

## **Resident Council Meeting**

6/27/2019 @ 1:10pm

### **Staff Members Leading:**

Ana Hines, Administrator

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Patty Tourtellott, Resident Health Coordinator

Shane Hoffman, Life Enrichment Assistant

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Sarah Pedretti took over for Tammy Atkinson, Nutritional Services Coordinator this month.

Sarah asked the residents how they were liking the food and the service, and the residents said that “everything is good!” They said that their drinks were nice and cold when served and that some of them asked for ice in their drinks. Sarah let the residents know that there is a list of alternative meals for them to choose from if they do not like what is being served. The residents wanted to know where they could find that list; Sarah said she would look into it for them. The residents wanted to share some of their favorites for each meal which you will find listed below.

Breakfast: Scrambled Eggs, Eggs Over Easy, Bacon, Sliced Ham, Oatmeal with Brown Sugar, Fresh Oranges, Prunes in a Sauce, Potato Pancakes, and Waffles

Lunch: Grilled Cheese (different types such as with tomato and basil or chipotle ranch), Sliced Fried Potatoes, Little Weeners or Pork Links in Sauce, Fresh Fruit such as Pineapple, Peaches, Watermelon, and Muskmelon, Cranberry Sauce, Hamburgers and Brats on the grill with Sauerkraut, Pickles

Supper: Potato Soup, French Onion Soup, Pork Chops or Pork Steak, Fried Liver and Onions, Fried Mushrooms and Gravy, Egg Rolls

The residents did say that they really enjoyed the coffee served. One resident, TB(delta), asked if they could get ice cream later at night around 7 or 8pm. This resident was also looking for different flavors of ice cream such as butter scotch. Sarah did inform this resident that Life

Enrichment had an ice cream social every month that he should attend for the good ice cream and toppings. The residents had nothing else to mention.

#### Nursing:

Patty Tourtellott, Resident Health Coordinator, joined the meeting and lead her department section. Patty informed the residents that the weather was getting hotter (that day was almost 90 degrees). Patty asked the residents that if they were going outside to dress cooler, wear their sunscreen, which is provided by the staff, and wear a hat to ensure their safety from the hot sun. Patty and the residents talked a little about air conditioning and what the residents had to do when they were younger before AC was common for all. One resident asked about some of his laundry not being returned and not being picked up. The resident said that he had a basket in his room and had not seen the blue laundry bags that the facility uses. Patty ensured that she would look into this for him. This resident also said that his bed was not being made daily. This was also to be looked into. The residents had no other questions or concerns.

#### Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, lead her department section. Sarah reviewed the events that happened in May such as May Day, Mother's Day, Bluffview's Bonfire, and the Trip to the Theater to see the Musical Newsies. Sarah then shared with the residents some of the big events happening in June that they could look forward to such as the Country Fest Fundraiser, Father's Day, and the First Day of Summer. One resident informed Sarah that the La Crosse Interstate fair in West Salem was going to be July 17-22<sup>nd</sup>. Sarah said that she would look into it and see if they would be able to take a couple of people to visit. Sarah said if they weren't able to make it to the fair, she would try and get them either on the La Crosse Queen River Cruise or out on the Pontoon Boat in July. Sarah reminded the residents that the calendars are always available at the front desk for them to use and that the monthly calendar can be found on the bulletin board in the front lobby. One resident asked if he could go walk outside in the back of the building to see the bluffs; staff assured him that would be fine, but that he would have to ask a staff member to walk with him. The residents had no comments, concerns, or ideas to bring forward.

#### Environmental Services:

Sarah Pedretti stepped in for Phillip Davies, Environmental Services Coordinator for the meeting. Sarah reviewed the notes from the month before, and the group discussed the fountain in the front. One resident was concerned for the frogs getting run over in the parking lot because the pond was so close to the lot. Sarah reassured the resident that there were just about too many frogs in our little pond, so it would be okay if a couple of them got run over. The discussion then turned to eating frog legs and quite a few residents said that they had or would try frog legs. One resident said that his water in his bathroom always seemed to take a

long time to turn from cold to hot. The residents also said that the housekeeper was doing a great job. They had nothing else of concern.

### **Other questions/comments/concerns/feedback:**

One resident wanted to make sure that everyone knew that they could watch the reruns of the La Crosse Speedway either on Sunday or Thursday at 7pm.

