

Resident Council Meeting

10/30/2018 @ 1pm

Staff Members Leading:

Ana Hines, Administrator

Tim Britain, Assistant Administrator

Sarah Pedretti, Life Enrichment Coordinator

Phillip Davies, Environmental Services Coordinator

Bobbi Klaver, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, lead the discussion for the Resident Food Council. Tammy began the group by telling a story of her last trip to Perkins. The point of Tammy's story was to reassure the residents that the kitchen here does top notch work and are always following the state regulations for sanitation, food temperatures, and employee training. She told the residents that she does take the food temperatures and that her staff records those temperatures; Tammy wanted the residents to know that she truly does care about their concerns when the food is not cold or hot enough. Tammy also reminded the residents that there are alternatives available if they do not like whatever is offered on the menu for that day. Tammy went on to say that there are some new recipes being added to the menu that she has received from her staff members and that the fall items will be coming such as chicken dumpling soup, roast beef and mashed potatoes, and apple crisp. Tammy reminded the residents that we are coming into the cold and flu season and asked the residents to wash their hands and drink their fluids every time they think of it! A couple of residents asked about getting some Scandinavian foods such as Lefse, Lutefisk, and Swedish Meatballs. Another asked about trying a Peach Upside Down Cake.

Nursing:

Patty Tourtellott, Resident Health Coordinator, came to lead the Nursing Services section of the Resident Council Meeting. The last month's notes were reviewed. Patty informed the residents about new staff coming in on all shifts. She also spoke about new residents coming in

and how our building will be full by next week! Lastly, Patty wanted to remind the residents that the Flu Clinic will be coming soon: October 15th. She also asked that the residents continue to wash their hands often to help prevent any illness.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, lead the discussion during this Resident Council Meeting. Sarah reviewed the activities that had happened during September and got feedback from residents as to whether they had enjoyed those events. Residents were very happy about the last trip taken to Ecker's Apple Farm. Sarah reminded the residents that this is a yearly event and if you were unable to make it on the trip this year, that there is always next year. Sarah also informed the residents that the next trip will not be until the end of December to go see the Rotary Lights in La Crosse. Sarah was happy to inform the residents that the Prairie View Elementary School Fourth Graders would be returning to visit this next month. The residents were very excited to hear this. Sarah also talked about the Annual Fall Festival coming in at the beginning of October. The Fall Festival will have a Chicken Q this year that Tammy and the kitchen crew will be making. She also let them know that there will be music, horse and carriage rides, and a petting zoo. The residents asked if they will need to pay for the chicken dinner; Sarah let them know that they will receive the meal as their supper meal, but their families will need to pay for their meal. She did reassure them that loved ones can eat with them here at the building. Sarah lastly touched on Halloween coming up too and the big Halloween Party with music. The resident did not have anything to bring up at this time.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, was unable to come to the Resident Council Meeting, so Sarah took over in his place. Sarah talked about some discussion about deepening the deep cleans for the housekeepers, but informed the residents that this is still in the beginning stages of discussion. The residents did not have anything that they wanted to bring forward about maintenance or housekeeping.

Other questions/comments/concerns/feedback:

Nothing at this time.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, brought the residents a little snack to try: her sister-in-law's home-grown, homemade salsa. The residents loved it! The group talked about canning a little and their favorite fall foods such as squash, apples, pumpkins, and sweet potatoes. Tammy talked about the menu for Thanksgiving this year and having families join in. She went on to talk about having Thanksgiving leftovers: sandwiches,

casseroles, etc. The residents told Tammy that their favorite types of soup were Tomato, Vegetable, Barley, and a few others. Tammy asked what their favorite desserts were; the residents called out apple pie and crisp, brownies, and cookies. The group talked about different cookies that they liked, chocolate chip, snickerdoodle, peanut butter, sugar, ginger snaps, and oatmeal. Tammy wanted to remind the residents that flu season is approaching and to be careful about washing their hands especially before and even after they eat. She told the residents to continue to drink plenty of fluids such as water and soups. Tammy also asked that the residents cough into the crook of their arms instead of their hands. The group ended with choosing their meal of the month for November which can be found below. Tammy has also soaked the resident's pumpkin seeds that they retrieved from their pumpkin carving in a salt water and will be roasting them soon!

