

Resident Council Meeting

1/31/2019 @ 1:10pm

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Patty Tourtellott, Resident Health Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Shane Hoffman, Life Enrichment Assistant

Peter Davies, Environmental Services Interim-Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

OLD BUSINESS (FROM LAST MONTH)

Nutritional Services:

“Happy Holidays!” Tammy talked about the wonderful Christmas meal that was served on the 25th. It was wonderful having so many families come in to join their loved ones. Tammy told the residents what to expect for the New Year’s Meal; she said it won’t be like Thanksgiving or Christmas, but families are always welcomed to join. Tammy said that the New Year’s Eve meal would be a nicely put together cold plate of deviled eggs, cheese, crackers, fruit, sausage, pickled heron and more. The residents told Tammy that the food has been wonderful. One resident informed Tammy that the vegetables did still seem to be cold when served. Tammy greatly appreciated this resident’s input and is going to check that the vegetables are be cooked properly and that the steam tables are working properly. Tammy encouraged the residents to tell staff if they are not pleased with something as they receive it or if they are not comfortable telling the staff at that time to ask for Tammy specifically. Tammy went on to talk about a few new menu items such as fried ravioli, sliced beef sandwiches with liquid cheese, and a new kind of fish, Pollak. Tammy also informed the residents about a couple of changes that she is going to be implementing in the New Year. One thing that Tammy is excited about is fortifying foods such as Hot Chocolate and Mashed Potatoes. Flu Season has officially started with hospitals getting their first influxes, so Tammy reminded the residents to make sure that they are washing their hands and drinking a lot of fluids. The residents were told that they can ask anyone for a glass of water! Something for the residents to look forward to is our annual Around the World in a Week! There will be many different countries represented, and the kitchen will be providing fun meals throughout. Due to this fun celebration, the meal of the

month will not be chosen for January; the residents will wait until February to choose their meal. One resident at the end of the discussion asked for flavored oatmeal packets which Tammy took note of and for a Happy Hour with Grasshoppers which Sarah took note of for the next one.

Nursing:

Alea Peterson, Resident Health Coordinator, came to help facilitate her department for the residents. The last month's notes were reviewed. Alea wished everyone a Merry Christmas and a Happy New Year. Alea said that audiology was here today which means that all the different sections of Healthdrive have come this month. Healthdrive will be back in another three to six months. The residents did not have any questions or concerns to bring forward at this time.

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, reviewed the discussion from last month. Sarah also discussed the different events that had taken place this month such as the Blue Christmas Gathering, the Silent Disco with News 19 coming, the Family Christmas Gathering. Sarah also talked about the Rotary Lights Trip and New Year's Eve still coming up. The resident did not have any questions at this time, so Sarah went on to inform the residents of the new events coming up in January. Sarah talked about the last full week of January being the Around the World in a Week Celebration; she talked a little about the different countries that would be talked about and the different events. The residents did not have any suggestions for activities at this time.

Environmental Services:

Phillip Davies, Environmental Services Coordinator, was unable to attend; Sarah stood in his place. Sarah reviewed the notes from last month. Sarah talked a little about how the department was looking for a new laundry aid as the position has recently become open. Sarah did not know of any other topics to bring forward at this time, and the residents did not have any questions or concerns.

Other questions/comments/concerns/feedback:

Ana Hines and Tim Britain came to wish the residents a Merry Christmas and a Happy New Year. Tim also informed the residents of their vision to provide a great environment for the residents in every respect. The residents had no questions or concerns to bring forward at this time.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator, lead the discussion for the Food Council. Tammy asked the residents how they thought the food was and if it was hot enough. The residents said that everything was good and assured Tammy that the food has been hot enough. Tammy talked about the past week as it was the Around the World in a Week Celebration; she talked about a few of the different meals and desserts. Tammy also told the residents about a new kind of soup coming up on the menu: Reuben Soup. Tammy asked the residents what kinds of foods they would like to see on the menu; here is the list they gave: Tuna Salad, Lemon Meringue Pie, Chocolate Chip Cookies, Apple Waldorf Salads, Brownies, Bologna Salad, Grilled Cheese, Beef and Onion Salad Sandwiches, German Potato Salad, Hard Boiled Eggs, Carrots, Corn, Brussel Sprouts, Peas, Salmon Loaf, Chicken Delight. Tammy thanked the residents for their input and ended the meeting with her usual: Drink Your Water and Wash Your Hands!

