

Resident Council Meeting

3/29/2019 @ 1:10pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator
Patty Tourtellott, Resident Health Coordinator
Molly Carhart, Resident Health Coordinator
Phillip Daives, Environmental Services Coordinator
Tammy Atkinson, Nutritional Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Sarah Pedretti, Life Enrichment Coordinator, stepped in for Tammy Atkinson this month. Sarah asked the residents how they were liking their meals. One resident said that he was very satisfied with the food. Another resident said that he really liked having toast for breakfast and that the RCCs were very helpful with getting the jelly on for him. One resident did say that he thought there was too much rice on the menu recently and would like to see something else. Lastly, one resident asked to have some toffee bars on the menu for dessert. Sarah talked about how we are now into Spring and that there would be a few changes happening to the menu to reflect the new season. Sarah talked about how last year the kitchen had a specified day for grilling out each week. Sarah also let the residents know that there would be more fresh foods on the menu too such as watermelon which would be offered for lunch that day. Sarah asked if the food had been hot enough when they were served. Most of the residents said yes, but one resident did say that he thought the vegetables had been little cold at times. One resident asked if it would be possible to get quail, pheasant, or duck on the menu one day; Sarah said that she would pass on his request to Tammy. The residents also picked a meal of month out for April which can be found below.

Next Resident Food Council: March 25th at 10:00am

Nursing:

Patty Tourtellott, Resident Health Coordinator, joined in to answer any questions or address any concerns that the resident had. One resident brought up that she had heard some

inappropriate language out on the floor. Patty said that she would address that during the daily huddles that the staff have. The residents were informed that smoking has now been completely banned from the entire facility grounds not just the inside of the building. Patty also brought up to residents that with the warmer weather coming, they will have to begin getting out their spring/summer clothing soon. The residents had nothing else to bring up for Patty.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, lead the discussion by reviewing the big events of the last month such as Mardi Gras and St. Patrick's Day. Sarah then followed up with letting the residents know the upcoming events for April such as the big Spring Fling Brunch and Easter. Sarah asked the residents if they would like to see any specific activities put on the calendar and here were a few suggestions: throwing around a soft ball, poker, marbles, going to the fair, tasting items from the different bakeries around the area. One resident asked to have the sports games put on more often; Sarah let him know that they would try to remind staff to put them on in the living rooms and that she would try to have it on in the bistro when other activities are not going on. The residents did not have anything else for the Life Enrichment Department.

Environmental Services:

Sarah Pedretti stood in for Phillip Davies this month. Sarah asked the residents if they had any questions or concerns that they wanted to bring forward. One resident said that he noticed that he was not getting his laundry back when he wanted it. Sarah said that she would let Phil know about this issue and hopefully it will be addresses as soon as possible.

Other questions/comments/concerns/feedback:

None.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator lead the discussion this month. The residents said that the food has been good. Tammy was very happy to hear this as she let the residents know that things have been a little crazy in the kitchen due to staffing changes. Josiah has left to move to a job that is closer to where he lives. Tammy is in the process of getting a new Head Cook and hiring other cooks and assistants. Tammy went on to talk about gardening and the different types of vegetables that the residents planted such as potatoes, squash, corn, cucumbers, brussel sprouts, cabbage, and green beans. The group went on to talk about their favorite warm weather foods such as coleslaw, garden salads, waldorf salad, strawberry short cake, fruit jellos, and blueberry pie. Tammy also talked

about the farm life and how the cows were freshening, or having lots of babies. Tammy continued the discussion asking if the food was hot enough and the residents' drinks cold enough. The residents said that the food is hot enough but that the drinks were not always as cold as they could be. Tammy helped the residents choose their May meal of the month and let the residents know what she was thinking for the Mother's Day Meal of a Chicken Kiev or Broccoli stuffed Chicken with Cheesy Mashed Potatoes and Green Beans ending with a slice of Lemon Meringue Pie.

Nursing:

Molly Carhart and Patty Tourtellott, Resident Health Coordinators, came to discuss this next month with the residents. They wanted to remind the residents that with the warmer weather and the sunshine to please make sure that they have sunscreen on. They also told the residents to ask their families to bring in spring and summer clothing for them to wear with the warmer weather. The residents did not have any questions for the RHC, but the group had a lot of fun cracking jokes.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the last months' activities such as the Spring Fling and Easter. Sarah let the residents know about the upcoming activities such as May Day, Mother's Day, Memorial Day, Bonfires, and theatre trips. The residents did not have any suggestions at this time. One resident did say that he wanted to go on the theatre trip to La Crosse. Sarah let the residents know that Emily, Life Enrichment Assistant, would have her last day next week, May 3rd. Emily will be taking an internship in Madison, WI to finish her degree at UW-L. Sarah also informed the residents that she has hired a new assistant and that her name is Karla. Karla is also a student at UW-L in Therapeutic Recreation. The residents had no questions for Sarah.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, informed the residents of all the different projects that he was doing such as putting the fountain back into the pond, starting up the sprinkler systems in the courtyards, and setting out the table, chairs, and umbrellas in the courtyards. Phil also let the residents know that the outside of the building sprinkler system is broken, but will be fixed soon. The courtyards will also be getting trees! The residents had nothing else to bring forward.

Other questions/comments/concerns/feedback:

One resident asked if there could be a clock in the dining room that tells the time and date. There were these types of clocks within each dining room, so staff will check and make sure that they are still there and visible to the residents.

Meal of the Month:

Residents have decided on a meal of the month for May:

- **Cheese Burger**
- **Potato Salad**
- **Pickles**
- **Angel Food Cake with Strawberries and Vanilla Ice Cream**

Upcoming Events:

May Day – May 1st

Catholic Communion with Sister Bridget – May 2nd at 11:00am

Emily's Goodbye Social -- May 3rd at 1:10pm

Musical Entertainment with Steve Lankford – May 4th at 1:30pm

Cinco De Mayo -- May 5th

Cinco De Mayo Celebration -- May 5th at 2:00pm

Musical Entertainment with Shari Sarazin -- May 6th at 3:00pm

Music and Memories with Sue -- May 8th at 9:30am

Ecumenical Communion Service – May 9th at 1:00pm

Mrs. Casey's 4th Grade Class Goodbye – May 10th at 1:50pm

Mother's Day -- May 12th

Butter You Up Mother's Day Celebration with Gemini Entertainment -- May 12th 2:00pm

Springtime Sip & Paint -- May 13th at 5:00pm

Monthly Ice Cream Social and Musical Entertainment with Larry Langen – April 13th at 2:00pm

Music and Memories with Sue – May 15th at 9:30am

1st Bluffview Bonfire of the Season -- May 15th at 6:00pm

Mr. Davis' 4th Grade Class Goodbye -- May 17th at 1:50pm

Musical Entertainment with Paul Martin -- May 18th at 2:00pm

Living Word Christian Church Service -- May 19th at 2:00pm

Monthly Happy Hour with Musical Entertainment by Kent Larson -- May 21st at 2:00pm

The Good News Sing-a-Long Group – May 24th at 1:00pm

Musical Entertainment with Tom Baker – May 25th at 1:30pm

La Crosse Community Theatre Performance of Newsies -- May 25th at 2:00pm

Memorial Day -- May 27th

Music and Memories with Sue -- May 29th at 9:30am

100th Birthday Party Celebration with Music by The Living Stones – May 29th at 2:00pm

Resident Food Council Meeting -- May 31st at 10:00am

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******Activities subject to change*****

Next Meeting: Friday, May 31st at 1:10pm