

# Bluffview Memory Care

OFFICIAL NEWSLETTER FOR FAMILIES & FRIENDS  
VOL. 8 ISSUE 4



## A Special Note from the Administration Office

Ana Hines, Administrator

As fast as this summer has come, it's hard to believe that it is almost over! Through the summer, we have had some wonderful things happening at Bluffview including a new addition to our team, our Assistant Administrator Robert McInnes. Many of you have already had the opportunity to meet him, but if you have not, please feel free to stop in the office anytime to say hello.

Come this September, I will be off for approximately 10 weeks for maternity leave as my husband and I welcome our third baby girl! I am confident in Robert and the team to be able to assist you during my absence. If there is anything, I can do to be of assistance prior to this, please do not hesitate to reach out.

Another exciting addition that we will be welcoming to the team is a Compliance Nurse. The role of the Compliance Nurse will be to fine tune the services we offer, increase our staff education and training, and work with our rounding providers to improve quality of care.

Thank you to all of the family and friends for entrusting us with your loved one.

# Department News

## WHAT'S COOKING IN THE KITCHEN

*Tammy Atkinson, Nutritional  
Services Coordinator*



The summer is in full swing, and so are we in the Kitchen. We have a new Head Cook in the kitchen. Her name is Cora. Cora comes to us with a background in institutional cooking and baking. You will find some new menu items being served from entrée's to salads and even desserts.

The Country Fest was a success, and the cream can dinner went off without a hitch. We hope everyone who attended enjoyed themselves.

Reminder to families and loved ones: you are always welcome to dine with us; we always have room.

Hope all are enjoying their summer,

## HOW ABOUT THAT ENVIRONMENT

*Phillip Davies, Environmental  
Services Coordinator*

Summer is well and truly here, and it's been very warm recently. Please be careful with your loved ones if you take them out in the sun.

Can I remind family members that we are a non-smoking facility and to extinguish all cigarettes before entering the building? There is a receptacle outside the front door to facilitate this. Please do not throw your cigarette ends or discard your cigarette ash down on the ground.

Please also remember to sign in when you enter the facility. Staff are not always aware of who enters and are therefore unaware of visitor numbers if an emergency should occur. In the event of a fire alarm for example, accurate knowledge of who is in the building is vital. For the same reason please sign out when you leave and be sure to sign residents out and back in if they go out with you for a time.

## DID YOU SAY *Bobbi Klaver, Resident Health Coordinator*

We have many residents who have had changes in their weight over the past few months. Please ensure that your loved one has properly fitted clothing. Also, when you bring in new clothing, we ask that it be labeled with your loved one's initials. We have permanent markers at the facility for laundry. Please check with a staff member if this is needed.



# Life Enrichment

*"Deep summer is when laziness finds respectability."  
– Sam Keen*

I love this quote! So often as Americans, we think of laziness as something dreadful, but sometimes, it's actually very important to life. Especially on those hot summer days.

Although, laziness can be good, we are still having a packed full summer schedule for everyone.

The 4th of July was truly a blast with fireworks exploding and water balloons bursting. We even had a bonfire and went out on the river! It was such a relaxing time on the Mississippi River; we rode on the La Crosse Queen for a fun Pizza Cruise. Now we are getting ready for August, our Walk Down Memory Lane Alzheimer's Walk, National Assisted Living Week, and the La Crosse Alzheimer's Walk.

## AUGUST EVENTS

- Catholic Communion -- August 1st @ 11:00am
- Music with Gemini Entertainment -- August 3rd @ 1:30pm
- Musical Entertainment with Shari Sarazin -- August 5th @ 3:00pm
- Ice Cream Social & Music with Sweet Notes Musical Group -- August 7th @ 2:00pm
- Ecumenical Communion Service -- August 8th @ 1:00pm
- Bluffview Volunteer BINGO -- August 11th at 2:00pm
- Party and Music with Kent Larson -- August 13th @ 2:00pm
- Music and Memories with Sue -- August 14th @ 9:30am
- Musical Entertainment with Larry Langen -- August 17th @ 1:30pm
- Living Word Christian Church -- August 18th @ 2:00pm
- Monthly Happy Hour & Music with The Living Stones -- August 20th @ 2:00pm
- Music and Memories with Sue -- August 21st @ 9:30am
- Bluffview Bonfire -- August 21st @ 6:00pm
- Resident Food Council -- August 23rd @ 10:00am
- Resident Council Meeting -- August 23rd @ 1:10pm
- Music with Tom Baker -- August 24th @ 1:00pm
- Birthday Party & Music with Hans and Sue -- August 27th @ 2:00pm
- Musical Entertainment with Steve Lankford -- August 31st @ 1:30pm

August 12-16  
**Giant Board Game Week!!!**

A Walk Down Memory Lane --  
September 8th @ 1:30pm

September 9-13  
**National Assisted Living Week**  
**"A Spark of Creativity"**

# Resident Birthdays

## JULY

Rosemarie Herlitzke -- July 10th  
Mary Brown -- July 12th  
Della Ward -- July 18th

## AUGUST

Edna Geunther -- August 1st  
Chet Knapton -- August 11th  
Mary Simerson -- August 15th  
Jean Cooper -- August 17th  
Eldrid Kolve -- August 17th  
Julie Dritlein -- August 21st  
Donald Houlihan -- August 23rd  
Rick Hauser -- August 24th

# Remembering Those Passed

JANE KOWAL -- JUNE 28TH  
HAROLD JOHNSON -- JULY 26TH



4th of July Water Balloon Fight!

## REMINDERS FROM ANGELA

Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one. Please contact the staff with any appointments or outings planned for your loved ones. This will help ensure your loved one is up and ready to go. We will also ensure that any medications are then prepared to go with you if required.

We do have a Suggestion Box. It is located in the Reception area on the wall just above where the menus and activity calendars. Feel free to place any suggestions, comments, etc. in the box. This is checked regularly by the Customer Service Representative, and is also a place where you can deposit your monthly checks if you are unable to come during business hours..

## WELCOME NEW STAFF

Cassiday Christianson -- Nutritional Services  
Cora Braun -- Nutritional Services  
Logan Conroy -- Nutritional Services  
Brynn Beers -- Nutritional Services  
Cortney Kosiak -- RCC  
Naly Lor -- RCC  
Andrina McNamer -- RCC  
Robert McInnes -- Assistant Administrator  
Jasmine Storandt -- Housekeeping

Bonfire!!



La Crosse Queen Pizza Cruise!

