

October & November

bluffview newsletter

*here's what's
exciting & new*



From Administration

We sure had a great summer here at Bluffview! With family visits opening back up, musicians coming back into our community, various operational/environmental improvements, and beautiful weather for some much-needed outdoor time, we can certainly count this last summer as a time of rest and growth for the community. Within our walls, we have done our best to isolate our mindsets and attitudes from some of the turmoil and instability that the events from the past year have brought upon our world. This being said, the team at Bluffview is keeping a watchful and vigilant eye on the developing strains of the COVID-19 pandemic, the current industry-wide labor shortages in Long-Term Care, and the increasing needs of our resident base and community for memory care services. We work to provide a strong homelike feel and excellent care for our residents, and we are mindful of the balance that needs to be played when serving all those who live, work, and play in our community. In your visits, please don't hesitate to bring up anything you notice that is throwing off the balance of the community. As valued members of our care team, your involvement in daily operations and Quality-Improvement initiatives is critical. This cannot be overemphasized. With this, we also value positive feedback for our caregivers who find themselves working to provide care in an often societally thankless

and delicate occupation. It cannot be understated how much our caregivers provide for the community as a whole, and showing appreciation through written and spoken words for their tireless efforts builds tremendously on the personally rewarding aspect of the work. I am reachable by phone (609-526-586) and by email (rmcinn@bluffviewmemorycare.com). Our community vision of Bluffview is a place where residents' basic human needs are not only met, but this chapter of their life is filled with social, mental, physical, spiritual, and emotional fulfillment. Thank you for being an active part of that chapter, and thank you for sharing your loved ones with us.

Administrator

Robert McInnes

Welcome
to
our new
hires

Resident Care Coordinators:

Jordan Chapman (Medication Administrator)
Becky Snodgrass (Medication Administrator)
Mackenzie Huis (Medication Administrator)
Rebecca Sanders
Ernest Smith
Mykeila Quiahua

Environmental Services:

Kelsey Smabe

Life Enrichment:

Sheila Campos
Zac Mumm (Clinical Rotation Student)
Whitney Salamone (Clinical Rotation Student)
Emma Forsthoffer (Clinical Rotation Student)
Taylor Cichy (Clinical Rotation Student)

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From the Front Desk

Hello everyone!

I am Alexis Withuski. I recently graduated from University of Wisconsin-La Crosse with a degree in Psychology and Criminal Justice, and I just started at Bluffview as your new customer service representative. I am really enjoying my first few weeks here and am super excited to be here! I have never had a job working in memory care, but I have learned a lot about it already and cannot wait to learn even more! One of my favorite things about working here at Bluffview is interacting with many of the residents on the daily. They sure keep my day interesting and fun! I cannot wait to see what more is in store for me at Bluffview. Please reach out to me if you have any questions for me or would just like to introduce yourself; I would LOVE that, and cannot wait to meet all of you!

My email is awithuski@bluffviewmemorycare.com
Thanks!

Receptionist

Alexis Withuski

Environmental Services

Over the past year the Environmental Services department has gone through many changes which have been communicated in prior newsletters. The goal was to create a department that can consistently provide a safe and clean environment for our residents. With another winter season fast approaching and another winter with COVID, I want to give you a snapshot of how the department is functioning in order to achieve our goal.

Each resident room is serviced weekly for cleaning by following a written procedure to ensure consistency with each cleaning. We've dedicated Fridays as our day to go through each room and freshen things up prior to beginning a new cleaning rotation which begin on Mondays. In addition to the weekly cleaning each resident room is treated monthly using UV light technology and the restroom is disinfected daily. Carpeting is cleaned quarterly using hot water extraction and restrooms floors are also serviced quarterly for a deep cleaning using a hard floor scrubber. Weekly laundry audits are done for each resident, and we make sure the dresser and closet are in good order making sure to communicate any clothing needs with POA's. At the end of September, we started inspecting and flipping/rotating mattresses; this is now also scheduled as a quarterly task.

Public areas have also seen increased levels of daily and quarterly tasks. All touchpoints and public restrooms throughout are cleaned and disinfected multiple times during the day. Corridor walls are spot cleaned weekly and disinfected quarterly. Our daily AM laundry services continue and are running smoothly. We are also actively searching for the right employee to fill a PM Environmental Services position that will continue with laundry, cleaning, and disinfecting into the evening hours. Our seasonal work continues as well, we've recently started another round of interior glass cleaning and exterior glass will follow. We have scheduled to have the duct work professionally cleaned throughout the building; when the duct cleaning is complete, we plan to have air purifier systems installed. Tree and shrub trimming are another 'to do' on the list prior to the cold setting in. These changes were made possible by having the backing and foresight of Administration and the tangible improvements were made possible by having outstanding staff. I'm thankful and appreciate each of them.

Feel free to reach out if you have any questions.

Environmental Services Coordinators

Ryan Ray

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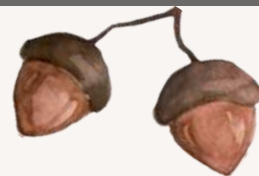
Nursing Services

Happy Fall from the nursing department! The colors and temperatures are quickly changing to fall weather. With the cooler weather coming, please go through your loved ones' clothing when you come to visit to ensure that your loved one has fall/winter appropriate clothing.

As a reminder with COVID still prevalent and flu season coming, if you are not feeling well, please do not come to the facility to visit your loved one. When you are here at the facility, please remain in your loved ones' room for the visit. We are still not allowing visitors in public areas around the facility. If the weather is nice, you and your loved one can visit in the courtyard maintaining social distancing. We do require that all visitors wear a disposable face mask, take their temperature, and complete the COVID Symptom Screening form in the front entry before entering the facility.

We will be having our annual Influenza vaccination clinic here at the facility coming up Wednesday, October 27th. Please watch your email for the Influenza authorization form. This is required to be returned with your signature, before your loved one to receive the Influenza vaccine.

Resident Health Coordinator



Bobbi Klaver

Be safe this fall,



Nutritional Services Coordinator

Tammy Atkinson



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What's Cookin' in the Kitchen?

Kitchen just keeps cooking along with some exciting things:

#1 We are currently in the process of changing food vendors and being able to utilize more of a local company. These folks will be able to meet our needs in a variety of ways to better serve the residents here at BMC and our other three facilities.

#2 Fall menus are being implemented with some new menu ideas, as well as old classics such as chili, casseroles, and favorite hot sandwiches and sides.

#3 I would like to announce my 6-year anniversary! Boy a lot has changed since I first walked through the doors of Bluffview. I am proud to work for such a company and great co-workers and staff. It is wonderful to watch and continue to grow with you!

HAPPY
*Birth*day

October 2nd: Ken

October 2nd: Jim T.

October 12th: CJ

October 16th; Jean

October 22nd: Beth

November 23rd: Brad

November 29th: Rosella

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Life Enrichment

Warm air swirls with the crisp cool of fall-ing leaves furling fresh cut apples and cinnamon." ~Sarah Pedretti

"Autumn always gets me in the spirit of poetry! The colors call out to me and fill my heart with a joy that warms me from the inside out. I love every aspect of Autumn: the smells, the sights, the tastes, the activities, the excitement. We have gotten out our Autumn decorations and have started getting into the spirit of autumn with apple pie tastings, Oktoberfest fun, and reminiscings of canning and pickling. I am also excited to share that we have partnered with the University of La Crosse Therapeutic Recreation Department, and we have recently welcomed five students into the Life Enrichment Department. I will be teaching them the different aspects of working within the department to help them gain valuable experience they will need for their upcoming internships.

Life Enrichment Coordinator

Sarah Pedretti