Next Resident Food Council: November 26th at 10:00am

Nursing:

Bobbi Klaver, Resident Health Coordinator, came and spoke with the residents about their concerns. She asked the residents how everything was going with the laundry as our Laundry Aid had recently left. One resident said that he was getting clothes that were not his; Bobbi said that she would take a look to make sure that they were his or were returned to their proper owner. Another resident said that she wasn't getting her clothes back when she needed them. Bobbi said that she would remind the staff to return the clothes in a timely manner. Bobbi did remind the residents that the staff may get behind a little with the laundry as there is not a Laundry Aid at this time; however, our new Laundry Aid will be starting within a few days. The residents said that the staff were doing a good job.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, began by going over the last month's activities. She talked about the trip to the Apple Orchard and the upcoming trip in December going to see the Rotary Lights. Sarah talked about the Fall Festival and Chicken Q and how the building was able to raise over \$900.00 and sold out of chicken! She went on to talk about her new assist who would be starting soon and went over some of the upcoming activities. She informed the residents of the family movie night, November 2nd, the Veteran's Day Celebration, November 11th, and the Sip and Paint Fundraiser, November 12th. The residents didn't have any questions, concerns, or ideas to bring up.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, came to talk with the residents about the big projects going on in his department. Phil said that he had recently patched all of the walls and was about to begin painting. Phil also said that he would soon be pulling out the

fountain from the front pond soon before we begin having hard freezes. Phil ended with reminding the residents that it is getting cold outside now, so be careful going on in the courtyards.

Other questions/comments/concerns/feedback:

Ana Hines and Tim Britain, Administrators, came to the resident council meeting. Tim explained how both he and Ana and a few other workers were out of the building more than normal as they were leaving to help another sister facility. He said that this would be happening for the next few weeks. Tim ended with reminding the residents to wear warm clothing and be safe out on the roads.

Meal of the Month:

Residents have decided on a meal of the month for November:

- **Roast Beef**
- **Mashed Sweet Potatoes**
- **Tossed Green Salad with French Dressing**
- **Warm Wheat Dinner Roll with Butter**
- **Coconut Cream Pie**

Upcoming Events:

Catholic Communion with Sister Bridget – November 1st at 11:00am

Family Movie Night: Still Alice – November 2nd at 6:00pm

Musical Entertainment with Larry Langen – November 3rd at 1:30pm

Daylight Savings – November 4th

Monthly Happy Hour & Music by Hans Mayer and Sue Hauser – November 6th at 2:00pm

Angela's 4th Grade Class Visit – November 7th at 1:50pm

Ecumenical Communion Service with Holmen Lutheran – November 8th at 1:00pm

Veteran's Day Celebration & Music by Tom Walter – November 11th at 1:30pm

Fundraiser for Bluffview: Christmas Sip and Paint – November 12th at 5:30pm

Monthly Pizza Party with Musical Entertainment with Kent Larson – November 13th at 2:00pm

Music and Memories with Shari Sarazin – November 14th at 3:30pm

Mr. Davis' 4th Grade Class Visit – November 16th at 1:50pm

Musical Entertainment with David Brock – November 17th at 1:30pm

Living Word Christian Church Service – November 18th at 2:00pm

Monthly Ice Cream Social with Musical by Steve Lankford – November 20th at 2:00pm

Thanksgiving Day!! – November 22nd

The Good News Sing-a-Long Group – November 23rd at 1:00pm

Musical Entertainment with Tom Baker – November 24th at 1:30pm

Resident Food Council with Tammy – November 26th at 10:00am

Monthly Birthday Party with Music by Gemini Entertainment – November 27th at 2:00pm

Resident Council Meeting – November 30th at 1:00pm

******Activities subject to change*****

Next Meeting: Friday, November 30th at 1:00pm