

## **Resident Council Meeting**

2/28/2019 @ 1:10pm

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Patty Tourtellott, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Shane Hoffman, Life Enrichment Assistant

Peter Davies, Environmental Services Interim-Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Tammy Atkinson, Nutritional Services Coordinator, lead the discussion for the Food Council.

Tammy asked the residents how they thought the food was and if it was hot enough. The residents said that everything was good and assured Tammy that the food has been hot enough. Tammy talked about the past week as it was the Around the World in a Week Celebration; she talked about a few of the different meals and desserts. Tammy also told the residents about a new kind of soup coming up on the menu: Reuben Soup. Tammy asked the residents what kinds of foods they would like to see on the menu; here is the list they gave: Tuna Salad, Lemon Meringue Pie, Chocolate Chip Cookies, Apple Waldorf Salads, Brownies, Bologna Salad, Grilled Cheese, Beef and Onion Salad Sandwiches, German Potato Salad, Hard Boiled Eggs, Carrots, Corn, Brussel Sprouts, Peas, Salmon Loaf, Chicken Delight. Tammy thanked the residents for their input and ended the meeting with her usual: Drink Your Water and Wash Your Hands!

### **Nursing:**

Patty Tourtellott, Resident Health Coordinator joined the residents for the council meeting. The notes from the previous month were read. Patty informed the residents that Healthdrive would back in February. Dental will be in house February 4<sup>th</sup>; Optometry will be in house February 19<sup>th</sup> and Podiatry will be in the next day. Patty also informed the residents that there are a lot of new staff, and asked the residents if there were any concerns to bring forward. The residents did not have any concerns at this time.

### Life Enrichment:

Shane Hoffman, Life Enrichment Assistant, stood in for Sarah Pedretti, Life Enrichment Coordinator this month. Shane reviewed the notes from the previous month. Shane also talked about the upcoming events for February. It was also mentioned that they were hoping to take a few residents to see the performance of “Newsies” in May. This led to a discussion about what other outings the residents would like to go on. One resident piped up right away and said that he really wanted to go to the Apple Farm again in the fall. This resident was assured that this is a standing trip and that family is always welcome to join! Residents were also asked about going on the La Crosse Queen; they were very enthusiastic when this was brought up. One resident also wanted to remind everyone where the calendars were located; Shane informed everyone that if they would desire a weekly calendar and/or menu, they are located at the front desk. The residents had no other questions or suggestions.

### Environmental Services:

Shane Hoffman, Life Enrichment Assistant stood in for Phillip Davies, Environmental Services Coordinator. Shane reviewed the previous month’s notes and began the discussion with the terribly cold temperatures outside. Shane informed the residents that the past two days have been in the extreme lows such as -30°F without windchill. Due to this, Shane asked that the residents refrain from even thinking about going outside. One resident asked what the weather looked like for the next few days. Shane let them know that there is hope in the future as the projection for Saturday is a high of almost 40°F. Peter Davies, Environmental Services Interim-Coordinator stopped by and was informed by one resident that his heater did not seem to be working properly; Peter said that he would take a look at that right away. The residents had no other questions or concerns to bring forward.

### Other questions/comments/concerns/feedback:

One resident requested that there be an agenda passed out before the meeting. This will be looked at for future meetings.

## NEW BUSINESS

### Nutritional Services:

***Tammy Atkinson, Nutritional Services Coordinator, lead the discussion for the Resident Food Council. Tammy explained about her absence at another building this week and talked about her trip. St. Patrick’s Day is coming up and the group discussed some of the different types of food are eaten during this time such as corned beef and cabbage, Irish soda bread, Reubens and more. It was also discussed that Mardi Gras or Fat Tuesday was coming up next week. The traditions were talked about specifically everything that happens in New Orleans and of course food such as Jambalaya and Fried Okra. Tammy also reminded the residents of the importance of washing their hands and drinking lots of water and other liquids. Tammy***

*asked the residents if the food has been hot enough; the residents all agreed that it has been. A list of different alternatives were talked about and the residents were encouraged to ask for these if they did not like the main course. Tammy talked a little about the Spaghetti Dinner Fundraiser that will be coming up March 27<sup>th</sup>. One resident asked about having tomato sandwiches and another talked about her favorite meals. The meal of the month was chosen for the month of March.*

