

Resident Council Meeting – RECONCILIATION DUE BY 8/23/2016

7/29/2016 @ 1pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator
Tammy Francis, Head Chef
Phillip Davies, Environmental Services Coordinator
Patty Cafe, Resident Health Coordinator
Kim Anderson, LPN, Nursing Services Coordinator
Ana Hines, Administrator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Francis, Head Chef, started the council by asking the residents how they have been liking the food and if the food has been hot enough for them. Some residents responded with a few head nods Tammy reminded the residents that there are many alternatives for meals if they do not like something being served that day. She went over a few of the menu items that she has been putting on that are more home cooked meals. She also talked about the weekly grill out every Wednesday. Tammy was very excited to tell the residents that June 15th there will be an outdoor picnic for everyone with music, fresh air, and a wonderful family gathering set up. Tammy asked about how the residents have liked the salads; they said “yes.” Tammy told them that Sarah, Life Enrichment Coordinator, had recently taken her out into the courtyard for her to look at the wonderful garden and how well it has been coming along. She said to look forward to the fresh garden items going into the menu. June 19th is Father’s Day, and Tammy told the residents of the wonderful meal to look forward to. Tammy asked about the snacks and reminded the residents of the many different snacks available. The residents said that they were satisfied. She also asked about the homemade soups that they have been receiving; the residents gave a few head nods. Tammy told the residents that she has gotten some new cold snacks for the residents to have on those hot summer days such as Italian ices and popsicles. Tammy ended with reminding the residents to drink their water to stay hydrated because it is very easy to become dehydrated in the warm summer sun.

- One resident suggested that they have Liver on the menu.
**This is something that the kitchen has had on the menu

Next Resident Food Council Meeting: Tuesday, July 5th at 10:00am

Nursing:

Sarah talked about the last month's discussion and then informed the residents that we are still looking to fill one spot in the Resident Health Coordinator positions. She also let the residents know that Bobbi, a Resident Health Coordinator is on vacation in Germany at the moment but will be returning at the beginning of the month. One resident said that she is still missing some clothes. She said that she is missing about eight pairs of clothes such as brown dress pants. Patty came to the discussion and said that she would have the girls look throughout the other apartments for her clothes. One family member suggested that the girls carry pins in their pockets to pin socks together so that they don't get lost. There were no other questions or concerns from the residents.

- Find Resident's lost pants and other clothing items.

**Resident's pants were looked for that day. Resident has not complained about this for a while now.

Life Enrichment:

Sarah, Life Enrichment Coordinator, reviewed the last month's minutes for the residents, and went over the La Crosse Queen Outing, Father's Day Celebration and Photographer, and the Longest Day Fundraiser. The residents said that they were happy about all of these items. Sarah informed the residents of the upcoming events for July and made specific mention of the Independence Celebration, Ice Cream and Coffee Outings, and the Going Away Party for Nora. Sarah told the residents of Nora's last day and where she will be heading after that. The residents were sad to hear this but happy about her future. One resident asked about her replacement. Sarah told the residents that she recently hired Erik who is a student at the University of Wisconsin – La Crosse going for Pre-Med. The residents were very impressed. It was discussed about the hour and a half Bingo on Mondays; the residents said that they have enjoyed this and are happy to continue it for that time frame. Sarah also let the residents know that they would be going out on a Pontoon Boat in August; there was a lot of interest in this. There were no questions, comments, or concerns from the residents.

Environmental Services:

Sarah discussed the last month's discussion. Phillip had no other upcoming notices. The residents were happy with their housekeeping and said that it's something they don't have to do. Phillip did remember to let the resident's know that he will be replacing the entire table that broke in the courtyard. One resident asked about the Zika mosquito and if that is something that they should worry about. Phillip said that as far as he knows, it is not something to concern themselves about.

Other questions/comments/concerns/feedback:

None.

NEW BUSINESS

Nutritional Services:

Tammy, Head Chef, begin the Resident Food Council by asking the residents how they were liking the food. The residents responded with it is "gone," meaning they like it so much the plates are fully cleaned. Tammy talked about a few of the new items that she had recently added to the menu such as the Sweet Pigs in a Blanket and the Cold Plates. Tammy had heard many good comments about these items. Tammy brought up that she had reduced the amount of soups on the menu due to one resident having complaints about it; she asked if the residents would like to see more soup back on the menu or if they were satisfied. The residents expressed their like for soup. Tammy asked which types of soup people liked; they said, Chicken Noodle, Tomato, Vegetable, French Onion, and Potato. Tammy also asked about the types of sandwiches the residents would like to have; they said, Egg Salad, Ham Salad, Grilled Cheese with a slice of tomato or onion. Tammy told the residents that last week she had made a Tortellini Salad that had our courtyard garden's fresh tomatoes, broccoli, and cucumbers in it. This week on the menu, Tammy told the residents that they would be having fresh raspberries and blueberries with cream; the residents were happy to hear this. Tammy brought up that soon they would be getting fresh Rutabagas and Kohlrabi in. Tammy also wondered if the residents would be interested in having a spinach dip or cooked spinach with salt, pepper, and vinegar. The residents said that they would be willing to try these. Tammy wanted to remind the residents that if they do not like something that is being served that day, that they can request something else to eat. Tammy wanted to know if the residents would be interested in deep fried mushrooms and cauliflower for a Happy Hour Party; the residents consented to this. The residents said that the food has been both hot enough and cold enough for what it is needing to be. Tammy brought up the Outdoor Picnic that was planned for the week; she said that it will have to be canceled or moved inside due to that day being the hottest day of the year. Lastly, Tammy reminded the residents to DRINK, DRINK, DRINK their water to stay hydrated. (Meal of the Month/ Resident Choice Meal is located below)

