

Resident Council Meeting

2/23/2018 @ 1pm

Staff Members Leading:

Ana Hines, Administrator

Tim Britain, Assistant Administrator

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Phillip Davies, Environmental Services Coordinator

Bobbi Klaver, Resident Health Coordinator

Susan Stratton, Laundry Aid

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, lead the discussion with the residents beginning with asking how the food has been and if it has been hot enough. The residents said that the food is good and that they didn't have any complaints, but one resident said that she has noticed that the food has sometimes not been hot enough during lunch time, such as the vegetables. Tammy thanked the residents, and told them that she wants to know these issues as there are many new staff members in the kitchen who are still learning. Tammy referenced the upcoming Winter Fest that the facility is holding February 10th and informed the residents that the kitchen would be serving soup and setting up a Hot Chocolate Bar. Tammy led them into a little forum about favorite soups; this is what they came up with: Vegetable Beef, Chicken Noodle, Chili, Potato, Cream of Wild Rice Chicken. Tammy also asked the residents if they thought she should serve little sandwiches too; some said "yes" and some "no." Tammy then started a discussion about casseroles such as beef stew, goulash, broccoli turkey rice, cheese burger, and tater-tot. Tammy asked the residents how they were liking their breakfasts, and one resident quickly asked to have pancakes on the menu. Everyone said that they enjoyed the breakfast sandwiches and eggs and meat. Tammy finished the meeting with reminding the residents of the importance of drinking their water as it is so dry and causes dry skin during this season. Tammy also informed them that water is good for flushing their systems. The residents did choose the meal that they would like for Valentine's Day which can be seen below.

Nursing:

Bobbi Klaver, Resident Health Coordinator, joined the discussion and informed the residents about the new Bath Aids that would soon start. These bath aids would take control of all baths throughout the week. One resident care coordinator who will be taking one of the bath aid positions walked passed at this time and was able to introduce herself. It was also discussed that Patty Tourtellott was back after her maternity leave and that Alea had now had her little baby girl and both are very healthy. The residents did not have any questions or concerns to bring forward at this time.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, began her sections by reminding the residents of some topics talked about last month. A discussion began about the movie nights; the residents said that they are liking the Friday Movie Nights. One resident said that he had not liked the last movie, but when told this week's movie, he was happy. The residents did not have any movie suggestions at this time. Sarah informed the residents of the upcoming events for February and went into detail about the Winter Fest, Mardi Gras and Valentine's Day Masquerade with the crowning of the 2018 Sweetheart King and Queen, and the Spaghetti Dinner Fundraiser. Sarah brought up the next community trip in March which will hopefully be to the La Crosse Community Theater. One resident suggested having a game room for everyone which would hold a pool table and a fool's ball table. Sarah said that she would discuss the suggestion with the management team.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, came to speak with the residents. Phil informed the residents that the new laundry aid, Susan, was out sick for the week, and he was not sure when she would return due to her intensive condition. Phil said that the PTAC units which were out of order have been serviced. The residents said that they were all pleased with Phillip's department. Two residents brought up that they had other resident's clothing in their apartments. Phil said that soon the laundry aid would be marking all of the residents' clothing with a professional marker which will decrease or even eliminate this problem of clothing in the wrong places.

Other questions/comments/concerns/feedback:

None at this time.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, began by making sure that the residents know that they will be taken care of in emergency cases such as ice storms, blizzards, or other extreme weather occurrences. Tammy described what types of food would be served for each meal informing the residents that anyone available would be able to easily prepare and serve the food.

Breakfast would consist of a cold cereal, toast, and fruit.

Lunch would consist of a sandwich, soup, fruit or a cookie.

Supper would consist of mac and cheese, sandwich, canned green beans, fruit or a cookie.

Tammy said that she has been serving more soup due to a request and everyone seems to be happy about it. Tammy also informed the residents that she is trying something new with serving the lighter meals during lunch and the heavier meals during supper. Tammy talked a little bit about the Winter Fest with the ice skating and hot chocolate bar and brought up the Family Meeting and Spaghetti Dinner Fundraiser February 21st. Talk about wishing for Spring came up with discussions about Easter and the Spring Fling Brunch on April 14th. Tammy ended by making sure that the residents were reminded to drink their fluids and wash their hands so that no sickness makes its way into our building.

