

## **Resident Council Meeting**

7/26/2018 @ 1pm

### **Staff Members Leading:**

Tim Britain, Assistant Administrator

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Alea Peterson, Resident Health Coordinator

Molly Carhart, Resident Health Coordinator

Patty Tourtellott, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Tammy Atkinson, Nutritional Services Coordinator, was available to lead the group. She began the discussion about the beautiful weather and gardening. The residents talked about the different vegetables that they or their families used to grow such as green onions, tomatoes, cucumbers, beans, and rhubarb. The residents also talked about pickling and canning. Tammy asked the residents how their food has been; they said that the food has been good. A couple of the residents said that the food was not always hot enough such as the vegetables. Tammy asked the residents to let her know as soon as possible if they find their food cold, as she wants to find the issues right away. One resident said that the serving was slow at times. Tammy said that she would talk with her staff about how they are serving the plates and remind other staff that they can help assist. Tammy and the residents chose their Meal of the Month to be served on July 4<sup>th</sup> for Independence Day. Tammy ended their discussion with a reminder for the residents to drink their water!

### **Nursing:**

Bobbi Klaver, Resident Health Coordinator, came out for the meeting. Bobbi informed the residents that there would soon be a new housekeeper joining the force in the upcoming weeks. This housekeeper would be working during the PM shifts. She also informed the residents that they have been continually hiring, specifically staff for the night shifts. Bobbi let the residents know that she would be gone most of next week and back the next. Bobbi asked

how the residents were liking the laundry aid; they were all very happy about the position. One resident said that he has had people in his apartment in the morning; Bobbi said that she would make sure that staff are checking in his apartment.

#### Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the discussion from last month and the different activities and events that had happened over June. Sarah was able to inform the residents that the Country fest Fundraiser was able to raise almost \$1,000. She said that they would most likely try to keep this fundraiser going next year. Sarah informed the residents about the upcoming events and activities for the month of July such as the bonfire, Independence Day activities, and an Under the Sea Party. Sarah also informed the residents that she has organized a pontoon boat ride and fishing trip at the beginning of August. Many residents expressed excitement over this trip. One resident asked why there were so few people who attended the Friday Night Movie Nights. Sarah said that she would bring it up in the daily huddles to remind staff that they need to assist residents down for the movies. The residents had no other ideas or concerns to bring up.

#### Environmental Services:

Phillip Davies, Environmental Services Coordinator, joined the meeting. Phil reminded the residents that it is even hotter outside than the last month, and asked them to make sure that the air conditioners stayed on at all times and not have the windows open. Phil talked about the pond outside in the front and how he was thinking about adding koi, but he found out that they need a lot of plants to survive. Therefore, he is leaving that idea off for a little while. One resident asked about the bird nests outside. Phil said that he will not take them down if he finds baby birds or eggs. The residents had no other questions.

#### Other questions/comments/concerns/feedback:

Tim Britain, Assistant Administrator, joined the meeting and was able to share with the residents that the staff have started to hold daily meetings. These meetings are to help assist the staff in knowing issues to be aware of, any specific residents who will need special assistance or different interventions. Tim said that the staff seem to be very engaged in these meetings and that they have seen a great benefit. Tim finished with telling the residents, "We appreciate you!"

## **NEW BUSINESS**

#### Nutritional Services:

***Tammy Atkinson, Nutritional Services Coordinator, was available to lead the discussion. Tammy spoke about the new items that the resident have seen or will be seeing on the menu for summer such as the soup bread bowl and different seasonal salads. Tammy also***

*informed the resident what to expect for the Under the Sea Party coming up: shrimp baskets, calamari, and crab dip. This led the discussion into what everyone's favorite seafood is. The residents talked about shrimp, salmon, lobster, clam chowder, squid, and oysters. Tammy shared some stories with the residents about her childhood and her father which led the discussion into gardening. The group talked about harvesting, pickling, and canning. Tammy asked the residents what new items they would like to see on the menu. One resident said, "I'm already eating all of my favorite foods now!" Tammy taught the residents a little about how much water they need to drink and why it is so important for them. Tammy also informed the residents about a couple of changes that they will soon see in the department as Cassandra has accepted a new job for the school district to be closer to her children. Therefore, Josiah will now be the Head Cook in the kitchen. The residents chose their meal of the month for August as seen below.*

