

## **Resident Council Meeting**

12/27/2017 @ 1pm

### **Staff Members Leading:**

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Phillip Davies, Environmental Services Coordinator

Bobbi Klaver, Resident Health Coordinator

### **What is resident council?**

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

## **OLD BUSINESS (FROM LAST MONTH)**

### **Nutritional Services:**

Merry Christmas Everyone! Tammy Atkinson, Nutritional Services Coordinator, began the council meeting by discussing the Christmas meal and the families that were able to join us here at the facility; everyone Tammy talked with said that the food was wonderful. Tammy explained that she would not be serving a special meal on New Year's Day, but would be having Hot Beef and au jus dip for New Year's Eve Day. She also asked the residents if they would like smoked oysters for the party that day; they said, "YES!" The residents informed Tammy that the Cranberry Relish with Orange flavor was not their favorite. They also had a few different ideas about the quality of the food as some were very satisfied while others were not so much so. Tammy went into a little informative session about Proper Nutrition and Fluids during the Cold and Flu Months. Tammy pressed the importance of drinking lots of fluids and eating a very nutritional diet. The group had a small reminiscing about what Mom used to make for us when we were sick: bourbon or brandy in a hot toddy; 7-Up and crackers; chicken noodle soup; Vicks. Tammy also enforced getting Vitamin C and Zinc in the diet during this season. She also spoke at length about the importance of washing hands. Tammy transitioned into talking about Ice Fishing; she told a couple of stories and the residents shared their favorite fish to catch. Tammy said that they might even have an Activity about flaying fish! The residents also chose the Meal of the Month for January which you can find below. The last little discussion the group had was about January's Around the World in a Week and the different dishes from the different countries that the residents can look forward to.

### Nursing:

Residents were informed that Patty would be returning back from her maternity leave on January 8<sup>th</sup>. Residents were also sadly informed that Amanda our assistance administrator would not be coming back due to family issues. Residents were also informed that Alea's due date is January 15<sup>th</sup> but that the doctors believe that she will be delivering sooner. Molly Carhart, Resident Health Coordinator, came and spoke with the residents about new admissions and returning residents coming into the facility soon. Molly also reminded the residents to make sure that they are washing their hands during the cold and flu season. Molly also asked the residents to make sure to inform a worker if they are not feeling well so that staff are informed and can keep an eye on her.

### Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the last month's notes and different activities. Sarah talked about different movies that the residents want to watch for their Friday Night Movie Nights. The residents said that they would like to watch Grumpy Old Men, Little Women, Gone with the Wind, and Westerns. Sarah asked the residents if they would like to have any other activities on the calendar; they did not have anything to suggest. The residents did ask about the Rotary Lights Outing which Sarah was able to explain and ask residents who would like to go.

### Environmental Services:

Phillip Davies, Environmental Services Coordinator, came to speak to the residents about being safe outside now that it is cold, snowy, and icy. Phil also informed the residents that some of the p-tac units would be fixed soon. Phil was excited to inform the residents of the new position in his department: Laundry Aid.

### Other questions/comments/concerns/feedback:

None at this time.

## **NEW BUSINESS**

### Nutritional Services:

***Tammy Atkinson, Nutritional Services Coordinator, lead the discussion with the residents beginning with asking how the food has been and if it has been hot enough. The residents said that the food is good and that they didn't have any complaints, but one resident said that she has noticed that the food has sometimes not been hot enough during lunch time, such as the vegetables. Tammy thanked the residents, and told them that she wants to know these issues as there are many new staff members in the kitchen who are still learning. Tammy referenced the upcoming Winter Fest that the facility is holding February 10<sup>th</sup> and***

*informed the residents that the kitchen would be serving soup and setting up a Hot Chocolate Bar. Tammy led them into a little forum about favorite soups; this is what they came up with: Vegetable Beef, Chicken Noodle, Chili, Potato, Cream of Wild Rice Chicken. Tammy also asked the residents if they thought she should serve little sandwiches too; some said "yes" and some "no." Tammy then started a discussion about casseroles such as beef stew, goulash, broccoli turkey rice, cheese burger, and tater-tot. Tammy asked the residents how they were liking their breakfasts, and one resident quickly asked to have pancakes on the menu. Everyone said that they enjoyed the breakfast sandwiches and eggs and meat. Tammy finished the meeting with reminding the residents of the importance of drinking their water as it is so dry and causes dry skin during this season. Tammy also informed them that water is good for flushing their systems. The residents did choose the meal that they would like for Valentine's Day which can be seen below.*

