

## Resident Council Meeting – RECONCILIATION DUE BY 8/17/2015

7/24/2015 @ 1pm

### Staff Members Leading:

Ana Miller, Administration

Sarah Pedretti, Life Enrichment Coordinator

Joshua Parnow, Head Chef

Amanda Middleton-Stellflue, Resident Health Coordinator

### What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## OLD BUSINESS (FROM LAST MONTH)

### Nutritional Services:

*Joshua, Head Chef, came to talk with the residents. He brought up that someone had donated some cookbooks and magazines to us. Joshua said that he was going to put a bookcase up at the front with the books on it so that the residents could look at them. He also said that they can choose any recipes that look good to them and let the kitchen know so that they can make it for them. Joshua asked the residents if they had noticed a difference in the temperature of the vegetables; they said that the vegetables were noticeably warmer than before. One resident asked what to do about not having a seat in their dining room during meals as other residents had come from other dining rooms. Joshua said that he is going to talk with the RCCs about trying to keep residents in their designated dining rooms from now on due to our increase in residents. Another resident asked for stronger coffee; Joshua said that he would look into finding a new coffee to try. Joshua brought up that it is season for strawberries and soon for melons; he said that he would begin adding these to the snacks in each neighborhood.*

### Nursing:

- *Please remember to redirect other residents from our apartments. We do not like other people coming into our apartments and taking items or sleeping on our beds.*
  - *We will remind our staff to assist, to always be aware of this, and to assist as needed. If you have a specific concern or issue arise, please mention it to someone right away, so they can fix it.*
- *“There are cameras here; does someone watch them? How do you know when something bad happens or what one person actually does to another?”*
  - *Administration has access to view the cameras and will view them when incidents occur and more information is needed.*
- *How is the staffing coming?*

- *We continue to advertise and encourage applicants. We just had another orientation group on July 22<sup>nd</sup> & 23<sup>rd</sup>.*

### Life Enrichment:

*One resident asked the group if anyone would ever be willing to play cards with her during the activity “off” times. Sarah, Life Enrichment Coordinator, asked the group and about three other residents were interested in this. Sarah said that she would do her best to get that group together so that they could discuss different card games and maybe play a little. One resident asked if they had the game Scrabble; Sarah said that they did and that she would put that on the schedule soon. The residents asked when more outings were planned; Sarah said that this next month there would be two outings: The Frosty Mug Ice Cream Outing and Goin’ Fishin’ to Lake Neshonic Outing. Residents asked when there would be a shopping outing because there is no way for them to go out and get items that they need. Sarah said that she would plan another outing for August for some to go shopping. The residents said that they would like to crochet; Sarah said that she is soon going shopping to pick up the items needed for crocheting and that some of the ladies already said that they would like to teach how to crochet. One resident was very appreciative of the Life Enrichment staff always being available to print off coloring pages for them or get anything else.*

### Environmental Services:

*Phillip, Environmental Services Coordinator, came to listen to the residents. One resident asked if she could have her own Pledge or Windex to clean her room on days that housekeeping does not come. Phillip replied that he did not think she could, but he would ask Administration about that. The residents also said that housekeeping and maintenance do a good job.*

### Other questions/comments/concerns/feedback:

*None.*

## NEW BUSINESS

### Nutritional Services:

Joshua, Head Chef, came to listen to the residents, share what the kitchen is up to, and help choose the next Meal of the Month! Joshua asked the residents how they had liked the beef tips that had been served that day, and everyone responded with a positive remark. The residents were concerned that their ice cream seems to melt by the time it is placed at the table; Joshua assured the residents that he would make sure that it is being placed in the freezer until ready to be served. Joshua explained that he has some new hires on the team and that with more people, the meals will be served faster, more efficiently, and hotter; residents were pleased. Joshua asked about who would like to be added to the whole wheat bread list, and some residents were happy to be added. Some residents suggested that the kitchen serves some stuffed peppers, BLT’s, grapes and melons. Joshua said that sounds wonderful,

and he added it to his list of meals. Joshua asked how the residents liked the chocolate malt-o-meal; there were mixed responses. The residents then chose the next month's meal of the month, and Joshua said his goodbyes.