Nursing:

Kim, Nursing Services Coordinator began by informing the residents that flu and cold season is coming up soon; she reminded the residents that they need to be consistently washing their hands specifically when coming into the dining rooms for meals. She also informed the residents that at the beginning of the fall season, they will be administering flu shots. Kim

also introduced Patty Cafe as one of our new Resident Health Coordinators. The residents were asked if they had any questions about the nursing services. One resident said that she would like one medication scheduled for her as she sometimes forgets that she can ask for it. Kim said that this medication has already been scheduled for her, so she shouldn't have to worry about it anymore. The same resident talked about not liking having women holding baby dolls in the dining room during meal times. It was explained to this resident that those other residents have a right to hold a doll if they want and also that they have a cognitive disease and that the baby doll helps to calm them down.

Life Enrichment:

Sarah, Life Enrichment Coordinator, reviewed the last month's minutes for the residents, and went over the small outings to get ice cream and coffee. She also discussed the moving on the bonfire to the next week due to bad weather. The indoor picnic was talked about, and Nora's Going Away Party was brought up with happy wishes for Nora as she starts her internship. Sarah also introduced Erik at this time, and Erik talked a little about who he was and what he was looking forward to this coming year and beyond. Sarah let the residents know about the new activities that will be coming up in August such as the Pontoon Boat Ride and Fishing trip, Casino Fun Day with a magician show, and outdoor events. The residents gave their approval for these events. Sarah asked if the residents had any questions, comments, or concerns about the activities; they had no input to give.

Environmental Services:

Phillip, Environmental Services Coordinator, began by informing the residents about the new table out in the courtyard that was replaced due to the one breaking in a storm. He also let the residents know that the courtyards would soon have magnolia trees planted. The residents were very happy to hear this. One resident did ask to have her windows washed, and Phil said that he would take care of that. The residents had no other questions, comments, or concerns. Sarah introduced Peter Davies, Phillip's son, who has been helping throughout the facility with Phil. Peter got up and talked a little about himself; a few residents asked him some questions.

Other questions/comments/concerns/feedback:

None.

Meal of the Month:

Residents have decided on a meal of the month for February:

- **Good Ol' Fashioned Cheese Burger with Pickle and Onion**
- **French Fries**
- **Creamy Coleslaw**
- **Brownie Ice Cream Sundae with Caramel Fudge and Toppings Indulgence**

Meal of the Month will be Friday, July 29th

Upcoming Events:

Resident Food Council with Tammy – August 2nd at 10:00am
Monthly Happy Hour & Musical Entertainment with Kent Larson – August 2nd at 2:00pm
Catholic Communion Service with Sister Bridget – August 4th at 11:00am
Musical Entertainment with Paul Martin – August 6th at 1:30pm
Monthly Sundae Social & Musical Entertainment by Living Stones – August 9th at 2:00pm
Music and Memories with Sue Degallier – August 10th at 9:30am
Family Support Group Meeting – August 10th at 5:30pm
Ecumenical Communion Service & Root Beer Float Social – August 11th at 1:00pm
Musical Entertainment with Dale Montell – August 12th at 1:30pm
Living Word Church Service – August 14th at 2:00pm
Life Enrichment Outing: Pontoon Boat Ride and Fishing – August 16th at 7:30am
Monthly Pizza Party & Musical Entertainment by Regina Chihak – August 16th at 2:00pm
Music and Memories with Sue Degallier – August 17th at 9:30am
Outdoor Picnic Lunch Day (tentatively) -- August 18th at 11:30am
Musical Entertainment with Chris Von Arx – August 19th at 10:00am
Musical Entertainment with Larry Langen – August 20th at 1:30pm
Casino Fun Day & The Magic of Isaiah Show – August 23rd at 2:00pm
Musical Entertainment with Sweet Notes Band – August 24th at 2:00pm
Noon Meal of the Month – August 26th
Resident Council Meeting – August 26th at 1:00pm
Musical Entertainment with Tom Baker – August 27th at 1:30pm
Monthly Birthday Party and Entertainment with Steve Lankford – August 30th at 2:00pm

******Activities subject to change*****

Next Meeting: Friday, August 26th at 1pm