

## Resident Council Meeting – RECONCILIATION DUE BY 6/18/2015

5/22/2015 @ 1pm

### Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Joshua Parnow, Head Chef

Amanda Stellflue-Middleton, Resident Health Coordinator

Bobbi Klaver, Resident Health Coordinator

Chelsea Henry, Resident Health Coordinator

Ana Miller, Administrator

### What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

### OLD BUSINESS (FROM LAST MONTH)

#### Nutritional Services:

- Condiments: can you have them on the carts with you so we don't have to wait for you to go to the kitchen to get them. (It has gotten better though)
  - *Certainly! We will have more on the charts when we come around.*
- We would like more roast beef, stew, and pot roast
  - *ALRIGHT! Sounds good to us 😊*
- Vegetables are still a little cool when we are served
  - *I will look into how to keep them hotter as we serve*
- It is nice when you stop at every table after you serve to make sure that we have everything that we need
  - *GREAT! We like to hear that; that is what we will continue to do.*
- The food has improved a lot!
  - *Thank you; we really appreciate hearing that from you!*

Head Chef Josh came and talked with the residents about giving them more finger foods which they were receptive to. He also talked about having a quicker dining room experience with them so that they are not continually serving while people are eating; this way, the residents can enjoy their food in a more tranquil environment. Josh also mentioned putting fresh fruits and pasta salads in the fridges for snacks.

#### Nursing:

- They do a good job most of the time
  - *That is great to hear, thank you!*

- Are there any ideas for what to do about getting wrinkles out of our clothes if we are not allowed an iron? Is there a way to take the clothes out of the drier faster and lay them out right away?
  - *We will let staff know to take items out of the drier as soon as possible to assist with trying to prevent wrinkles. If this doesn't help, we could look at getting some wrinkle relaxer spray that staff could have to assist you as needed.*
- Will there be more staff coming in to help with all of the needs?
  - *Yes. We are always putting out hiring ads, accepting applications, holding interviews, and hiring qualified and kind individuals. As we get more residents and the level of needs increases, we will also increase staffing at the same time. Resident Health Coordinators keep an updated map indicating cares needed by each resident. Administration and RN review this regularly and decisions are based on staffing.*

### Life Enrichment:

- We really enjoy the special meals
  - *That is so good to hear! Life Enrichment and the Kitchen enjoy working together to put these special events for you. We were very glad about how well the Springtime brunch went! Our next big event is the Mother's Day High Tea, and then we will be having a huge fundraiser to raise support for the Alzheimer's Association. A lot to look forward to!*
- The music is good especially the Irish harpist (Regina Chihak)
  - *I love hearing about the entertainers that you enjoy! Regina will be back with us soon for Mother's Day! She is also coming a few more time this year, and I have another Irish harpist who will be coming in to play for us too!*
- We would like more crafts
  - *Great! I have two wonderful assistants who LOVE crafting!! We also just got in an order of new crafts that you will soon see coming out.*
- We are excited about the bonfires!
  - *I think that bonfires truly are my favorite thing to do here! It is so relaxing looking into the fire and fun making s'mores. I can't wait to start them!*

Life Enrichment Coordinator Sarah talked with the residents about the different outings that they would like to see happen. The residents said that they would like to go shopping and fishing. Sarah and Josh also talked about starting a cooking show for the residents in place of the baking club as we have had low attendance. The residents seemed interested in this.

### Environmental Services:

- I would like a lock on my door
  - *It was explained that unfortunately we cannot provide this as it is a fire hazard*
- They do alright
  - *Thank you*

- Phil's pretty good; he's fixed a lot for me in my apartment
  - *I'm always here for anything that needs fixing. Just let me know if you ever need my services.*

#### **Other questions/comments/concerns/feedback:**

- Can I have one locked drawer in my apartment to keep my valuables in?
  - *I have placed the keys for the drawer in her nightstand. She can lock that if she likes however it is a limited size. The only other furniture that locks in the room are the bathroom cabinets.*
- Is there any way that we can get an ATM in the building for if we need money?
  - *Unfortunately we are unable to install an ATM in the building as that would be something a bank does.*

