

Resident Council Meeting

11/30/2017 @ 1pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Phillip Davies, Environmental Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, lead the group discussion for the Resident Food Council October 24th. The resident said that the food has been “very good,” “fine.”

Tammy asked how they felt about the variety; the residents said that they were pleased with everything. Tammy reminded the resident of the main meal for the day: Pork Roast and Gravy, stuffing, and cooked carrots. Tammy said that as the weather begins to change, they will be serving more comfort type foods such as this. A discussion took place about secret family recipes such as smoked, deep-fried deviled eggs with bacon on top, Italian dressing soaked potato salad, and cabbage rolls. Tammy asked the residents if the food has been hot enough and their drinks cold enough; all of the residents agreed that they had. Tammy asked the resident how many of them like chocolate milk or white milk; chocolate milk won by many. As Halloween is coming soon, Tammy talked about the different Halloween Treats such as bobbing for apples, roasted pumpkin seeds, and pumpkin bars. The next holiday would then be Thanksgiving which means Turkey, Pumpkin Pie, Apple Pie, Cranberries, and Mashed Potatoes and Gravy. The discussion then moved on to hunting and venison. Tammy said that she is going to try to get some venison from her brother-in-law to serve for the residents one program. They were very excited. Then Christmas came up in the discussion for a little bit, and the talk turned to cookies, candy, and fruit cakes. Tammy said that she is going to make some Rosettes for the residents. Tammy ended the discussion by reminding the residents to drink their water and wash their hands during the start of the winter season when illness is common.

Nursing:

Patty Tourtellott, Resident Health Coordinator came to join the discussion with the residents. The residents were asked if they needed anything or had any concerns. Residents did not have anything to say. Patty asked two residents about some missing clothing; they said that they are missing a couple of items. Patty said that she would look into these. One of these residents said that she had not received her flu shot as she had been out of the building at the time. Patty reminded the residents that they need to be diligent about washing their hands and “keeping to themselves” during the upcoming flu and cold season. Residents asked Patty about her baby and due date. Patty informed the residents that her last day would be November 9th unless baby decided to come early. The residents had nothing else to bring forward.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, began the discussion by reminding the residents about the discussion from last month and some of the exciting events that had happened. Sarah informed the residents about some upcoming events such as the Halloween Party, Veteran’s Day with a Special Guest Speaker coming in, and Opening Day Gun Hunt here are Bluffview. Sarah asked the residents if there were any programs that the residents would like to have that have not been on the schedule; they did not have any that came to mind. Sarah asked the residents if they were still enjoying Friday Night Movie Nights; they all said that they were. Sarah asked for suggestions for movies that residents would like to watch. Residents suggested Westerns, Ginger Rogers and Fred Astaire movies.

Environmental Services:

Phillip Davies, Environmental Services Coordinator was unavailable to join the discussion, so Sarah Pedretti stepped in for him. Residents were asked about housekeeping and maintenance. The residents all said that Irene is a sweetheart and a good cleaner. One resident was concerned about his door lock not popping properly and wanting a larger key to use. Sarah explained the situation as far as she knew about the door locks and that there has been a lot of discussion with MCP about where to go with the locks. Sarah reminded the residents that with the colder weather, the fountain would soon be taken out of the pond. The residents did not have anything else to bring up at that time.

Other questions/comments/concerns/feedback:

None at this time.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, began with an exclamation of “What a GREAT Thanksgiving Day we had; it was an honor on my part to be here and serve you.” The

residents all agreed that their food has been good, hot enough, cold enough, and served on time. Tammy reminded the residents that as a facility we encourage everyone to come out for meals instead of eating in their apartments. She also reminded them that there are always substitutes if a resident does not like something being served and that they are always welcome to ask for seconds. Tammy joked with the residents that Bluffview is the "Cheese Burger Capital of the World" because so many people ask for cheese burgers as a substitute. Tammy asked the residents how many of them would have a lot of Turkey leftovers after Thanksgiving. They said yes and there was a small discussion about what types of meals would be made from those leftovers. Tammy then began the topic of Christmas meals such as Chicken Cordon Bleu, Beef Tips, Ham. The residents chose their Christmas meal and their resident choice meal: found below. Tammy finished as always with "Drink your water!"

Next Resident Food Council: December 27th at 10:00am

Nursing:

Sarah Pedretti, Life Enrichment Coordinator, talked with the residents about the items she knew about in the Nursing Department such as Patty having her baby boy. She told the residents that Patty and Amanda would be returning in January and that Alea would then be leaving on Maternity leave. The residents did not have anything to bring up in the discussion.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the different November activities that had happened such as the Veteran's Day Celebration, Open Day Gun Hunt, and others. Sarah asked the residents if there was anything that they would like to see on the schedule or have anything taken off. The residents did not have anything to bring up. Sarah informed the residents that for December she would be showing Christmas Movies for the Friday Night Movie Nights such as White Christmas, It's a Wonderful Life, and A Miracle on 34th Street.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, came and spoke with the residents for a little while. Phil informed the residents that he had recently hung up the blue courtyard lights on the roof. The residents did not have anything else to say besides the fact that Phil and Irene do a good job.

Other questions/comments/concerns/feedback:

None.

Christmas Meal:

- **Christmas Ham**
- **Wild Rice**
- **Dill Buttered Cooked Carrots**
- **Dinner Roll**
- **Festive Poke-Cake**

Meal of the Month:

Residents have decided on a meal of the month for December:

- **Grilled Reuben**
- **Onion Rings**
- **Pickles**
- **Ice Cream**

Upcoming Events:

Musical Entertainment with Larry Langen – December 2nd at 1:30pm

ClogJam Christmas Dancers – December 3rd at 1:15pm

Monthly Happy Hour with Music by Gemini Entertainment – December 5th at 2:00pm

Angela's 4th Grade Class Visit – December 6th at 1:50pm

Catholic Communion Service with Sister Bridget – December 7th at 11:00am

Musical Entertainment with Roger Ellis – December 9th at 1:30pm

Loretta Renning Christmas Disk Jockey – December 10th at 1:30pm

Monthly Ice Cream Party with Music by Living Stones – December 12th at 2:00pm

Music and Memories with Sue Degallier – December 13th at 9:30am

Pet Therapy with Mary and Daisy – December 13th at 3:30pm

Blue Christmas Gathering and Love Lights Celebration – December 13th at 5:30pm

Ecumenical Communion Service – December 13th at 1:00pm

Mondoro Cut-Ups Christmas Caroling – December 14th at 1:30pm

Casey's 4th Grade Class Visit – December 15th at 1:50pm

Musical Entertainment with Paul Martin – December 16th at 1:30pm

Living Word Church Christmas Service – December 17th at 2:00pm

Monthly Birthday Party with Music by Regina Chihak – December 19th at 2:00pm

Music and Memories with Sue Degallier – December 20th at 9:30am

Staff Christmas Party – December 21st at 1:30pm

Musical Entertainment with Tom Baker – December 23rd at 1:30pm

Christmas Eve Party and Gift Opening – December 24th at 2:00pm

Christmas Day – December 25th

Musical Entertainment with Steve Lankford – December 26th at 2:00pm

Resident Food Council with Tammy – December 27th at 10:00am

Resident Council Meeting – December 27th at 1:00pm

Pet Therapy with Mary and Daisi – December 27th at 3:30pm

Rotary Lights Trip – December 28th at 6:00pm

New Year's Eve Party – December 31st at 2:00pm

******Activities subject to change*****

Next Meeting: Wednesday, January 31st at 1pm