

JANUARY & FEBRUARY | VOLUME 9

# BLUFFVIEW BULLETIN

*A Bi-Monthly Newsletter for Families and Friends*



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FEBRUARY ISSUE

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## MAKING GOALS

*Administrator Robert McInnes, [rmcinnes@bluffviewmemorycare.com](mailto:rmcinnes@bluffviewmemorycare.com)*

We're one month into the New Year, and in the cold months of winter. My biggest focus for the community is coming together as a team. Building an effective team can be a difficult thing, but it's the only way proper care can be given. Our team at Bluffview isn't limited only to our staff members. I'd like to thank all of our dedicated family members, residents, and friends who have come together to provide support for their loved ones through this difficult season of life. Despite the cabin fever that can sometimes get everyone a little stir-crazy, we can never lose focus on the true goal. My goal as the leader of the building for the next few months and beyond is maintaining full transparency and trust among all members of this team. I'd like to petition all members of this Bluffview community (family members, residents, and staff) to please bring any and all issues to my attention as soon as they come. Additionally, please don't hesitate to tell us where we're doing things right! To family members, the satisfaction surveys you recently filled out will prove instrumental in improving our caregiving ability going forward. I'm currently working on staff versions, resident versions, and more frequent family versions, so keep your eyes open! I'm looking forward to the start of this new decade with everyone here at Bluffview.



# REMINDERS FROM ANGELA

Angela Davies; [adavies@bluffviewmemorycare.com](mailto:adavies@bluffviewmemorycare.com)

Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one. Please contact the staff with any appointments or outings planned for your loved ones. This will help ensure your loved one is up and ready to go. We will also ensure that any medications are then prepared to go with you if required. We do have a Suggestion Box. It is located in the Reception area on the wall just above where the menus and activity calendars are stored.

## *Welcome to our New Hires!*

**RCC:**

Alexa Dare  
Ylonda Bakkum  
Destiny Larson  
Amber Wilt  
Jaymee Helfrich

**Laundry:**

Ryan Wagner

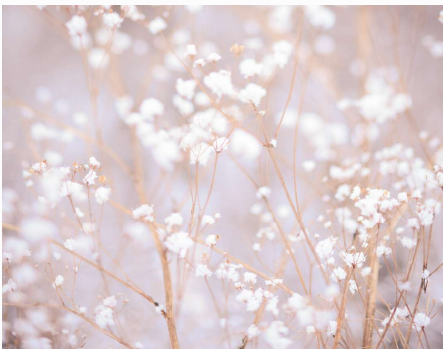
**Housekeeping:**

Dannielle Phillippe

**Nutritional Services:**

Peyton Hale

Feel free to place any suggestions, comments, etc. in the box. This is checked regularly by the Customer Service Representative, and is also a place where you can deposit your monthly checks if you are unable to come during business hours..



# MARK YOUR CALENDARS

*Below are some of the big events coming up for this year! Bear with us as some of these dates may possibly change due to unforeseen circumstances. Please check with Sarah Pedretti for updated information throughout the year or look on our Facebook page under the "Events" section.*

February 14th -- Sweetheart King and Queen Crowning

February 20th -- Winter Fest

March 11th -- Spaghetti Dinner Fundraiser

March 16th -- Sip and Paint

April 25th -- Spring Fling

May 2nd -- 5K Run/Walk

May 10th -- A Celebration of Mom

June 17th -- Country Fest

June 21st -- A Celebration of Dad

July 4th -- A Day of Patriotism

August 17-21 -- Bluffview Olympics

September 6th -- A Walk Down Memory Lane

September 12th -- La Crosse Alzheimer's Walk

September 14-18 -- National Assisted Living Week

October 19th -- Tentative Date for Sip and Paint

November 11th -- Celebrations of our Veterans

November 26th -- Thanksgiving Dinner

December 10th -- Blue Christmas Gathering



*"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home."*

*--Edith Sitwell*

# WHAT'S COOKING IN THE KITCHEN?

Tammy Atkinson, [tatkinson@bluffviewmemorycare.com](mailto:tatkinson@bluffviewmemorycare.com)

Well the winter holidays are behind us, and now we fall into the winter humdrums. Well let's hope that we get past this cold season quickly and jump to spring. It's on its way!

