

## **Resident Council Meeting – RECONCILIATION DUE BY 11/20/2016**

10/28/2016 @ 1pm

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Tammy Francis, Head Chef

Phillip Davies, Environmental Services Coordinator

Patty Tourtellott, Resident Health Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Tammy, Nutritional Services Coordinator, began the food council with asking the residents how they had enjoyed the Harvest Picnic with the sweet corn roast. The residents said that it was “good.” The residents said that they have been liking the menus recently. Tammy informed the residents that for the next couple of weeks, the menus would be more simple or basic as the department works through some staffing changes. As October rounds the corner here and Oktoberfest starts at the end of September, Tammy is looking to have a special German Oktoberfest food sampling: September 30<sup>th</sup> at 1:00pm. Tammy reminded the residents to drink their water as it is extremely helpful for the body’s overall function. The Happy Hours and appetizers were brought up, and Tammy asked if the residents would be up for trying some deep fried pickles. The residents agreed that would be a neat treat to try. Tammy also said that she might try some ham, pickle rolls soon too. Tammy and the residents also chose the next Meal of the Month as is shown below.

### **Nursing:**

Bobbi Klaver, Resident Health Coordinator, came out to discuss with the residents any questions or concerns that they had. The previous notes and discussion topics were read from the last meeting. Bobbi said that the day of the flu shot went very well and that all residents received one who wanted one. The residents were asked if they had any other questions, comments, or concerns, but Bobbi was given no response. Later, the residents did bring up the fact that there has been an improvement in the RCCs making their beds in a timelier manner in the morning.

### Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, informed the residents of all the events coming up in October such as the Oktoberfest Royal Family, Ecker's Apple Orchard Outing, the Fall Festival, and the Halloween Party. The residents were also introduced to Kristin the new Life Enrichment Assistant. Kristin introduced herself and told the residents a little bit about herself. Sarah then went on to ask the residents if there was anything that they have been wanting to see on the schedule that we haven't had recently, or if there was anything new someone wanted to try. The residents said that they were satisfied. Sarah also asked the residents if there was anything that they were not liking, but none of them responded.

### Environmental Services:

Sarah filled in for Phillip due to him having a day off. Sarah reviewed the notes from the last meeting, and asked the residents how everything was going for housekeeping. The residents said that they have been pleased with everything and had seen an improvement recently. Sarah asked if any of the residents had any maintenance concerns. The residents were wondering what they needed to do to get ahold of Phil if they did have something come up. Sarah explained that if they need anything from maintenance to just find a worker with a name tag on, and they can assist with anything or call Phil to come and help. The residents had no other questions or issues to bring up.

### Other questions/comments/concerns/feedback:

None.

## **NEW BUSINESS**

### Nutritional Services:

***Tammy, Nutritional Services Coordinator, began the meeting talking about the changes that are taking place in the menus with the slow change from summer to fall foods. Tammy talked about having more "stick to your ribs" meals. She also checked to make sure that the residents thought that their food was warm enough and cold enough when served. The residents had no complaints. Tammy brought up a few staffing concerns in the kitchen and how she has been trying to hire more people. Tammy also brought up a new idea for kitchen and Life Enrichment to share: having residents order from a fast food restaurant, pick up the food, and serving it for the residents. The residents were interested in this idea. The resident also let Tammy know that they were happy with the good variety of foods they have seen. Tammy let the residents know that the beef prices have been very high recently, so there has not been as much beef seen on the menu. Tammy talked about some of the food that she has put on the menu: Fried Shrimp, Chicken A 'la King, Hearty Beef Stew over a Pastry, Roast Turkey and Pumpkin Pie, Biscuits and Gravy, Cheese Burger Casserole, Shredded BBQ***

***Chicken. Tammy talked about how the kitchen has been “playing” with pumpkin and making new and different items such as pumpkin whip. Tammy was looking for ideas of how to use apples. These are some that were brainstormed: Waldorf Salad, Apple Snicker Salad. Tammy asked what types of soup the residents enjoyed; they said, bean soup, potato soup, chili, beef stew. Tammy also brought up having hominy and ochre. Tammy had an idea of serving some venison to the residents or having a little taste of November Hunting activity. Tammy and Sarah will be looking into this. Tammy ended the meeting with reminding the residents to drink more water! The residents had no questions, comments, or concerns.***