*Next Resident Food Council: February 20<sup>th</sup> at 10:00am*

#### **Nursing:**

*Bobbi Klaver, Resident Health Coordinator, joined the discussion and informed the residents about the new Bath Aids that would soon start. These bath aids would take control of all baths throughout the week. One resident care coordinator who will be taking one of the bath aid positions walked passed at this time and was able to introduce herself. It was also discussed that Patty Tourtellott was back after her maternity leave and that Alea had now had her little baby girl and both are very healthy. The residents did not have any questions or concerns to bring forward at this time.*

#### **Life Enrichment:**

*Sarah Pedretti, Life Enrichment Coordinator, began her sections by reminding the residents of some topics talked about last month. A discussion began about the movie nights; the residents said that they are liking the Friday Movie Nights. One resident said that he had not liked the last movie, but when told this week's movie, he was happy. The residents did not have any movie suggestions at this time. Sarah informed the residents of the upcoming events for February and went into detail about the Winter Fest, Mardi Gras and Valentine's Day Masquerade with the crowning of the 2018 Sweetheart King and Queen, and the Spaghetti Dinner Fundraiser. Sarah brought up the next community trip in March which will hopefully be to the La Crosse Community Theater. One resident suggested having a game room for everyone which would hold a pool table and a foosball table. Sarah said that she would discuss the suggestion with the management team.*

### Environmental Services:

*Phillip Davies, Environmental Services Coordinator, came to speak with the residents. Phil informed the residents that the new laundry aid, Susan, was out sick for the week, and he was not sure when she would return due to her intensive condition. Phil said that the PTAC units which were out of order have been serviced. The residents said that they were all pleased with Phillip's department. Two residents brought up that they had other resident's clothing in their apartments. Phil said that soon the laundry aid would be marking all of the residents' clothing with a professional marker which will decrease or even eliminate this problem of clothing in the wrong places.*

### Other questions/comments/concerns/feedback:

*None.*

### Meal of the Month:

Residents have decided on a meal of the month for Valentine's Day:

- **Chicken Cordon Bleu**
- **Au gratin Potatoes**
- **Seasoned Asparagus**
- **Buttermilk Biscuit**
- **German Chocolate Cake with Whipped Cream and a Cherry on top**

### Upcoming Events:

Catholic Communion with Sister Bridget – February 1<sup>st</sup> at 1:00pm

**Groundhog Day – February 2<sup>nd</sup> “Will we have an early spring or a late winter??”**

Musical Entertainment with Steve Lankford – February 3<sup>rd</sup> at 1:30pm

Monthly Happy Hour with Music by Larry Langen – February 6<sup>th</sup> at 2:00pm

Angela's 4<sup>th</sup> Grade Class Visit – February 7<sup>th</sup> at 1:50pm

Musical Entertainment with Shari Sarazin – February 9<sup>th</sup> at 10:00am

**Bluffview Memory Care's 1<sup>st</sup> Annual Winter FEST -- February 10<sup>th</sup> from 11:00am-3:00pm**

**Lincoln's Birthday Party – February 12<sup>th</sup>**

**Mardi Gras – February 13<sup>th</sup>**

**Mardi Gras and Valentine's Day Masquerade with Gemini Entertainment with Our 2018**

**Crowning of our Sweetheart King and Queen – February 13<sup>th</sup> at 2:00pm**

**Valentine's Day and Ash Wednesday – February 14<sup>th</sup>**

Music and Memories with Sue Degallier – February 14<sup>th</sup> at 9:30am

Ecumenical Ash Wednesday Communion Service – February 14<sup>th</sup> at 1:00pm

Casey's 4<sup>th</sup> Grade Class Visit – February 16<sup>th</sup> at 1:50pm

Musical Entertainment with Paul Martin – February 17<sup>th</sup> at 1:30pm

Living Word Church Christmas Service – February 18<sup>th</sup> at 2:00pm

**President's Day – February 19<sup>th</sup>**

Resident Food Council with Tammy – February 20<sup>th</sup> at 10:00am

Monthly Ice Cream Social with Music by Kent Larson – February 20<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – February 21<sup>st</sup> at 9:30am

**Family Meeting and Spaghetti Dinner Fundraiser – February 21<sup>st</sup> at 5:30pm**

Resident Council Meeting – February 23<sup>rd</sup> at 1:00pm

Musical Entertainment with Tom Baker – February 24<sup>th</sup> at 1:30pm

Monthly Birthday Party with Musical Entertainment by Hans and Sue – February 27<sup>th</sup> at 2:00pm

***\*\*\*Activities subject to change\*\****

**Next Meeting: Friday, February 23<sup>rd</sup> at 1pm**