

Resident Council Meeting

7/25/2019 @ 1:10pm

Staff Members Leading:

Rob McInnes, Assistant Administrator

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Patty Tourtellott, Resident Health Coordinator

Molly Carhart, Resident Health Coordinator

Bobbi Klaver, Resident Health Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Sarah Pedretti began the Resident Food Council meeting for Tammy. She began by asking the residents if they had anything they wanted to bring up right away; one resident said he wanted to see more plain brownies without frosting and ice cream cakes or pies. Sarah what the residents would like to see for breakfasts, and they said that they really like pancakes, regular french toast, and cinnamon toast crunch cereal. Most of the residents requested to have toast available for every breakfast. Sarah did remind the residents that they can always request toast or anything else during the meals. Sarah again asked what the residents would like to see for lunches, and they said hamburgers, broiled fish, macaroni and cheese, toffee and cookie bars, and beer. She asked the same question for the super meal, and the residents asked for different kinds of birds besides chickens such as duck or quail and corn on the cob. One resident asked for a malt, and Sarah said that may be a little difficult for the kitchen to serve during meal times. She said, she will write it down for the Life Enrichment department to do for a party. Both Sarah and Tammy asked the residents how the service in the dining rooms is. The residents were happy with the staff and their interactions, but they said the dining rooms were too cold with the air conditioners on. Tammy reminded the residents of the different snacks that are provided in the dining rooms for them to snack on throughout the day, and the residents were happy with the variety. One resident did ask for some more cookies for the snacks. Tammy informed the residents that she has a new head cook starting July 5th, and she is a baker! Tammy is excited to be able to “kick things up a notch” with the

baked goods and throughout the kitchen as a whole. Tammy talked about the cold that had been going around to a few of the residents recently. She reminded them to wash or sanitize their hands, drink their fluids, and to cough into their arms instead of their hands. She also paused on the “Drink You Water!” She reminded them about the severe issues that can occur with them getting dehydrated emphasizing them importance of drinking water throughout the day. Tammy also let the residents know about a new steam table that they will begin utilizing soon that have four wells instead of the old one with only three. The residents also chose their meal of the month for July which can be found below.

Nursing:

Patty Tourtellott, Resident Health Coordinator, joined the council meeting and informed the residents about the new employees who will be starting soon. There will be people on all different shifts and within part-time and full-time. Patty also reminded the residents to make sure that they are wearing summer clothing when sitting outside in the hot sun. Patty also said to make sure that they have the summer clothing that they need and to ask their families if they do not. The residents had no questions or concerns to bring forward.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, led the discussion and began by reviewing some of the big events that had happened throughout the month. Sarah talked about Fathers’ Day, The 1st Day of Summer, and Country Fest to highlight a couple. Sarah then talked about a few upcoming events for July that the residents had to look forward to such as Independence Day and the La Crosse Queen Cruise Trip. Many of the residents were excited about these events. Sarah also asked the residents if they would be interested in having the staff perform in a talent show for the residents. She said this may take place in August of this summer. The residents did not have any suggestions or feedback for Sarah concerning the events and activities. One resident said, “you do a good job.”

Environmental Services:

Phillip Davies, Environmental Services Coordinator, had a couple of things to share with the residents. The residents joked with Phil that he wouldn’t need to wash the windows as there was a thunderstorm that was whipping the rain against them. Phil talked about how there was an unplanned fire drill recently and apologized to the residents for the convenience. Phil also informed the residents that the carpet cleaners would be coming in about two weeks, the fish tank would be cleaned soon and the dead fish removed, and finally, that he will be hanging some new pictures throughout the facility. The residents had no concerns or issues to bring up.

Administration:

Ana Hines, Administrator, joined the group this month with some information to share. Ana shared about our new Assistant Administrator, Rob McInnes. Rob was unable to make the council meeting due to another meeting, but Ana shared a little about his background and experience. Ana also shared with the residents about her pregnancy and how she will be going on maternity leave in September with her baby girl. Ana let the residents know that Rob would be taking over in her absence.