*Next Resident Food Council: August 27<sup>th</sup> at 10:00am*

#### **Nursing:**

*Alea Peterson, Molly Carhart, and Patty Tourtellott, Resident Health Coordinators came to the Resident Council and informed the residents of the new PM housekeeper who will be cleaning all of the public areas such as the living rooms, dining rooms, public bathrooms, and other. They were able to share that there is a new resident moving into Delta. They also wanted to let the residents know that Bobbi will be leaving for a month vacation to Italy and Germany at the end of August into September. The residents did not have any questions or concerns to bring up at that time.*

#### **Life Enrichment:**

*Sarah Pedretti, Life Enrichment Coordinator, began by reviewing the notes from the month before and talked about some of those activities that were held during July. Sarah let the residents know about the upcoming trip to the lake and going out on the pontoon boat. She let the residents know to inform her if they are interested in this trip as there are only a few spots available. Sarah also talked about a once a year band that would be performing in August and about having another bonfire. The residents did not have any suggestions for activities or movies at this time.*

#### **Environmental Services:**

*Phillip Davies, Environmental Services Coordinator, reminded the residents to be careful when going outside in the hot sun. Phil said that he is still working on the pond and researching and that there are still some baby birds out in the courtyards. Phil also asked the residents to continue to keep the air conditioners on due to humidity within the building. Phil was excited to announce the start of his new PM housekeeper, Sara. The residents told Phil*

*that they thought his department did a great job. One resident asked if Phil was from Britain, which he is. Phil informed this resident that he is from England that he came to the USA because of his wife. Another resident informed Phil that his repositioning bar on his bed seems to be coming off; Phil assured this resident that he would take a look at that straight away.*

**Other questions/comments/concerns/feedback:**

*Tim Britain, Assistant Administrator, came to inform the residents that a new podiatry, audiology, optometry and dental service company has been found to come in to the facility for the residents' needs. This new company is called Healthdrive. Everyone was pleased with this.*

**Meal of the Month:**

Residents have decided on a meal of the month for August:

- **Roast Beef with Gravy**
- **Scalloped Potatoes**
- **Corn on the Cob**
- **Sweet Cherry Pie**

**Upcoming Events:**

Catholic Communion with Sister Bridget – August 2<sup>nd</sup> at 11:00am

Musical Entertainment with Larry Langen – August 4<sup>th</sup> at 1:30pm

**Pontoon Boat Trip and Fishing with NASA – August 6<sup>th</sup> 9:00am-11:00am**

Monthly Ice Cream Social with Music by Steve Lankford – August 7<sup>th</sup> at 2:00pm

**National Night Out with Bluffview Booth at Halfway Creek Park – August 7<sup>th</sup> 5:00-8:00pm**

Musical Entertainment with the Sweet Notes Band – August 8<sup>th</sup> at 2:00pm

Ecumenical Communion Service with Sister Becky – August 9<sup>th</sup> at 1:00pm

Musical Entertainment with Tom Baker – August 11<sup>th</sup> at 1:30pm

Monthly Pizza Party with Musical Entertainment by Kent Larson – August 14<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – August 15<sup>th</sup> at 9:30am

Musical Entertainment: Sing-a-Long Group – August 17<sup>th</sup> at 1:00pm

**Kornfest Parade with Bluffview – August 18<sup>th</sup> at 9:00am**

Musical Entertainment with Paul Martin – August 18<sup>th</sup> at 1:30pm

Living Word Church Service – August 19<sup>th</sup> at 2:00pm

Monthly Happy Hour with Musical Entertainment by The Living Stones – August 21<sup>st</sup> at 2:00pm

Music and Memories with Sue Degallier – August 22<sup>nd</sup> at 9:30am

Musical Entertainment with Shari Sarazin – August 24<sup>th</sup> at 1:00pm

Resident Food Council with Tammy – August 27<sup>th</sup> at 10:00am

Monthly Birthday Party and Music with Gemini Entertainment – August 28<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – August 29<sup>th</sup> at 9:30am

Resident Council Meeting – August 31<sup>st</sup> at 1:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Friday, August 31<sup>st</sup> at 1pm**