### Nursing:

- I am still seeing a lot of wrinkles in my clothes and other resident's clothes. I would like to help with the laundry and try my hand at getting the wrinkles out.
  - Ana did suggest possibly getting a wrinkle release spray, and she informed the residents that we are getting new washers and dryers.
- We are still finding our laundry mixed up; there are other people's clothes in our apartments, and we are seeing other people wearing our clothes. Could you maybe go through everyone's apartment and make sure that they have their own clothes and no one else's?
- We see the girls standing around talking in groups when it isn't shift change.

The residents were also informed by Ana that we would soon be increasing our floor staff numbers from eight to ten people per shift.

### Life Enrichment:

Sarah, Life Enrichment Coordinator, was leading the Resident Council and asked the residents if they would like to see any increase in certain activities or decreases in others. One resident suggested that there be more craft activities; resident was assured that there are about two to four crafts a week. Sarah also informed the group about different activities coming up on the schedule, most specifically about the outings. She talked about the Fishing Trip and going shopping next month. One resident suggested that they go back to Ecker's Apple Farm; Sarah said that she would love to and would look into where they can fit it in.

### Environmental services:

- There are too many bugs!
  - **Unfortunately due to the time of year we do get a few bugs in the building, I remove them and treat for them when that happens and also have a contractor visit us and spray for bugs once a month.**
- Would it be possible for Irene to drop off some Windex and Pledge in my room about once or twice a week so that I can do a little touching up between cleans?
  - **I'm unable to leave cleaning products around the building due to the risk of a resident who doesn't realize what it is getting access to them.**

### Other questions/comments/concerns/feedback:

- Someone in using my phone charger in my apartment. I will find it places where I didn't leave it especially still plugged into the wall when it was elsewhere before. I think I know who it is too.

### **Meal of the Month:**

Residents have decided on a meal of the month for May:

- **Popcorn Shrimp**
- **French Fries and Cocktail Sauce**
- **Garden Salad**
- **Strawberry Pie Al A Mode**

Meal of the Month will be Friday, **August 21<sup>st</sup>**

### **Upcoming Events:**

Happy Hour Social and Entertainment with Kent Larson – August 4<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – August 5<sup>th</sup> at 9:30am

Musical Entertainment with Steve Szydel – August 7<sup>th</sup> at 1:00pm

Musical Entertainment with Larry Langen – August 8<sup>th</sup> at 1:30pm

Living Word Church Service – August 9<sup>th</sup> at 1:45pm

Summer Sundae Social with Musical by Tim Bohnenkamp – August 11<sup>th</sup> at 2:00pm

Monthly Catholic Communion Service with Sister Bridget – August 13<sup>th</sup> at 11:00am

Monthly Ecumenical Communion Service & Root Beer Float Social – August 13<sup>th</sup> at 1:00pm

Bluffview Bonfire!! – August 13<sup>th</sup> at 6:00pm

Musical Entertainment with Regina Chihak – August 15<sup>th</sup> at 1:30pm

Shopping Trip to Valley View Mall in Onalaska – August 18<sup>th</sup> at 1:00pm

Music and Memories with Sue Degallier – August 19<sup>th</sup> at 9:30am

Resident Council Meeting – August 19<sup>th</sup> at 1:00pm

Noon Meal of the Month – August 21<sup>st</sup>

Music Entertainment with Living Stones – August 22<sup>nd</sup> at 1:30pm

Monthly Birthday Party and Entertainment with Steve Lankford – August 25<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – August 26<sup>th</sup> at 9:30am

Musical Entertainment with Siouxsie West – August 29<sup>th</sup> at 1:30pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Friday, August 19<sup>th</sup> at 1pm**