

Resident Council Meeting

6/29/2018 @ 1pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Bobbi Klaver, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, was available to lead the discussion and began with the exciting event coming up in June: Bluffview's Country Fest. Tammy talked about the music, cream can supper, beer, and fun that the event had in store and asked the residents to get the word out to their families. Tammy also started talking about a few new items that she's put in the menu such as fresh berry cups, greens, and different salads: black bean, Caesar, salmon. This led into a discussion about gardening and the different foods that Tammy and residents enjoy eating from the garden. Tammy talked about her love of horseradish and rhubarb and her favorite recipes. Tammy also discussed how important dandelions are for the bees and the environment; she also said that the greens are very good to eat and that dandelion wine is great! The residents all said that they like radishes, and Tammy talked about how people are using them more and more in cooking. The last item that Tammy reminded the residents about was to DRINK WATER! The resident meal of the month choice can be found below.

Nursing:

Patty Tourtellott, Resident Health Coordinator, joined the meeting. Sarah reviewed the last month's notes. Patty informed the residents that they are continuing to hire new staff and asked the residents to be aware and welcome them in. Patty also reminded the residents to make sure that when they sit outside to get sunscreen and hats on to avoid sunburn and overheating.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the last month's notes and discussed how some of the main events of the month went such as Mother's Day, Elvis Explosion, and the Sip and Paint Fundraiser. Sarah was happy to announce that the Fundraiser was able to raise over \$260.00 to be donated to AFTD! Sarah asked if the residents had any ideas of activities that they would like to see or if there were activities that they were not enjoying as much, but the residents had nothing to add. Sarah then reviewed the next month's big activities such as Bluffview's first Country Fest, a new musical entertainment coming: The Coulee Region Gospel Choir, Flag Day, Father's Day: "Hooked on You, Dad!," the first day of summer, and National Bring Your Dog to Work Day. Sarah also informed the residents of her upcoming leave due to donating a kidney and how she would be gone for at least two weeks and probably longer.

Environmental Services:

Phil Davies, Environmental Services Coordinator, joined the meeting. Sarah reviewed the notes from the previous month. Phil informed the residents that the pond is looking good and that all of the fish seem to have lived through the winter. He also said that he is looking into getting coy for the pond as well, and that the frogs are out in abundance. Phil recently had all of the air conditioners looked over and they all look to be in good order except one in the kitchen which will not be affecting them and that will be fixed as soon as possible. As now it is getting warm outside and we have turned the air conditioners on, Phil asked the residents to try to keep their windows closed to shut out the humidity. The residents did not have any concerns to bring forward for Phil.

Other questions/comments/concerns/feedback:

Tim Britain, Assistant Administrator, joined the meeting and was able to share with the residents that the staff have started to hold daily meetings. These meetings are to help assist the staff in knowing issues to be aware of, any specific residents who will need special assistance or different interventions. Tim said that the staff seem to be very engaged in these meetings and that they have seen a great benefit. Tim finished with telling the residents, "We appreciate you!"

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, was available to lead the group. She began the discussion about the beautiful weather and gardening. The residents talked about the different vegetables that they or their families used to grow such as green onions, tomatoes, cucumbers, beans, and rhubarb. The residents also talked about pickling and

canning. Tammy asked the residents how their food has been; they said that the food has been good. A couple of the residents said that the food was not always hot enough such as the vegetables. Tammy asked the residents to let her know as soon as possible if they find their food cold, as she wants to find the issues right away. One resident said that the serving was slow at times. Tammy said that she would talk with her staff about how they are serving the plates and remind other staff that they can help assist. Tammy and the residents chose their Meal of the Month to be served on July 4th for Independence Day. Tammy ended their discussion with a reminder for the residents to drink their water!

Next Resident Food Council: July 23rd at 10:00am

Nursing:

Bobbi Klaver, Resident Health Coordinator, came out for the meeting. Bobbi informed the residents that there would soon be a new housekeeper joining the force in the upcoming weeks. This housekeeper would be working during the PM shifts. She also informed the residents that they have been continually hiring, specifically staff for the night shifts. Bobbi let the residents know that she would be gone most of next week and back the next. Bobbi asked how the residents were liking the laundry aid; they were all very happy about the position. One resident said that he has had people in his apartment in the morning; Bobbi said that she would make sure that staff are checking in his apartment.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the discussion from last month and the different activities and events that had happened over June. Sarah was able to inform the residents that the Country fest Fundraiser was able to raise almost \$1,000. She said that they would most likely try to keep this fundraiser going next year. Sarah informed the residents about the upcoming events and activities for the month of July such as the bonfire, Independence Day activities, and an Under the Sea Party. Sarah also informed the residents that she has organized a pontoon boat ride and fishing trip at the beginning of August. Many residents expressed excitement over this trip. One resident asked why there were so few people who attended the Friday Night Movie Nights. Sarah said that she would bring it up in the daily huddles to remind staff that they need to assist residents down for the movies. The residents had no other ideas or concerns to bring up.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, joined the meeting. Phil reminded the residents that it is even hotter outside than the last month, and asked them to make sure that the air conditioners stayed on at all times and not have the windows open. Phil talked about the pond outside in the front and how he was thinking about adding koi, but he found out that they need a lot of plants to survive. Therefore, he is leaving that idea off for a little

while. One resident asked about the bird nests outside. Phil said that he will not take them down if he finds baby birds or eggs. The residents had no other questions.

Other questions/comments/concerns/feedback:

None.

Meal of the Month:

Residents have decided on a meal of the month for the 4th of July:

- **Swiss Mushroom Burger with Fried Onions**
- **Onion Rings**
- **Small Garden Salad**
- **Blackberry Cake**

Upcoming Events:

Pet Therapy with Tannis and Iago – July 1st at 1:00pm

Musical Entertainment with Dale Martell – July 2nd at 10:30am

Happy Independence Day!! – July 4th

Independence Day Celebration with Music by Gemini Entertainment – July 4th at 2:00pm

Catholic Communion with Sister Bridget – July 5th at 11:00am

Musical Entertainment with Regina Chihak – July 7th at 1:30pm

Monthly Ice Cream Social with Musical Entertainment by Kent Larson – July 10th at 2:00pm

Ecumenical Communion Service – July 12th at 1:00pm

Musical Entertainment with Triple Nickle – July 14th at 2:00pm

Musical Entertainment with Shari Sarazin – July 16th at 1:00pm

Monthly Pizza Party with Musical Entertainment by Steve Lankford – July 17th at 2:00pm

Music and Memories with Sue Degallier – July 18th at 9:30am

Musical Entertainment with Larry Langen – July 21st at 1:30pm

Happy Parent's Day! – July 22nd

Resident Food Council with Tammy – July 23rd at 10:30am

Under the Sea with Musical Entertainment by Tim Bohenkamp – July 24th at 2:00pm

Music and Memories with Sue Degallier – July 25th at 9:30am

Pet Therapy with Mary and Daisy – July 25th at 3:00pm

Resident Council Meeting – July 28th at 1:00pm

Sing-a-Long Group – July 27th at 1:00pm

Musical Entertainment with Tom Baker – July 28th at 1:30pm

Birthday Party with Musical Entertainment with the Living Stones – July 31st at 2:00pm

*****Activities subject to change** Next Meeting: Thursday, July 28th at 1pm**