#### **NEW BUSINESS**

##### **Nutritional Services:**

***Joshua asked the group if they liked the tenderloin that they recently received, and told them about the pork roast that will be coming soon. The residents said that the meals and food have gotten much better. The residents liked the idea of bringing in recipes that the kitchen can use or even that the kitchen and the residents can do together. The residents asked for more green salads and said that the vegetables were still a little cool and could be served warmer. Joshua said that he would look into this for them.***

##### **Nursing:**

***The residents brought up their concerns about medications only being passed at one specific time. The RHCs explained that some medications need to be passed at a certain time due to the physicians' orders while others are given a certain time frame that they have to be passed. The residents asked about getting locks on their doors because people continue to come into their rooms. Some residents are getting scared because they wake up with someone they don't know standing over them or someone looking through their possessions. It was explained that we cannot put locks on the doors as this would be a fire risk and dangerous to the residents. It was explained that those people who walk into rooms are only confused as to where they are and are not a threat to that person. Residents were assured that it would be posted to the workers to continue to keep an eye out for residents who are wandering and making sure that they are not walking into others' rooms. It was also mentioned that the managers would sit down together to talk about what can be done about changing this. Education will be provided about how to enter residents' rooms to the floor staff. One resident asked about getting a phone list in the rooms for residents who have phones so that if something does happen they can call for help. The residents said that the floor staff do a good job.***

### **Life Enrichment:**

*Residents said that they really enjoy the crafts that we do, and it's nice having something beautiful to take with them. Residents also said that the activities really help "kill the time." LEC talked about different events coming up such as our first bonfire, the Elementary School Thank You Sock Hop, the Longest Day Fundraiser, and a few well liked entertainers coming back. The residents were well pleased with everything.*

### **Environmental services:**

- When you are cleaning, do you clean our bathroom floors?
  - ***Yes! That is something that we do every time we clean your floors***
- I have spiders and ants in my room; when is this going to be taken care of?
  - ***We have had an exterminator come in. Being the summer, we are going to see some bugs coming in from outside. We have also noticed that this does seem to happen more often in Neighborhood D; we are thinking that there is more sand under this side of the building which encourages larger amounts of insects. We will do all that we can to fix this.***

### **Other questions/comments/concerns/feedback:**

*There were no other questions, comments, or concerns.*

### **Meal of the Month:**

Residents have decided on a meal of the month for May:

- **Roast Pork**
- **Garlic Mashed Potatoes**
- **Corn on the Cob**
- **Homemade Dinner Rolls**
- **Pecan Pie with Ice Cream**

Meal of the Month will be Friday, June 19<sup>th</sup>

### **Upcoming Events:**

Happy Hour Social with Musical by Siouxsie West – June 2<sup>nd</sup> at 2:00pm

Music Therapy with the Celtic Harp by Shari Sarazin – June 4<sup>th</sup> at 1:00pm

Sundae Social and Entertainment with Tim Bohnenkamp – June 9<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – June 10<sup>th</sup> at 9:30am

Monthly Catholic Communion Service with Sister Bridget – June 11<sup>th</sup> at 11:00am

Monthly Ecumenical Communion Service & Root Beer Float Social – June 11<sup>th</sup> at 1:00pm

Musical Entertainment with Paul Martin – June 13<sup>th</sup> at 1:30pm

Monthly Pizza Party and Entertainment with Kent Larson – June 16<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – June 17<sup>th</sup> at 9:30am

Musical Entertainment with Sister's in Song – June 17<sup>th</sup> at 2:00pm

Bluffview's First Bonfire of the Year!! – June 17<sup>th</sup> at 6:00pm

Old School Sack Lunch Picnic outside – June 18<sup>th</sup> at 11:00pm

Noon Meal of the Month – June 19<sup>th</sup>

**Happy Father's Day! – June 21<sup>st</sup>**

**The Longest Day Event Fundraiser!!!! – June 21<sup>st</sup> All Day**

Happy Hour Social with Musical by Living Stones – June 23<sup>rd</sup> at 2:00pm

Music and Memories with Sue Degallier – June 24<sup>th</sup> at 9:30am

Resident Council Meeting – June 26<sup>th</sup> at 1:00pm

Music Entertainment with Larry Langen – June 27<sup>th</sup> at 1:30pm

Monthly Birthday Party and Entertainment with Steve Lankford – June 30<sup>th</sup> at 2:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Friday, June 26<sup>th</sup> at 1pm**