

## **Resident Council Meeting – RECONCILIATION DUE BY 12/15/2015**

11/27/2015 @ 1pm

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Tammy the Head Chef came and introduced herself to the residents. She informed the residents of her work experience and expertise. Tammy asked how the new menus were for the residents; they responded that the meals were good. The residents did ask that there be more soups and chili as the seasons were changing and there is cooler weather now. Tammy said that was her specialty. The residents informed Tammy that they did not like the sweet potato fries, but that they would like to have baked or mashed sweet potatoes. Tammy took note of this. The residents were a little upset about getting plastic dinnerware so often. Phillip, the Environmental Services Coordinator, spoke up and said that it was partially his fault because of a part needed for the dish washer to fully clean the dishes per regulation standard. The residents asked for less pasta and fruit cocktail. Tammy reassured them that she would look at the menus and make sure that there was a balance of pasta; however, Tammy said that there is not a lot she can do about the fruit at the moment as most fruit is out of season, and it is not cost effective to order in fresh fruit as most of it will be bad. The residents informed Tammy that they do not like the coffee; she said that she knows of a different coffee company that she has worked with in the past and that she would try to get them in for a coffee taste testing party. The residents also asked for some tapioca and rice pudding which Tammy said she would bring in.

### **Nursing:**

Sarah, the Life Enrichment Coordinator, informed the residents that they would soon be getting a new Nurse for the facility. Her name is Hillary. The residents asked how many nurses there were; Sarah informed them that at the moment there are two Nurses for the four different buildings. The residents were happy to find out that getting their laundry done was a service that is included in their room fee.

### **Life Enrichment:**

Sarah, the Life Enrichment Coordinator, informed the residents of the next month's big events that were scheduled such as the Veteran's Day Celebration, Fall Festival for Families and Friends, and the Valley View Mall Outing. Residents asked if there could be more mind games and games that are better fitted for their age group. Sarah assured them that she does the best that she can to find age appropriate activities, but she will take stock of what is going on and fix whatever needs fixing. The residents asked for more crafts; Sarah was glad to take suggestions such as coasters. It was talked about asking the humane society to come out and show animals for the residents or even getting a herpetologist to come and speak. One resident suggested asking a speaker to come. Sarah said that she had already looked into one inspirational speaker; however, she is worried that they may be too expensive to come.

#### Environmental Services:

Phillip, the Environmental Services Coordinator, spoke about the front lobby sitting area and how the Fire Department has informed us that it is a fire hazard to have more than the two chairs in the front due to our situation before of having more than ten chairs there at once and blocking the door. The residents were asked if they had any questions, comments, or concerns; they said, "housekeeping is pretty standard and very well done." Phil was happy to hear this and thanked them with a dance.

#### Other questions/comments/concerns/feedback:

None.

## NEW BUSINESS

#### Nutritional Services:

- **Could we be served a new fruit mixture?**
- **We don't like that the fruit is served in plastic cups; can we have real dishes?**
- I heard of somewhere that gave three meal choices at each meal!
  - ***Sarah, Life Enrichment Coordinator, explained that this would not be possible due to being a small facility and the waste that would occur***
- **We do not want "kid food" like cheese puffs and potato chips**
- **Have you contacted that other coffee company? We don't like the coffee now.**
- **We would like it if there were warmer meals served at dinner due to the cold weather now.**
- **It would be nice to see more soups, stews, and roasts**
- **We noticed that not every kitchen person is wearing a hair net when serving; we would like it if you all wore one.**

#### Nursing:

- **We like the new pendant system; we think it works much better for everyone!**
- **I would like a new mattress; I received a different bed, but I don't like this mattress. Could the RHCs come and talk to me?**

- The residents would like there to be a reminder given to the RCCs to be making the beds early in the morning and not waiting until the late morning/ early afternoon.
- A family member asked how often the sheets were changed on a resident's bed
  - *Becky, an RCC3, came in and informed them all about the shower schedule and how that effects the changing of the sheets.*
- One resident asked that she have more assistance making her bed

