

Resident Council Meeting – RECONCILIATION DUE BY 4/26/2016

3/31/2016 @ 1pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator
Phillip Davies, Environmental Services Coordinator
Tammy Francis, Nutritional Services Coordinator
Molly Carhart, Resident Health Coordinator
Kim Anderson, Resident Nurse

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy facilitated her own Resident Food Council February 2nd at 10:00am. Tammy asked residents what they liked or didn't like that has recently been served. Most of the residents were happy with the food that had recently been served. The residents were very happy with January's meal of the month. Residents had some concerns over the butter used on the vegetables. Tammy explained this process. Tammy told the residents that their pot of hot chocolate would soon be available. The residents were very happy to hear this. The residents then chose their meal of the month which is found below.

Nursing:

Resident Health Coordinator, Bobbi Klaver, came to talk with the residents about the Nursing department. One resident said, "My good pants that were missing have been found." Resident was upset that it had taken so long and that they were found in another resident's apartment. Bobbi told resident that she would remind the staff to double check the clothes after washing. There were no other concerns brought up.

Life Enrichment:

Life Enrichment Coordinator, Sarah Pedretti, asked the residents if there were any concerns or questions. One resident said that it would be great to have a pool table here for fun. Sarah explained the space situation and how there probably wouldn't be a good place to set the table up, but that she would keep it on the back burner in her mind. Another resident said that she would like to have more bingo during the week. Sarah asked around to see if others thought that adding another day of bingo would be good, but most residents were happy with the two days. Sarah told resident that she would think about adding 15-30mins onto the

Monday afternoon bingo. Resident was very happy with that. A couple of residents asked if there was ever dancing held here at the facility. Sarah said that dancing is always encouraged during the musical entertainments that are usually every Tuesday and Saturday afternoon. Residents were happy to hear this. Sarah also listed off the next month's activities to look forward too. The residents were very pleased with the upcoming events.

Environmental Services:

The Environmental Services Coordinator, Phillip Davies, asked the residents if there were any concerns. One resident said that the floors of the shower become very slippery after a shower. Phillip said that we have just gotten a special textured spray for the shower floors and are waiting to see how it works before using it on everyone's floors. Another resident asked about having a lock on her door. Phillip explained why we cannot allow resident's apartments to have locks on the doors and that it is a fire hazard. A different resident brought up the fact that there are several times that other residents walk into her apartment. Phillip said that the floor staff do their best to redirect residents from doing this as they often get confused; the floor staff will once again be reminded. Another resident said that "everything has been straight and smooth." There were no other comments.

Other questions/comments/concerns/feedback:

None.

NEW BUSINESS

Nutritional Services:

Tammy facilitated her own Resident Food Council March 22nd at 10:00am. Tammy asked residents how they had been liking the food. Residents responded that the food has been good. Tammy asked if the food has been hot enough as that has been an issue in the past. The residents said that it has been relatively hot enough; there were no complaints. Tammy did apologize about the taco salad bowls that were a flop the other day; she reminded the residents that she likes to try new things, but they don't always work out. Tammy asked the residents if they had any salad ideas that they would like to see. Sarah, Life Enrichment Coordinator, suggested fruit salads and talked about one her family makes that is a pistachio pudding salad with marshmallows. A few residents said that sounded good. Tammy explained that due to the nicer weather and seasonal change the kitchen will be grill out about one to three times a month. Tammy told the residents the meal for Easter Sunday; they were very excited about that. The residents said that they are liking the potato salads, fresh fruits, and the coffee. The residents also chose the Meal of the Month for March which due to the late meeting will not be until Friday, April 1st (meal shown below). Tammy also asked the residents to drink their water as much as possible as this is the end of the cold and flu season. She explained the importance of staying hydrated. Tammy also explained that

the residents have the right to have whatever they would like to eat within reason. It is the residents' choice!

