

Resident Council Meeting – RECONCILIATION DUE BY 3/28/2016

2/25/2016 @ 1pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Tammy Francis, Nutritional Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy facilitated her own Resident Food Council January 12th at 10:00am. Tammy asked residents what they liked or didn't like that has recently been served. Some residents complained that there was too much salt in the soups and on vegetables and that breakfast was not as good or the same as it had been. After asking for clarification, resident said that she hadn't liked the cold cereal that morning. Tammy reminded resident that there are multiple choices for cold cereal, so if she didn't like one, she can simply ask for a different kind. Residents said that they like the salads that have been served recently. Tammy asked the residents what their favorite meal was; they said beef roast with mashed potatoes and gravy. They also said that they have liked pork roast and ham. Some residents asked if they could have more turkey. Tammy asked how the residents have liked the new coffee; she said that she hasn't heard any complaints recently. The residents said that it is much better. Tammy also asked the residents if they would like there to be a pot of hot chocolate available during these winter months. The residents were very happy about this idea. Tammy also informed the residents of the new water push that they are doing each day now. She taught about the importance of drinking a lot of water throughout the day especially during the winter months and as people get older. The residents then chose their meal of the month which is found below.

Next Resident Food Council Meeting: Tuesday, March 1st at 10:00am

Nursing:

- It is getting along much better; there is always someone here to help you
- The workers are more prompt
 - *That is so good to hear!*
- My laundry is taking a while getting back to me

- *We will see what the issue is and make sure that it is fixed!*
- (OS) I am looking for my razor; I think someone stole it
 - *We have located it!*
- I am missing a long skirt; it has been gone for a couple of months
 - *We are looking for it!*
- I am missing three white cuddledud undershirts
 - *We have found at least one and are looking for the rest of them!*

Life Enrichment:

Sarah Pedretti, the Life Enrichment Coordinator, asked if there were any questions, comments, or concerns for the activities. Residents did not have anything. Sarah asked if the schedule flowed nicely for them, where the activities were placed throughout the day. Residents had no response. One resident asked where to find the schedule; Sarah informed them that they are placed on all five bulletin boards and can be found at the front desk. Residents were pleased with this answer. Residents had nothing else to say, so Sarah informed the residents of upcoming events for the rest of January and February. The residents were excited about the Mardi Gras Party and the Valentine's Day Sweetheart Gala. Sarah also said that she will be looking into going to a community theatre performance this spring and will keep them updated.

Environmental Services:

Phillip Davies, the Environmental Services Coordinator, asked residents if they had any concerns. One resident asked if it would be possible to change the bathroom light from the inside to the outside. Phillip said that if the building ever has a remodel done, they would take that suggestion into consideration. Phillip did inform the residents that they would be trying to have a more scheduled time for flipping mattresses. The residents said that they were very impressed with the performance of the workers.

Other questions/comments/concerns/feedback:

None.

NEW BUSINESS

Nutritional Services:

Tammy facilitated her own Resident Food Council February 2nd at 10:00am. Tammy asked residents what they liked or didn't like that has recently been served. Most of the residents were happy with the food that had recently been served. The residents were very happy with January's meal of the month. Residents had some concerns over the butter used on the vegetables. Tammy explained this process. Tammy told the residents that their pot of hot chocolate would soon be available. The residents were very happy to hear this. The residents then chose their meal of the month which is found below.

Nursing:

Resident Health Coordinator, Bobbi Klaver, came to talk with the residents about the Nursing department. One resident said, "My good pants that were missing have been found." Resident was upset that it had taken so long and that they were found in another resident's apartment. Bobbi told resident that she would remind the staff to double check the clothes after washing. There were no other concerns brought up.

Life Enrichment:

Life Enrichment Coordinator, Sarah Pedretti, asked the residents if there were any concerns or questions. One resident said that it would be great to have a pool table here for fun. Sarah explained the space situation and how there probably wouldn't be a good place to set the table up, but that she would keep it on the back burner in her mind. Another resident said that she would like to have more bingo during the week. Sarah asked around to see if others thought that adding another day of bingo would be good, but most residents were happy with the two days. Sarah told resident that she would think about adding 15-30mins onto the Monday afternoon bingo. Resident was very happy with that. A couple of residents asked if there was ever dancing held here at the facility. Sarah said that dancing is always encouraged during the musical entertainments that are usually every Tuesday and Saturday afternoon. Residents were happy to hear this. Sarah also listed off the next month's activities to look forward too. The residents were very pleased with the upcoming events.

Environmental Services:

The Environmental Services Coordinator, Phillip Davies, asked the residents if there were any concerns. One resident said that the floors of the shower become very slippery after a shower. Phillip said that we have just gotten a special textured spray for the shower floors and are waiting to see how it works before using it on everyone's floors. Another resident asked about having a lock on her door. Phillip explained why we cannot allow resident's apartments to have locks on the doors and that it is a fire hazard. A different resident brought up the fact that there are several times that other residents walk into her apartment. Phillip said that the floor staff do their best to redirect residents from doing this as they often get confused; the floor staff will once again be reminded. Another resident said that "everything has been straight and smooth." There were no other comments.

Other questions/comments/concerns/feedback:

None.

Meal of the Month:

Residents have decided on a meal of the month for February:

- Roast with Onions, Potatoes, and Carrots
- Mashed Potatoes

- **Rolls**
- **Apple Pie**

Meal of the Month will be Friday, **February 19th**

Upcoming Events:

Resident Food Council with Tammy – March 1st at 10:00am

Monthly Happy Hour with Musical Entertainment with Kent Larson – March 1st at 2:00pm

Pet Therapy with Alana and Bo Wilard – March 1st at 6:15pm

Monthly Catholic Communion Service with Sister Bridget – March 3rd at 11:00am

Angela's 4th Grade Class Visit – March 3rd at 1:00pm

Pet Therapy with Chris and Tyson – March 6th at 9:00am

Musical Entertainment with Paul Martin – March 6th at 1:30pm

Monthly Sundae Social with Musical Entertainment by Living Stones – March 8th at 2:00pm

Music and Memories with Sue Degallier – March 9th at 9:30am

North Presbyterian Church Confirmation Visit – March 9th at 6:00pm

Monthly Ecumenical Communion Service & Root Beer Float Social – March 10th at 1:00pm

Musical Entertainment with Steve Szydel – March 12th at 1:30pm

Prairie View Elementary School Fifth Grade Choir Visit – March 14th at 2:45pm

Pet Therapy with Alana and Bo Wilard – March 15th at 6:15pm

Music and Memories with Sue Degallier – March 16th at 9:30am

St. Patrick's Day Celebration with Musical by Larry Langen – March 17th at 2:00pm

Noon Meal of the Month – March 18th

Chastity's 4th Grade Visit – March 18th at 1:00pm

Pet Therapy with Chris and Tyson – March 19th at 9:00am

La Crosse Community Theatre Outing – March 20th at 1:00pm

Monthly Pizza Party and Entertainment with Regina Chihak – March 22nd at 2:00pm

Music and Memories with Sue Degallier – March 23rd at 9:30am

Resident Council Meeting – March 24th at 1:00pm

Good Friday – March 25th

Easter Celebration with Musical Entertainment by Tom Baker – March 26th at 1:30pm

Happy Easter Everyone!! – March 27th

Monthly Birthday Party and Entertainment with Steve Lankford – March 29th at 2:00pm

Pet Therapy with Alana and Bo Wilard – March 29th at 6:15pm

Music and Memories with Sue Degallier – March 30th at 9:30am

******Activities subject to change*****

Next Meeting: Thursday, March 31st at 1pm