Next Resident Food Council: February 25th at 10:00am

Nursing:

Patty Tourtellott, Resident Health Coordinator joined the residents for the council meeting. The notes from the previous month were read. Patty informed the residents that Healthdrive would back in February. Dental will be in house February 4th; Optometry will be in house February 19th and Podiatry will be in the next day. Patty also informed the residents that there are a lot of new staff, and asked the residents if there were any concerns to bring forward. The residents did not have any concerns at this time.

Life Enrichment:

Shane Hoffman, Life Enrichment Assistant, stood in for Sarah Pedretti, Life Enrichment Coordinator this month. Shane reviewed the notes from the previous month. Shane also talked about the upcoming events for February. It was also mentioned that they were hoping to take a few residents to see the performance of "Newsies" in May. This led to a discussion about what other outings the residents would like to go on. One resident piped up right away and said that he really wanted to go to the Apple Farm again in the fall. This resident was assured that this is a standing trip and that family is always welcome to join! Residents were also asked about going on the La Crosse Queen; they were very enthusiastic when this was brought up. One resident also wanted to remind everyone where the calendars were located; Shane informed everyone that if they would desire a weekly calendar and/or menu, they are located at the front desk. The residents had no other questions or suggestions.

Environmental Services:

Shane Hoffman, Life Enrichment Assistant stood in for Phillip Davies, Environmental Services Coordinator. Shane reviewed the previous month's notes and began the discussion with the terribly cold temperatures outside. Shane informed the residents that the past two days have been in the extreme lows such as -30°F without windchill. Due to this, Shane asked that the residents refrain from even thinking about going outside. One resident asked what the weather looked like for the next few days. Shane let them know that there is hope in the future as the projection for Saturday is a high of almost 40°F. Peter Davies, Environmental Services Interim-Coordinator stopped by and was informed by one resident that his heater did not seem to be working properly; Peter said that he would take a look at that right away. The residents had no other questions or concerns to bring forward.

Other questions/comments/concerns/feedback:

One resident requested that there be an agenda passed out before the meeting. This will be looked at for future meetings.

Upcoming Events:

Groundhog Day! – February 2nd

Musical Entertainment with Larry Langen – February 2nd at 1:30pm

Super Bowl LIII Party – February 3rd at 5:30pm

Musical Entertainment with Shari Sarazin – February 4th at 3:00pm

Chinese New Year Celebration with Gemini Entertainment – February 5th at 2:00pm

Music and Memories – February 6th at 9:30am

Angela's 4th Grade Class Visit – February 6th at 1:55pm

Catholic Communion with Sister Bridget – February 7th at 11:00am

Monthly Happy Hour with Music by Kent Larson – February 12th at 2:00pm

Happy Valentine's Day!! – February 14th

Valentine's Day Celebration and Crowning of our 2019 Sweetheart King and Queen – February 14th at 2:00pm

Musical Entertainment with Young Students – February 15th at 10:00am

Mrs. Casey's 4th Grade Class Visit – February 15th at 1:55pm

Living Word Church Service – February 17th at 2:00pm

President's Day – February 18th

Ice Cream Social with Musical Entertainment by The Living Stones – February 19th at 2:00pm

Music and Memories – February 20th at 9:30am

Ecumenical Communion Service – February 21st at 1:00pm

The Good News Sing-a-Long Group – February 22nd at 1:00pm

Musical Entertainment with Tom Baker – February 23rd at 1:30pm

Resident Food Council Meeting – February 25th at 10:00am

Monthly Birthday Party with Music by Hans and Sue – February 26th at 2:00pm

Music and Memories – February 27th at 9:30am

Resident Council Meeting – February 28th at 1:10pm

******Activities subject to change*****

Next Meeting: Thursday, February 28th at 1:10pm