

Resident Council Meeting

3/29/2019 @ 1:10pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Patty Tourtellott, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, lead the discussion for the Resident Food Council. Tammy explained about her absence at another building this week and talked about her trip. St. Patrick's Day is coming up and the group discussed some of the different types of food are eaten during this time such as corned beef and cabbage, Irish soda bread, Reubens and more. It was also discussed that Mardi Gras or Fat Tuesday was coming up next week. The traditions were talked about specifically everything that happens in New Orleans and of course food such as Jambalaya and Fried Okra. Tammy also reminded the residents of the importance of washing their hands and drinking lots of water and other liquids. Tammy asked the residents if the food has been hot enough; the residents all agreed that it has been. A list of different alternatives were talked about and the residents were encouraged to ask for these if they did not like the main course. Tammy talked a little about the Spaghetti Dinner Fundraiser that will be coming up March 27th. One resident asked about having tomato sandwiches and another talked about her favorite meals. The meal of the month was chosen for the month of March.

Nursing:

Resident Health Coordinator Alea Peterson, joined the meeting to discuss some of the items for the Nursing Department. Alea informed the residents that Health Drive Dental would be in the building the very next day, March 1st. She informed the residents that if they were experiencing any pain or discomfort in their mouths or with their teeth to let the staff know so that they can be seen tomorrow. The residents did not have any questions, comments, or concerns at this time.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, led the discussion for the Life Enrichment Department. Sarah began by reviewing the notes from the month before and talking about some of the major events that had happened throughout the month of February. One resident asked where he could find the upcoming events for the month; Sarah informed him of where the monthly calendar was located and when it was posted each month. Sarah also let the residents know that they could pick up their own weekly calendar each week at the front desk. Sarah then informed the residents of the upcoming events for the month of March and asked if the residents would like to see any other program for this next month. One resident requested going to see Skeet Shooting. The department will look into seeing if there is a way to facilitate something similar inhouse for the residents.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, came and lead his section with the residents. Phillip informed the residents of his two new staff members: Linda the new housekeeper and Amanda the Laundry Aide. One resident said that she was very impressed with the cleaning down by the new housekeeper. Phillip also asked the residents to try not going outside due to the large amount of snow within the courtyard and the cold. The residents were asked if they had any maintenance concerns; one resident said that it seemed like his window was leaking. Phillip said that he would have a look at it and see what he could do. There were no other questions, comments, or concerns.

Other questions/comments/concerns/feedback:

Ana Hines and Kelly Deutscher joined in the end of the meeting to say hello and introduce themselves. Ana introduced Kelly as the new Assistant Administrator, and Kelly give a little information about herself to the residents. The residents welcomed her and had no other questions. One resident did ask if Franciscan Hospital ever came; Sarah was able to inform the resident that Mayo Hospice does come every now and then. Sarah explained what Hospice is and does for the residents.

NEW BUSINESS

Nutritional Services:

Sarah Pedretti, Life Enrichment Coordinator, stepped in for Tammy Atkinson this month. Sarah asked the residents how they were liking their meals. One resident said that he was very satisfied with the food. Another resident said that he really liked having toast for breakfast and that the RCCs were very helpful with getting the jelly on for him. One resident did say that he though there was too much rice on the menu recently and would like to see something else. Lastly, one resident asked to have some toffee bars on the menu for dessert. Sarah talked about how we are now into Spring and that there would be a few changes

happening to the menu to reflect the new season. Sarah talked about how last year the kitchen had a specified day for grilling out each week. Sarah also let the residents know that there would be more fresh foods on the menu too such as watermelon which would be offered for lunch that day. Sarah asked if the food had been hot enough when they were served. Most of the residents said yes, but one resident did say that he thought the vegetables had been little cold at times. One resident asked if it would be possible to get quail, pheasant, or duck on the menu one day; Sarah said that she would pass on his request to Tammy. The residents also picked a meal of month out for April which can be found below. Next Resident Food Council: March 25th at 10:00am

Nursing:

Patty Tourtellott, Resident Health Coordinator, joined in to answer any questions or address any concerns that the resident had. One resident brought up that she had heard some inappropriate language out on the floor. Patty said that she would address that during the daily huddles that the staff have. The residents were informed that smoking has now been completely banned from the entire facility grounds not just the inside of the building. Patty also brought up to residents that with the warmer weather coming, they will have to begin getting out their spring/summer clothing soon. The residents had nothing else to bring up for Patty.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, lead the discussion by reviewing the big events of the last month such as Mardi Gras and St. Patrick's Day. Sarah then followed up with letting the residents know the upcoming events for April such as the big Spring Fling Brunch and Easter. Sarah asked the residents if they would like to see any specific activities put on the calendar and here were a few suggestions: throwing around a soft ball, poker, marbles, going to the fair, tasting items from the different bakeries around the area. One resident asked to have the sports games put on more often; Sarah let him know that they would try to remind staff to put them on in the living rooms and that she would try to have it on in the bistro when other activities are not going on. The residents did not have anything else for the Life Enrichment Department.

Environmental Services:

Sarah Pedretti stood in for Phillip Davies this month. Sarah asked the residents if they had any questions or concerns that they wanted to bring forward. One resident said that he noticed that he was not getting his laundry back when he wanted it. Sarah said that she would let Phil know about this issue and hopefully it will be addresses as soon as possible.

Other questions/comments/concerns/feedback:

None.

Meal of the Month:

Residents have decided on a meal of the month for April:

- **Grilled Hamburger with a choice of lettuce, tomato, and onion**
- **French Fries**
- **Chocolate Malt**

Upcoming Events:

April Fool's Day – April 1st

Musical Entertainment with Shari Sarazin -- April 1st at 10:00am

Angela's 4th Grade Class Visit – April 3rd at 1:55pm

Catholic Communion with Sister Bridget – April 4th at 11:00am

Musical Entertainment with Steve Lankford – April 6th at 1:30pm

Monthly Happy Hour with Music with by Kent Larson – April 9th at 2:00pm

Music and Memories with Sue -- April 10th at 9:30am

Ecumenical Communion Service – April 11th at 1:00pm

Mrs. Casey's 4th Grade Class Visit – April 12th at 1:55pm

Spring Fling Brunch for Families and Friends -- April 13th from 10:30am-12:30pm

Musical Entertainment with Larry Langen – April 13th at 11:00am

Monthly Ice Cream Social with Music by The Living Stones – April 16th at 2:00pm

Good Friday – April 19th

Easter Sunday -- April 21st

Easter Celebration with Music by Gemini Entertainment -- April 21st at 2:00pm

Earth Day -- April 22nd

Monthly Take-Out Party with Golden Music Memories – April 23rd at 1:30pm

Music and Memories – April 24th at 9:30am

Resident Food Council Meeting -- April 25th at 10:00am

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The Good News Sing-a-Long Group – April 26th at 1:00pm

Musical Entertainment with Tom Baker – April 27th at 1:30pm

Monthly Birthday Party with Music by Sue Hauser – April 30th at 2:00pm

******Activities subject to change*****

Next Meeting: Thursday, April 25th at 1:10pm