## **NEW BUSINESS**

### **Nutritional Services:**

*Sarah Pedretti began the Resident Food Council meeting for Tammy. She began by asking the residents if they had anything they wanted to bring up right away; one resident said he wanted to see more plain brownies without frosting and ice cream cakes or pies. Sarah what the residents would like to see for breakfasts, and they said that they really like pancakes, regular french toast, and cinnamon toast crunch cereal. Most of the residents requested to have toast available for every breakfast. Sarah did remind the residents that they can always request toast or anything else during the meals. Sarah again asked what the residents would like to see for lunches, and they said hamburgers, broiled fish, macaroni and cheese, toffee and cookie bars, and beer. She asked the same question for the super meal, and the residents asked for different kinds of birds besides chickens such as duck or quail and corn on the cob. One resident asked for a malt, and Sarah said that may be a little difficult for the kitchen to serve during meal times. She said, she will write it down for the Life Enrichment department to do for a party. Both Sarah and Tammy asked the residents how the service in the dining rooms is. The residents were happy with the staff and their interactions, but they said the dining rooms were too cold with the air conditioners on. Tammy reminded the residents of the different snacks that are provided in the dining rooms for them to snack on throughout the day, and the residents were happy with the variety. One resident did ask for some more cookies for the snacks. Tammy informed the residents that she has a new head cook starting July 5<sup>th</sup>, and she is a baker! Tammy is excited to be able to “kick things up a notch” with the baked goods and throughout the kitchen as a whole. Tammy talked about the cold that had been going around to a few of the residents recently. She reminded them to wash or sanitize their hands, drink their fluids, and to cough into their arms instead of their hands. She also paused on the “Drink You Water!” She reminded them about the severe issues that can occur with them getting dehydrated emphasizing them importance of drinking water throughout the day. Tammy also let the residents know about a new steam table that they will begin utilizing soon that have four wells instead of the old*

*one with only three. The residents also chose their meal of the month for July which can be found below.*

#### **Nursing:**

*Patty Tourtellott, Resident Health Coordinator, joined the council meeting and informed the residents about the new employees who will be starting soon. There will be people on all different shifts and within part-time and full-time. Patty also reminded the residents to make sure that they are wearing summer clothing when sitting outside in the hot sun. Patty also said to make sure that they have the summer clothing that they need and to ask their families if they do not. The residents had no questions or concerns to bring forward.*

#### **Life Enrichment:**

*Sarah Pedretti, Life Enrichment Coordinator, led the discussion and began by reviewing some of the big events that had happened throughout the month. Sarah talked about Fathers' Day, The 1<sup>st</sup> Day of Summer, and Country Fest to highlight a couple. Sarah then talked about a few upcoming events for July that the residents had to look forward to such as Independence Day and the La Crosse Queen Cruise Trip. Many of the residents were excited about these events. Sarah also asked the residents if they would be interested in having the staff perform in a talent show for the residents. She said this may take place in August of this summer. The residents did not have any suggestions or feedback for Sarah concerning the events and activities. One resident said, "you do a good job."*

#### **Environmental Services:**

*Phillip Davies, Environmental Services Coordinator, had a couple of things to share with the residents. The residents joked with Phil that he wouldn't need to wash the windows as there was a thunderstorm that was whipping the rain against them. Phil talked about how there was an unplanned fire drill recently and apologized to the residents for the convenience. Phil also informed the residents that the carpet cleaners would be coming in about two weeks, the fish tank would be cleaned soon and the dead fish removed, and finally, that he will be hanging some new pictures throughout the facility. The residents had no concerns or issues to bring up.*

#### **Other questions/comments/concerns/feedback:**

*Ana Hines, Administrator, joined the group this month with some information to share. Ana shared about our new Assistant Administrator, Rob McInnes. Rob was unable to make the council meeting due to another meeting, but Ana shared a little about his background and experience. Ana also shared with the residents about her pregnancy and how she will be going on maternity leave in September with her baby girl. Ana let the residents know that Rob would be taking over in her absence.*

## **Meal of the Month:**

Residents have decided on a meal of the month for July:

- **Sloppy Joe BBQ**
- **Baked Beans**
- **Potato Salad**
- **Brownie**

## **Upcoming Events:**

Ice Cream Social & Music with Paul Kabot -- July 2<sup>nd</sup> @ 2:00pm

**Independence Day -- July 4<sup>th</sup>**

**Independence Day Celebration -- July 4<sup>th</sup> @ 2:00pm**

Music with The Apple Annies -- July 6<sup>th</sup> @ 1:30pm

Monthly Happy Hour with Gemini Entertainment -- July 9<sup>th</sup> @ 2:00pm

Music and Memories with Sue -- July 10<sup>th</sup> @ 9:30am

Catholic Communion -- July 11<sup>th</sup> @ 11:00am

Ecumenical Communion Service -- July 11<sup>th</sup> @ 1:00pm

Music with Kent Larson -- July 13<sup>th</sup> @ 1:30pm

Music with Shari Sarazin -- July 15<sup>th</sup> @ 10:00am

Music and Memories with Sue -- July 17<sup>th</sup> @ 9:30am

Bluffview Bonfire -- July 17<sup>th</sup> @ 6:00pm

Music with Steve Lankford -- July 20<sup>th</sup> @ 1:30pm

Take-Out Party & Music with Larry Langen -- July 23<sup>rd</sup> @ 2:00pm

Music and Memories with Sue -- July 24<sup>th</sup> @ 9:30am

**La Crosse Queen Pizza Cruise -- July 24<sup>th</sup> @ 4:30pm**

Resident Council Meeting -- July 25<sup>th</sup> @ 1:10pm

Resident Food Council -- July 26<sup>th</sup> @ 10:00am

Music with Tom Baker -- July 27<sup>th</sup> @ 1:30pm

**National Parent's Day -- July 28<sup>th</sup>**

Birthday Party & Music with The Living Stones -- July 30<sup>th</sup> @ 2:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Thursday, July 25<sup>th</sup> at 1:10pm**