#### Life Enrichment:

*Sarah, the Life Enrichment Coordinator, went over some of the events that had taken place this past month and read a little from the resident council notes taken at the last meeting. Residents didn't have a lot to say, so Sarah read a little from the upcoming events. Two residents began asking what the purpose of the fourth graders coming to visit was. Sarah informed them that it was a good social learning time for the kids meeting with older adults who are not a part of their own families and sharing a little life with them. These two residents did not like that the children came. Sarah informed them that they did not have to attend the children's programs. One resident did suggest having high school students come to visit instead. Sarah said that she would look into getting a group to come. Another resident jumped in and suggested that they make ornaments together to give away; Sarah said that she would take note of her suggestion.*

#### Environmental services:

*Phillip, the Environmental Services Coordinator, was asked to refresh the residents over the front lobby chair situation. Phillip explained the issue and how the fire department has enforced the no more than two chairs in the front policy. One resident said, "everything is really good as I see it." Phillip also explained that he will be buying more sheets and bed spreads for queen beds*

#### Other questions/comments/concerns/feedback:

None.

#### Meal of the Month:

Residents have decided on a meal of the month for December:

- Baked Ham with Pineapples
- Cranberries
- Mashed Sweet Potatoes
- Brussel Sprouts
- Lefse and or dinner roll (option)
- Pecan Pie with Ice Cream

Meal of the Month will be Friday, **December 18<sup>th</sup>**

#### Upcoming Events:

Monthly Happy Hour with Musical Entertainment by Paul Martin – December 1<sup>st</sup> at 2:00pm  
Angela's 4<sup>th</sup> Grade Class Visit – December 3<sup>rd</sup> at 1:00pm  
Musical Entertainment with Kent Larson – December 5<sup>th</sup> at 1:30pm  
Girl Scout Troop Cookie Decorating and Hot Chocolate Social – December 6<sup>th</sup> at 1:30pm  
Sundae Social with Musical by Tim Bohnenkamp – December 8<sup>th</sup> at 2:00pm  
Music and Memories with Sue Degallier – December 9<sup>th</sup> at 9:30am  
Monthly Catholic Communion Service with Sister Bridget – December 10<sup>th</sup> at 11:00am  
Monthly Ecumenical Communion Service & Root Beer Float Social – December 10<sup>th</sup> at 1:00pm  
Musical Entertainment with Evelyn, Elinor, and Barb – December 11<sup>th</sup> at 2:00pm  
Pizza Party with Musical Entertainment by Living Stones – December 15<sup>th</sup> at 2:00pm  
Music and Memories with Sue Degallier – December 16<sup>th</sup> at 9:30am  
Jenny's 4<sup>th</sup> Grade Class Visit – December 17<sup>th</sup> at 1:00pm  
Noon Meal of the Month – December 18<sup>th</sup>  
Chastity's 4<sup>th</sup> Grade Class Visit – December 18<sup>th</sup> at 1:00pm  
Musical Entertainment with Triple Nickle – December 19<sup>th</sup> at 1:30pm  
Living Word Church Service – December 20<sup>th</sup> at 1:45pm  
First Day of Winter – December 22<sup>nd</sup>  
Monthly Happy Hour & Musical Entertainment by Steve Lankford – December 22<sup>nd</sup> at 2:00pm  
Resident Council Meeting – December 23<sup>rd</sup> at 1:00pm  
Resident Christmas Party and Gift Opening – December 24<sup>th</sup> at 1:00pm  
Christmas Day – December 25<sup>th</sup>  
Musical Entertainment with Larry Langen – December 26<sup>th</sup> at 2:00pm  
Monthly Birthday Party and Entertainment with Steve Szydel – December 29<sup>th</sup> at 2:00pm  
Life Enrichment Outing to the Rotary Lights in La Crosse – December 30<sup>th</sup> at 6:00pm  
New Year's Eve Party with Musical Entertainment by Laurel Brandt – December 31<sup>st</sup> at 2:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Wednesday, December 23<sup>rd</sup> at 1pm**