

## **Resident Council Meeting**

8/25/21 at 10:30am in the Bistro

8/27/2021 at 1:00pm in the Bistro

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Rob McInnes, Administrator

Ryan Ray, Environmental Services Coordinator

Brooke Vian, Resident Health Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

This month the council was able to meet in a socially distanced. All residents were given the opportunity to voice any concerns, questions, or topics that they wished to bring up.

## **NEW BUSINESS**

### **Nutritional Services:**

Tammy Atkinson, Nutritional Services Coordinator lead a separate Resident Food Council. The discussion began with gardens and talking about past gardening and the gardens here at Bluffview. Tammy asked what kinds of vegetables did the residents have in their gardens; they said, tomatoes, cucumbers, onions, and more. The group talked about canning and pickles. Tammy shared that she recently had some delicious pickles from a Farmer's Market; they were sweet pickles with horseradish. Sarah assisted Tammy with getting all the residents a slice of tomato from the Bluffview Garden. Many of the residents ate multiple slices. Tammy shared about the upcoming menu items for September such as German Sauerkraut and other goodies. Tammy also suggested that the residents try more tomatoes from the garden and mix it with basil and mozzarella for a little capris.

Tammy asked the residents how their food was and one resident said that it isn't always hot enough. Tammy assured the residents that they need to speak up! Tammy also wished to remind the residents that they can ask for alternatives if they don't like something being served. Tammy let the residents know where they can find the menu and that the kitchen announces the meal fifteen minutes before they serve. The residents then chose their Resident Choice Meal which you can find below. Tammy finished the meeting with reminding the residents how important it is to drink lots of water and wash their hands especially in a pandemic.

*Follow Up::*

**None.**

Resident Choice Meal:

**Pork Chops**  
**Sweet Sweet Potatoes**  
**Sliced Tomatoes**  
**Dinner Roll**  
**Apple Pie Al A Mode**

**Nursing:**

**Brooke Vian, Resident Health Coordinator, joined the discussion during the Nursing Services Department. Brooke asked one resident if she was able to get her nails trimmed; Brooke made sure the staff knew that is a needed task. Another resident asked about the dentist and that he was having some trouble urinating. Lastly, talk about getting a hair dressing in again for hair cuts came up.**

Follow Up::

- **One resident would like to see the dentist and has questions about his urination. He would also like to have some spending money and a new belt.**
- **When will be able to get a beautician in again for hair cuts?**
- **Another resident is missing two wallets**

**Life Enrichment:**

**Sarah Pedretti, Life Enrichment Coordinator, shared with the residents some of the issues that the department was coming up against when it comes to hiring new staff. Sarah informed the residents that Hope would be leaving at the beginning of September and that she does not have any other assistants to help out, so she will be leading all of the programs for the foreseeable future. Sarah also informed the residents that since she will be the only one in the department, there is a good chance that there will be very few activities lead in the evenings. Sarah and the residents then brainstormed a few activities that they would like to do for September such as having Ecker's Apple Pies, Big Movie Night with the projector, a program all about pickling, Fried Green Tomatoes, and an informational about fishing or hunting. Two residents requested sports schedules. Sarah also asked the residents about Christmas and where they would like to have the Christmas trees as they are usually set up in the Living rooms, but last year, they were in the dining rooms. The residents all said that they would like trees in both areas! The residents didn't have any other information to bring up.**

Follow Up::

- **Print off Packer's and Bucks Schedules**
- **Find more Large Print Books**

## **Environmental Services:**

*Ryan Ray, Environmental Services Coordinator, lead the discussion for his department and informed the residents that Alexis would be having her baby any day now. He also mentioned that there were a few other people who were taking over her job of cleaning the rooms. Ryan asked about outside, and the residents said that they were happy with the wild flowers and birds which lead to a discussion about possibly getting birds inside for the residents to watch. Ryan shared that the resident's drawers were all labeled now to assist with staff keeping their drawers organized and better stocked. Ryan talk about some of his ideas for Christmas and one resident asked to have a bigger Christmas tree in the Bistro. Another resident said that his toilet seat was a little off.*

### Follow Up::

- **Look at resident's wiggly toilet seat**

## **Other questions/comments/concerns/feedback:**

**Rob McInnes, Administrator, joined the council meeting today and shared a little about the procedures for COVID and what to expect such as a 10 day isolation period for anyone who tests positive for COVID. One resident asked if that 10 day isolation would still happen even for residents who have had their COVID vaccine. Rob said that he believed that they would still have to go through the 10 day isolation process. Rob also introduced our new Customer Service Representative, Alexis, who stopped by for a quick hello. Rob revisited the Living room revamp project and informed the residents of the progress and plans. He also informed the residents of installing sound deadening panels within the dining rooms to create a more calming atmosphere while eating.**