Next Resident Food Council: March 27th at 10:30am

Nursing:

Bobbi Klaver, Resident Health Coordinator, came to discuss items with the residents and hear their concerns. Bobbi informed the residents that Molly Carhart was away on vacation and would be returning on March 5th. She said that Alea Peterson would also be returning March 5th from maternity leave. Bobbi discussed the new positions of Bath Aids that would be starting in a couple of weeks and how the bath schedules would then be changed. The residents did not have any concerns or questions that they wanted to bring up at this time.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, began the discussion with reviewing some of the main activities that had happened over the last month. Sarah also informed the residents of all of the new activities coming up for the next month such as the fifth grade choir coming to perform, St. Patrick's Day celebration, and the La Crosse Community Theatre Trip to see "Calendar Girls." Many of the residents were very interested in the trip to the theatre and some signed up right away. Sarah also mentioned a new resource that Bluffview would be hosting called Caring Connections. Tim Britain shared with the resident what it would look like: care givers of the community would be coming in for a little discussion/ education while their loved one would join the Bluffview residents during whichever Tuesday

party happened to be scheduled that day. Caring Connections is scheduled to start March 13th. The residents did not have any questions comments of concerns for Sarah.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, began by saying that there really wasn't anything new going on in his department. He discussed how his new laundry aid was working. The residents were asked how they were liking the new labeling system, and they said that they really liked it. The residents said that they have no concerns with their laundry now that Susan is in this position; they said that it is a noticeable improvement. Susan stopped by for little while to say hello to the residents, and the residents thanked her for her work. The residents did not have any other concerns to bring up for the department.

Other questions/comments/concerns/feedback:

Ana Hines, Administrator, introduced Tim Britain as her new Assistant Administrator. Tim was invited to share a little bit about himself. Tim spoke about his previous work experience, his family, and his joking side. Ana also shared about having a couple new residents coming soon to live at Bluffview. The residents did not have any other concerns to bring forward.

Meal of the Month:

Residents have decided on a meal of the month for March:

- **Roasted Turkey with Cranberry Sauce**
- **Baked Potato with Sour Cream**
- **Seasoned Corn**
- **Waldorf Apple Salad**
- **Chocolate Chip Cookie**

The meal for St. Patrick's Day, March 17th:

- **Corned Beef and Cabbage**
- **Baby Red Potatoes**
- **Baby Carrots**
- **Lemon Cake with Pistachio Pudding and Whipped Cream**

Upcoming Events:

Prairie View Elementary School 5th Grade Choir Performance – March 2nd at 10:30am

Musical Entertainment with Paul Martin – March 3rd at 1:30pm

Monthly Happy Hour with Music by Larry Langen – March 6th at 2:00pm

Music and Memories with Sue Degallier – March 7th at 9:30am

Angela's 4th Grade Class Visit – March 7th at 1:50pm

Catholic Communion with Sister Bridget – March 8th at 11:00am

Ecumenical Communion Service – March 8th at 1:00pm

Musical Entertainment with Regina Chihak – March 10th at 1:30pm

Day Light Savings “Spring Forward!” – March 11th

Ice Cream Social with Musical Entertainment by Kent Larson – March 13th at 2:00pm

Musical Entertainment with Shari Sarazin – March 14th at 3:30pm

Mr. Davis’ 4th Grade Class Visit – March 16th at 1:50pm

St. Patrick’s Day Celebration with Music by Gemini Entertainment – March 17th at 2:00pm

First Day of Spring 2018 – March 20th

Happy First Day of Spring with Music by Steve Lankford – March 20th at 2:00pm

Music and Memories with Sue Degallier – March 21st at 9:30am

Musical Entertainment with Tom Baker – March 24th at 1:30pm

Palm Sunday – March 25th

Resident Food Council with Tammy – March 27th at 10:00am

Monthly Birthday Party with Music by Hans and Sue – March 27th at 2:00pm

Resident Council Meeting – March 29th at 1:00pm

Good Friday – March 30th

Musical Entertainment with Johnny More – March 30th at 3:00pm

******Activities subject to change*****

Next Meeting: Thursday, March 29th at 1pm