NEW BUSINESS

Nutritional Services:

Sarah Pedretti, Life Enrichment Coordinator, began the meeting. The residents started talking about who liked to cook, how many people each one had to cook for, and their favorite meals or foods. The residents said that they had really enjoyed the french toast bake that was recently served for breakfast. One resident asked for some potato pancakes one day. Tammy Atkinson, Nutritional Services Coordinator, took over the discussion and let the residents know that most really enjoy gravies and pastas. One resident did not like these, and he was reminded that there are always alternatives available. This resident was informed as to where to find the list of alternatives and the best practice to receive his alternatives in a timely fashion. The group talked about all the different soups that were available and on the menu; they also shared which sandwiches were their favorite such as Italian beef, corned beef, ham, summer sausage, and liverwurst. Tammy talked about harvest time starting with some fresh vegetables coming in. The group told a couple of jokes, chose their meal of the month, and ended with Tammy reminding the residents the importance of drinking their water.

- ***The residents suggested having peanut butter available for the morning toast***

Nursing:

Patty Tourtellott, Molly Carhart, and Bobbi Klaver joined the council. The girls shared about a few new staff and residents who were new or coming soon. They also shared that all of the wheelchairs and walkers were recently washed. Bobbi shared with the residents a little about her trip that she took to Germany, France, Austria, and England. She talked about bike riding, Bastille Days in Paris, Notre Dame, and Shakespearean Plays. Laundry was brought up by the girls, and one resident said, "if I ask for it, I get an immediate response."

- ***Residents were complaining that the radios were too loud in the dining rooms during the meal times.***

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, shared with the residents all of the fun activities that had recently happened in the last month. Sarah asked the residents who attended the La Crosse Queen Cruise to share with the group how they had enjoyed their time. One resident said, "I enjoyed it very much!" and went on to talk about how he liked being back on the rivers he used to fish all the time. One resident asked if he could go to the NRA shooting range to watch the people shoot. Sarah said that she would look into if that would be possible. Sarah let the residents know that Shane would be having a science experiment and magic show next week. Shane was able to share a little about what he would be doing for them.

- ***TB = asked to have a Brewer's game schedule posted in his living room for the staff so that they can assist him with turning the game on.***

Environmental Services:

Phillip Davies, Environmental Services Coordinator, was able to share with the residents that he had recently hired two new staff for housekeeping and laundry. Phil also wanted to make sure to remind the residents that if they are going outside to drink a lot of water and wear skin protectors against the sun such hat and sunscreen. Phil informed the residents that all of the living room furniture was slowly being replaced, so at the moment it looks a little mismatched. The residents did not have any questions but did say that the department does "an excellent job."

- ***See if there is any way to connect the remote controls to the mantle so that they do not go missing so often.***

Other questions/comments/concerns/feedback:

Rob McInnes, Assistant Administrator, came to the group to introduce himself formally to everyone. Rob talked about the different changes that the building is working on such as bridging the communication between floor staff and management and looking into more specific dementia training for new staff.

- ***TB = asked if there was anyway to have a roster of the staff with photos and names so that he can better get to know the staff.***

Meal of the Month:

Residents have decided on a meal of the month for August:

- BBQ Sandwich
- Homemade Potato Salad
- Pickle
- Creamy Cucumbers
- Pecan Pie

Upcoming Events:

Catholic Communion -- August 1st @ 11:00am

Music with Gemini Entertainment -- August 3rd @ 1:30pm

Musical Entertainment with Shari Sarazin -- August 5th @ 3:00pm

Ice Cream Social & Music with Sweet Notes Musical Group -- August 7th @ 2:00pm

Ecumenical Communion Service -- August 8th @ 1:00pm

Bluffview Volunteer BINGO -- August 11th at 2:00pm

Party and Music with Kent Larson -- August 13th @ 2:00pm

Music and Memories with Sue -- August 14th @ 9:30am

Musical Entertainment with Larry Langen -- August 17th @ 1:30pm

Living Word Christian Church -- August 18th @ 2:00pm

Monthly Happy Hour & Music with The Living Stones -- August 20th @ 2:00pm

Music and Memories with Sue -- August 21st @ 9:30am

Bluffview Bonfire -- August 21st @ 6:00pm

Resident Food Council -- August 23rd @ 10:00am

Resident Council Meeting -- August 23rd @ 1:10pm

Music with Tom Baker -- August 24th @ 1:00pm

Birthday Party & Music with Hans and Sue -- August 27th @ 2:00pm

Musical Entertainment with Steve Lankford -- August 31st @ 1:30pm

******Activities subject to change*****

Next Meeting: Friday, August 23rd at 1:10pm