I am currently still recovering from my left hip replacement and getting stronger every day only to get my right hip replaced in April. I am truly looking for a legitimate HIP HIP Hurray! In my days of recovery, I would like to thank everyone for your cards and for your support. Chris Labakken, our Head Cook, has been holding down the fort (kitchen). If you see him please take the time to thank him for all his great work. This coming Ash Wednesday, we will be doing a good old fashion fish fry for our Residents, and

families are more than welcome to come join us for lunch this day. The lunch will go from 11:45am – 12:30. If you could RSVP to give an idea of how many to prepare for, that would be great. There is no charge for this lunch! I also would like to remind families that you are always welcome to dine with your loved one at any time. Watch for our Spaghetti Dinner Fundraiser that is open to the public on March 11th. All proceeds will be going to the Salvation Army.

I am currently working on Spring and Summer menus, and I am always open to any items or ideas that you would like to see on our menus. Please feel free to e-mail, call me, or just stop in to share or talk.



## WHAT SEASON IS IT?

Bobbi Klaver, [cklaver@bluffviewmemorycare.com](mailto:cklaver@bluffviewmemorycare.com)

It's that time for the cold and flu! We want to remind you that if you are questioning whether or not you are sick, please don't come to facility. Gundersen Health Systems have reported 84 confirmed cases of Influenza in La Crosse County as of the beginning of January 2020. Although most of our residents received the Influenza vaccine here at the facility in October 2019, they are still susceptible to viruses of any nature. If you must come when you are ill, please wear a mask. They are provided in the foyer as you enter the building. According to the CDC, hand-washing is the number one way to prevent the spread of infectious diseases. Please be extra careful during this infectious time.

## UPGRADES COMING

Phillip Davies, [pdavies@bluffviewmemorycare.com](mailto:pdavies@bluffviewmemorycare.com)

Please be careful in this icy weather, as we don't want any slips or falls. We have the car park plowed by a contractor, and we shovel and salt the walkways; but, even with our best efforts, sometimes the snow and ice catch up with us. We have recently remodeled one of our resident apartments that had significant damage to the carpet. We have put in a hardwood floor laminate throughout the bedroom area, and it looks very nice. This is something that we will slowly be upgrading in all rooms as they require it.

*"To appreciate the beauty of the snowflake, it is necessary to stand out in the cold" ~Aristotle*

## COZY JANUARY DAYS

Sarah Pedretti, [spedretti@bluffviewmemorycare.com](mailto:spedretti@bluffviewmemorycare.com)

It's that time for cozy nights inside next to the fire with a huge cup of hot chocolate! YUM!! I'm sure you have figured out by now, that I love every season, and winter is no different! Watching the gentle snow falling on the trees and slowly changing the landscape to a beautiful, pure, crystal picture, just warms my heart.

Recently, we were able to get away from the cold this January as we traveled to multiple different countries during our Around the World in a Week Celebration. We went to Israel, South Africa, Germany, Ecuador, and Mexico! It was a blast to learn about these other countries, taste some of their fares, play their games, and we were blessed to have a couple of different speakers from those countries share their lives and memories with us.

We are excited to get into February with our Annual Sweetheart Kind and Queen crowning, Mardi Gras, and more!

If you are not getting our weekly emails with the calendars, upcoming events, and more, please send me your email so that I can get you on our list!

Stay Cozy Friends!!

# Happy Birthday

February 10th -- Bettye S.

February 19th -- Gale Z.

March 9th -- Jim S.

March 16th -- Rosalee S.

March 28th -- Roy F.

MISS  
YOU

December 20th

Philip Uehling

January 17th

Steven Ruud



“

Snow was falling, so much like stars filling the dark trees that one could easily imagine its reason for being was nothing more than prettiness.”

MARY OLIVER



## UPCOMING EVENTS

February 2nd -- Super Bowl Party @ 6:00pm

February 11th -- Happy Hour & Music @ 2:00pm

February 14th -- Valentine's Day Celebration

with the Crowning of the Sweetheart

King and Queen & Music @ 2:00pm

February 18th -- Birthday Party &

Music @ 2:00pm

February 20th -- Winter Fest Pub

Trivia Night @ 6:00pm

February 25th -- Mardi Gras Party @ 2:00pm

March 3rd -- Happy Hour & Music @ 2:00pm

March 10th -- Ice Cream Social &

Music @ 2:00pm

March 11th -- Spaghetti Dinner Fundraiser

from 4:30-6:30pm

March 16th -- Sip and Paint Fundraiser @ 5:30pm

March 17th -- St. Patrick's Day Party &

Music @ 2:00pm

March 24th -- Take Out Party & Music @ 2:00pm

March 31st -- Birthday Party & Music @ 2:00pm