***Next Resident Food Council: November 1<sup>st</sup> at 10:00am***

### **Nursing:**

***Patty, Resident Health Coordinator, came to discuss meeting notes with the residents. Residents were reminded that we are heading into the flu and cold season. Patty explained the process of if someone were to contract the flu such as trying to keep resident in his or her apartment, setting up an infection control kit that includes hand sanitizer, gloves, gowns, masks, and other such items. Patty told the residents that these kits would be set up outside of the infected resident’s apartment. Patty reminded the residents that if they are feeling unwell, to please inform a staff member so that they can assist and keep vitals on them. One resident asked if a new podiatry company would be coming in; Patty said, “yes,” and that they are working on that. Patty asked the residents if they are getting the help they need in the morning when they wake up and in the evening when they are ready to go to bed. Residents also told Patty that their showers have been going well. The residents had no questions, comments, or concerns.***

### **Life Enrichment:**

***Sarah reviewed some of the big activities that the residents had this last month and then informed them of the new activities coming up for November. Sarah let the residents know that she is still trying to hire a new assistant as the last assistant did not work out. She let the residents know that she has been conducting interviews. The residents asked what she is looking for in an applicant, and Sarah said, creativity and innovation are two of the main qualities that she looks for. One resident said that he would be interested in applying for the position. Due to this resident’s dementia he would be unable to complete many of the job tasks; however, Sarah told resident that she could get him an application. The residents told Sarah that they have been happy with the activities and wouldn’t change anything. It was brought up that sometimes the weekends seem to be “uneventful;” Sarah asked if this happened when there was no one from the Life Enrichment Department in house. The residents said, “yes, it was when there is no Life Enrichment Staff.” Sarah once again explained the situation about the staffing. Sarah asked if there were any activities or outings***

*that the residents would like to see; one resident brought up the Rotary Lights down at Riverside Park. Sarah told the residents that she is planning that trip again for this year.*

**Environmental Services:**

*Phillip Davies, Environmental Services Coordinator, came to discuss the meeting notes with the residents. Phillip explained how his department was getting ready for winter with the blowing out of the underground sprinkler system and the upcoming removal of the pond fountain. Phillip explained that he would be limping around for a little while due to his knee surgery, but that he expects himself to heal quickly. The residents were asked how everything was with housekeeping and maintenance; they had nothing to say.*

**Other questions/comments/concerns/feedback:**

*None.*

**Meal of the Month:**

Residents have decided on a meal of the month for October:

- **Pork Chop**
- **Apple Bread Stuffing**
- **Squash**
- **Homemade Dinner Roll**
- **Homemade Chocolate Chip Cookie**

Meal of the Month will be Friday, **October 28<sup>th</sup>**

**Upcoming Events:**

Resident Food Council with Tammy – November 1<sup>st</sup> at 10:00am

Monthly Happy Hour & Musical Entertainment with Living Stones – November 1<sup>st</sup> at 2:00pm

Music and Memories with Sue Degallier – November 2<sup>nd</sup> at 9:30am

Angela's 4<sup>th</sup> Grade Class Visit – November 2<sup>nd</sup> at 1:30pm

Pet Therapy with Mary and Daisy – November 2<sup>nd</sup> at 3:00pm

Ecumenical Communion Service & Root Beer Float Social – November 3<sup>rd</sup> at 1:00pm

Musical Entertainment with Gemini Entertainment – November 5<sup>th</sup> at 1:30pm

Monthly Sundae Social & Musical Entertainment by Regina Chihak – November 8<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – November 9<sup>th</sup> at 9:30am

Chastity's 4<sup>th</sup> Grade Class Visit – November 10<sup>th</sup> at 1:30pm

Musical Entertainment with Loren Wolfe – November 10<sup>th</sup> at 6:00pm

Veteran's Day Celebration with Paul Martin – November 11<sup>th</sup> at 2:00pm

Monthly Pizza Party & Musical Entertainment by Larry Langen – November 15<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – November 16<sup>th</sup> at 9:30am

Pet Therapy with Mary and Daisy – November 16<sup>th</sup> at 3:00pm

Jenny's 4<sup>th</sup> Grade Class Visit – November 17<sup>th</sup> at 1:30pm

Musical Entertainment with The Oatmeal Band – November 19<sup>th</sup> at 1:30pm

Living Word Church Service – November 20<sup>th</sup> at 2:00pm

Monthly Happy Hour & Musical Entertainment with Kent Larson – November 22<sup>nd</sup> at 2:00pm

Resident Council Meeting – November 23<sup>rd</sup> at 1:00pm

**Happy Thanksgiving!! – November 24<sup>th</sup>**

Musical Entertainment with Tom Baker – November 26<sup>th</sup> at 1:30am

Monthly Birthday Party and Entertainment with Steve Lankford – November 29<sup>th</sup> at 2:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Wednesday, November 2nd at 1pm**