can incorporate them into the menus. Speaking about the fall and winter, Tammy began brainstorming with the residents about different foods and activities or parties revolving around food such as a German Day with German Potato Salad and Sauerkraut and Football Season with little weenies and cheese curds. The residents were very excited about these different events. Tammy reminded the residents that they can always asked for an alternative meal if they do not like one of the meals for the day or a part of the meal. Tammy also brought the resident choice meal of the month for August and suggested that they join the picnic with their meal; she thought that a sweet corn roast would be a lot of fun. The residents approved of this, called it the Harvest Picnic, and decided the rest of the meal which is found below.

Next Resident Food Council Meeting: Tuesday, September 6<sup>th</sup> at 10:00am

### **Nursing:**

Sarah, Life Enrichment Coordinator, went through everything that had been discussed at the last month's meeting. Molly Carhart checked about a date for the flu shots to be offered for all

residents; flu shots will be offered Wednesday, September 14<sup>th</sup>. The residents did ask about someone looking into why certain people are going into other's apartments. Some of the residents do not feel safe because of this. Molly explained to the residents about how the building is set up and that sometimes people become confused as to what part of the building they are in. Molly assured the residents that she would look into their situations. Some resident's also brought up issues with staff leaving unfinished work sometimes. Sarah explained to the residents that there are times when a staff member is called away from what she is doing due to another resident needing instant assistance. Staff members are to always return right away to what they were doing once the assistance is completed. Sarah also explained to the residents how the laundry works; everyone's laundry is washed separately although there are times when one staff member accidentally grabs the wrong pile of laundry and delivers it to another resident's apartment.

#### Life Enrichment:

Sarah, Life Enrichment Coordinator, reviewed all that was talked about last month and the different activities that the residents had enjoyed such as the Casino Day with a Magician and the Pontoon Boat Ride. Sarah informed the residents that Erik was no longer an employee here and that she had recently conducted a few interviews and may have a new assistant soon. Sarah also read off some of the upcoming events such as Labor Day and the Alzheimer's Walk in La Crosse. Sarah asked for a little patience from the residents as she hires, trains, and prepares the next assistant; there will be some activities that will not have someone from the Life Enrichment department facilitating. Sarah also talked a little about events coming up in October such as the Ecker's Apple Orchard outing, Fall Festival, and Halloween Bash. The residents had no other questions or concerns and said that they were happy about all the activities that are offered.

#### Environmental Services:

Sarah, Life Enrichment Coordinator, reviewed what was talked about from last month's meeting. The residents were all very happy with how housekeeping and maintenance have been completed for them. Sarah did inform the residents that Peter, Phil's son, would be starting high school as a senior soon so they would be seeing less of him around. The residents had no other questions or concerns.

#### Other questions/comments/concerns/feedback:

None.

## **NEW BUSINESS**

#### Nutritional Services:

*Tammy, Nutritional Services Coordinator, began the food council with asking the residents how they had enjoyed the Harvest Picnic with the sweet corn roast. The residents said that it*

*was “good.” The residents said that they have been liking the menus recently. Tammy informed the residents that for the next couple of weeks, the menus would be more simple or basic as the department works through some staffing changes. As October rounds the corner here and Oktoberfest starts at the end of September, Tammy is looking to have a special German Oktoberfest food sampling: September 30<sup>th</sup> at 1:00pm. Tammy reminded the residents to drink their water as it is extremely helpful for the body’s overall function. The Happy Hours and appetizers were brought up, and Tammy asked if the residents would be up for trying some deep fried pickles. The residents agreed that would be a neat treat to try. Tammy also said that she might try some ham, pickle rolls soon too. Tammy and the residents also chose the next Meal of the Month as is shown below.*

*Next Resident Food Council: October 4<sup>th</sup> at 10:00am*

#### **Nursing:**

*Bobbi Klaver, Resident Health Coordinator, came out to discuss with the residents any questions or concerns that they had. The previous notes and discussion topics were read from the last meeting. Bobbi said that the day of the flu shot went very well and that all residents received one who wanted one. The residents were asked if they had any other questions, comments, or concerns, but Bobbi was given no response. Later, the residents did bring up the fact that there has been an improvement in the RCCs making their beds in a timelier manner in the morning.*

#### **Life Enrichment:**

*Sarah Pedretti, Life Enrichment Coordinator, informed the residents of all the events coming up in October such as the Oktoberfest Royal Family, Ecker’s Apple Orchard Outing, the Fall Festival, and the Halloween Party. The residents were also introduced to Kristin the new Life Enrichment Assistant. Kristin introduced herself and told the residents a little bit about herself. Sarah then went on to ask the residents if there was anything that they have been wanting to see on the schedule that we haven’t had recently, or if there was anything new someone wanted to try. The residents said that they were satisfied. Sarah also asked the residents if there was anything that they were not liking, but none of them responded.*

#### **Environmental Services:**

*Sarah filled in for Phillip due to him having a day off. Sarah reviewed the notes from the last meeting, and asked the residents how everything was going for housekeeping. The residents said that they have been pleased with everything and had seen an improvement recently. Sarah asked if any of the residents had any maintenance concerns. The residents were wondering what they needed to do to get ahold of Phil if they did have something come up. Sarah explained that if they need anything from maintenance to just find a worker with a*

*name tag on, and they can assist with anything or call Phil to come and help. The residents had no other questions or issues to bring up.*

**Other questions/comments/concerns/feedback:**

*None.*

**Meal of the Month:**

Residents have decided on a meal of the month for September:

- **Pork Roast**
- **Sweet and Sour Red Cabbage with Apples**
- **Mashed Potatoes and Pork Gravy**
- **Homemade Dinner Roll**
- **Apple Pie with a Slice of Cheese**

Meal of the Month will be Friday, **September 23<sup>rd</sup>**

**Upcoming Events:**

Resident Food Council with Tammy – October 4<sup>th</sup> at 10:00am

Monthly Happy Hour & Musical Entertainment with Living Stones – October 4<sup>th</sup> at 2:00pm

Angela's 4<sup>th</sup> Grade Class Visit – October 5<sup>th</sup> at 1:15pm

Oktoberfest Royal Family Visit – October 7<sup>th</sup> at 11:00am

Musical Entertainment with Larry Langen – October 8<sup>th</sup> at 1:30pm

Monthly Sundae Social & Musical Entertainment by Regina Chihak – October 11<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – October 12<sup>th</sup> at 9:30am

Ecumenical Communion Service & Root Beer Float Social – October 13<sup>th</sup> at 1:00pm

Musical Entertainment with Siouxsie West – October 15<sup>th</sup> at 1:30pm

Monthly Pizza Party & Musical Entertainment by Kent Larson – October 18<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – October 19<sup>th</sup> at 9:30am

Jenny's 4<sup>th</sup> Grade Class Visit – October 20<sup>th</sup> at 1:00pm

Musical Entertainment with Chris Von Arx – October 21<sup>st</sup> at 10:00pm

**Bluffview's Fall Festival and Fundraiser with Family and Friends – October 22<sup>nd</sup> at 1:30pm**

Monthly Birthday Party and Entertainment with Steve Lankford – October 25<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – October 26<sup>th</sup> at 9:30am

Resident Council Meeting – October 28<sup>th</sup> at 1:00pm

Musical Entertainment with Tom Baker – October 29<sup>th</sup> at 1:30am

**Halloween Party – October 31<sup>st</sup> at 2:00pm**

***\*\*\*Activities subject to change\*\****

**Next Meeting: Friday, October 28<sup>th</sup> at 1pm**