*Next Resident Food Council: March 25<sup>th</sup> at 10:00am*

#### **Nursing:**

*Resident Health Coordinator Alea Peterson, joined the meeting to discuss some of the items for the Nursing Department. Alea informed the residents that Health Drive Dental would be in the building the very next day, March 1<sup>st</sup>. She informed the residents that if they were experiencing any pain or discomfort in their mouths or with their teeth to let the staff know so that they can be seen tomorrow. The residents did not have any questions, comments, or concerns at this time.*

#### **Life Enrichment:**

*Sarah Pedretti, Life Enrichment Coordinator, led the discussion for the Life Enrichment Department. Sarah began by reviewing the notes from the month before and talking about some of the major events that had happened throughout the month of February. One resident asked where he could find the upcoming events for the month; Sarah informed him of where the monthly calendar was located and when it was posted each month. Sarah also let the residents know that they could pick up their own weekly calendar each week at the front desk. Sarah then informed the residents of the upcoming events for the month of March and asked if the residents would like to see any other program for this next month. One resident requested going to see Skeet Shooting. The department will look into seeing if there is a way to facilitate something similar inhouse for the residents.*

#### **Environmental Services:**

*Phillip Davies, Environmental Services Coordinator, came and lead his section with the residents. Phillip informed the residents of his two new staff members: Linda the new housekeeper and Amanda the Laundry Aide. One resident said that she was very impressed with the cleaning down by the new housekeeper. Phillip also asked the residents to try not going outside due to the large amount of snow within the courtyard and the cold. The residents were asked if they had any maintenance concerns; one resident said that it seemed like his window was leaking. Phillip said that he would have a look at it and see what he could do. There were no other questions, comments, or concerns.*

#### **Other questions/comments/concerns/feedback:**

*Ana Hines and Kelly Deutscher joined in the end of the meeting to say hello and introduce themselves. Ana introduced Kelly as the new Assistant Administrator, and Kelly give a little information about herself to the residents. The residents welcomed her and had no other questions. One resident did ask if Franciscan Hospital ever came; Sarah was able to inform the resident that Mayo Hospice does come every now and then. Sarah explained what Hospice is and does for the residents.*

### Meal of the Month:

Residents have decided on a meal of the month for March:

- **Beef Stew**
- **Tossed Salad**
- **Marble Rye Bread**
- **Lemon Meringue Pie**

### Upcoming Events:

Music with Gemini Entertainment – March 2<sup>nd</sup> at 1:30pm

**Mardi Gras Celebration with Larry Langen – March 5<sup>th</sup> at 2:00pm**

**Ash Wednesday – March 6<sup>th</sup>**

Angela's 4<sup>th</sup> Grade Class Visit – March 6<sup>th</sup> at 1:55pm

Catholic Communion with Sister Bridget – March 7<sup>th</sup> at 11:00am

Musical Entertainment with Steve Lankford – March 9<sup>th</sup> at 1:30pm

**Day Light Saving: Spring Ahead! – March 10<sup>th</sup>**

Monthly Happy Hour with Music with the Living Stones – March 12<sup>th</sup> at 2:00pm

Ecumenical Communion Service – March 14<sup>th</sup> at 1:00pm

Mr. Davis' 4<sup>th</sup> Grade Class Visit – March 15<sup>th</sup> at 1:55pm

Musical Entertainment with The Truth and Spirit Band – March 16<sup>th</sup> at 2:00pm

**St. Patrick's Day – March 17<sup>th</sup>**

**St. Patrick's Day Celebration – March 17<sup>th</sup> at 2:00pm**

Irish Dancers – March 17<sup>th</sup> at 6:00pm

Musical Entertainment with Shari Sarazin – March 18<sup>th</sup> at 3:00pm

**The First Day of Spring – March 20<sup>th</sup>**

Music and Memories – March 20<sup>th</sup> at 9:30am

The Good News Sing-a-Long Group – March 22<sup>nd</sup> at 1:00pm

Musical Entertainment with Triple Nickle – March 23<sup>rd</sup> at 1:30pm

Monthly Birthday Party with Music by Dale Martell – March 26<sup>th</sup> at 2:00pm

Music and Memories – March 27<sup>th</sup> at 9:30am

**Spaghetti Dinner Fundraiser – March 27<sup>th</sup> at 4:30pm**

Resident Food Council Meeting – March 29<sup>th</sup> at 10:00am

Resident Council Meeting – March 29<sup>th</sup> at 1:10pm

Musical Entertainment with Tom Baker – March 30<sup>th</sup> at 1:30pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Thursday, March 29<sup>th</sup> at 1:10pm**