Next Resident Food Council Meeting: Tuesday, April 5th at 10:00am

Nursing:

Molly Carhart, Resident Health Coordinator, came in to talk with the residents and address any questions, comments, or concerns that the residents had. Molly was able to introduce the facility's new Nurse, Kim Anderson. Kim came in and introduced herself a little. She talked with the residents about her specialties in Geriatrics and Wound Care. Kim made it a point to make sure the residents knew that her office is always open for them to come and ask her any questions. Molly then explained the new podiatry company that will be coming in for treatments beginning in May. The residents were asked multiple times if they had any questions, comments, or concerns; no one had anything.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, went over a few items talked about last month such as the elongated bingo times. Many residents nodded agreement to keep up this bingo schedule. Sarah talked about the last outing a few residents were taken on and about the next outing coming up. A few residents were interested in joining that outing. Sarah brought up a few new entertainers who would be coming in to play for the residents this next month and the month after. Sarah also explained how Bluffview would be helping a local artist who is interested in creating an Adult Coloring Book designed for people with Alzheimer's and Dementia. Sarah also gave the residents a general timeline for the planters outside in the courtyards and what they can be expecting to see; she also showed the residents the newly planted seedlings. One resident asked about how they know what activity is going on; Sarah explained that there are calendars located at the front desk and posted on the bulletin boards around the facility. Sarah asked residents if there were any programs they wanted to see more or less of or if there is an outing they would like to see; they residents didn't respond with anything.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, went over the non-slip shower spray for the floors. He talked about how it has worked well so far, but is waiting to see how long it lasts. Phillip also talked about how his department will soon be washing all of the windows inside and out. Phillip talked about how he will be working with Life Enrichment to switch out the soil in the standing planters in the courtyards. The residents had no questions, comments, or concerns for Phillip.

Other questions/comments/concerns/feedback:

None.

Meal of the Month:

Residents have decided on a meal of the month for February:

- **Ranch Baked Chicken**
- **Mashed Potatoes and Gravy**
- **Brown Sugar Glazed Carrots**
- **Dinner Roll**
- **Apple Pie a la mode**

Meal of the Month will be Friday, **April 1st**

Upcoming Events:

April Fools Day! – April 1st

Springtime Brunch for Family and Friends – April 2nd from 10:00-12:00pm

Musical Entertainment with Kent Larson – April 2nd at 1:30pm

Resident Food Council with Tammy – April 5th at 10:00am

Monthly Happy Hour & Musical Entertainment by Steve Szydel – April 5th at 2:00pm

Catholic Communion Service with Sister Bridget – April 7th at 11:00am

Pet Therapy with Mary and Daisy – April 7th at 3:00pm

Angela's 4th Grade Class Visit – April 7th at 1:00pm

Musical Entertainment with Chuck Chihak – April 9th at 1:30pm

Sundae Social with Musical Entertainment by Regina Chihak – April 12th at 2:00pm

Music and Memories with Sue Degallier – April 13th at 9:30am

Family and Friends Support Group Meeting – April 13th at 5:00pm

Ecumenical Ash Wednesday Communion Service & Root Beer Float Social – April 14th at 1:00pm

Musical Entertainment with Chris Von Arx – April 15th at 10:00am

Casey's 4th Grade Class Visit – April 15th at 1:00pm

Musical Entertainment with the Truth and Spirit Band – April 16th at 2:00pm

Monthly Pizza Party with Musical Entertainment by Living Stones – April 19th at 2:00pm

Music and Memories with Sue Degallier – April 20th at 9:30am

Life Enrichment Shopping Trip to the Dollar Tree – April 21st at 1:00pm

Jenny's 4th Grade Class Visit – April 22nd at 1:00pm

Musical Entertainment with Tom Baker – April 23rd at 1:30pm

Monthly Birthday Party and Entertainment with Steve Lankford – April 26th at 2:00pm

Music and Memories with Sue Degallier – April 27th at 9:30am

Musical Entertainment by Dale Montell – April 28th at 10:00am

Resident Council Meeting – April 29th at 1:00pm

*****Activities subject to change****

Next Meeting: Thursday, March 31st at 1pm