

# BLUFFVIEW MEMORY CARE

*Our Official Family Newsletter*

## A New Chapter

BLUFFVIEW'S ADMINISTRATION  
TIM BRITAIN,  
TBRAIN@BLUFFVIEWMEMORYCARE.COM

It is with a heavy heart that I announce that I will be leaving my role as Assistant Administrator for Bluffview Memory Care. After much prayer and consideration, I have accepted a role as Executive Director for Havenwood of Onalaska that is currently under construction and opening this October. In the year that I have been with Bluffview, I have grown very close to the residents, their families and my teammates. I hope I have touched even a fraction of the lives that have impacted me so greatly. My last day with Bluffview will be Friday, February 15th. I will miss you all and will always have a special place for you in my heart.



# Who's New at Bluffview?

PLEASE HELP US WELCOME OUR NEW STAFF MEMBERS

Amanda Clingenpeel -- Housekeeping and Laundry  
 Tarrah Ballard -- Resident Care Coordinator  
 Kristin Goede -- Resident Care Coordinator  
 Samantha Lambeison -- Resident Care Coordinator  
 Sabrina Norosad -- Resident Care Coordinator  
 Ivy Rhomberg -- Resident Care Coordinator  
 Madeline Williams -- Resident Care Coordinator

## Reminders from Angie

Thank you to everyone for your patience while I've been away on Holiday with family in England! I have just a few of my normal reminders for everyone: Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one. If I am not available, any staff member will be more than happy to assist you with finding your mail.

I would like to remind you to please contact the staff with any appointments or outings planned for your loved ones. This will help ensure your loved one is up and ready to go. We will also ensure that any medications are then prepared to go with you if required.

We do have a Suggestion Box. It is located in the Reception area on the wall just above where the menus and weekly activity calendar sheets are located. Please feel free to place any suggestions, comments, etc. in the box. This is checked regularly by the Customer Service Representative, and is also a place where you can deposit your month checks if you are unable to come during business hours.



*"There is only one way to happiness, and that is to cease worrying about things which are beyond the power of our will" ~Epictetus, Greek Philosopher*

Resident Jim Anderson holding his Worry Doll that he made in honor of the Guatemalan culture

# What's Cooking Corner

TAMMY ATKINSON, NUTRITIONAL SERVICES COORDINATOR

Well, the Holidays are over, and Winter is truly upon us. "Baby its Cold Outside!" I would like to thank everyone who came out and dined with their loved ones on Thanksgiving and Christmas. What a wonderful time! I would like to remind family members that you are always welcome to come and dine with your loved ones.

As everyone knows, we try to always have coffee available in the quads for everyone. We are now supplying hot chocolate as well. The hot chocolate will only be in two of the four neighborhood dining rooms: Neighborhood C and Neighborhood D. Please help yourselves!

I hope everyone is having a wonderful year so far!

## Upcoming Events

Valentine's Beloved Dinner:

Join your special someone for an elegant evening in. This will be Valentine's Evening, February 14th in the Bistro. Invitations have been sent out, so be sure to RSVP if you plan to attend. Unfortunately we will not be able to accommodate walk ins for this event.

Watch for it.....

We are going to be having our Spaghetti Dinner again this year as we had such a great success last year. The exact date is yet to be determined but it will be at the beginning of March.



## Valentine's Menu

- Capris Bruschetta
- Garden Salad
- Bacon Wrapped
- Fillet Mignon
- Mashed Garlic Parmesan
- Red Potatoes
- Green Bean Almandine
- Russian Cream topped
- with Fresh Berries
- and Mint



# Lost and Found Jewelry

RESIDENT HEALTH COORDINATORS:

BOBBI KLAVER, CKLAVER@BLUFFVIEWMEMORYCARE.COM  
MOLLY CARHART, MCARHART@BLUFFVIEWMEMORYCARE.COM  
PATTY TOURTELLOTT, PTOURTELLOTT@BLUFFVIEWMEMORYCARE.COM  
ALEA PETERSON, APETERSON@BLUFFVIEWMEMORYCARE.COM

If your loved one has lost any jewelry, please let us know. We have been collecting jewelry that has been located throughout the facility. Please see us at the front desk.

If your loved one has valuable or sentimental jewelry here at the facility, please think about taking it home with you. You could tell your loved one that you need to have it cleaned. Many of our residents will misplace, throw away or even attempt to give jewelry to other residents. When it is found it is difficult for our staff to know who it belongs to.



## Weather Caution

PHILLIP DAVIES,  
ENVIRONMENTAL SERVICES COORDINATOR

We have had a lot of recent changes in our building with resident rooms. Due to this, we have been tirelessly working to repair and turn these rooms around for our new residents coming in.

We would like to remind families to please be careful on the pavements when walking in and out of the building. If you notice that the pavements are snowy or icy, please let the staff know, and we will shovel and salt as soon as possible.

# PDF Reducer Demo LIFE ENRICHMENT

*Department News and Upcoming Events*

## Oh The Places You'll Go

SARAH PEDRETTI, CTRS  
SPEDRETTI@BLUFFVIEWMEMORYCARE.COM

It's so wonderful to finally see the snow!! Yes, I was the one who ordered it! I hope that you all have had a wonderful start to this new year 2019!! There are so many wonderful things in store for all of us this year. In the Life Enrichment Department, we have been able to celebrate early and have a boost to our new year with National Activity Professionals Week January 20-26. That week also happened to be our annual Around the World in a Week Celebration which matched perfectly with the theme for the NAPW: "Oh the Places You'll Go!" This year, we traveled to Ireland, India, Guatemala, Egypt, Germany, Canada, and Cambodia! We had Irish Dancers, Specialty Chocolate, Movie Showings, Guest Speakers, and so much more! Please check out our Facebook page for photos and videos of the fun!

If you have your husband or wife as a part of the Bluffview family, please let us know before February 2nd if you are able to attend the Valentine's Beloved Dinner we are hosting for the first year. RSVPs to [spedretti@bluffviewmemorycare.com](mailto:spedretti@bluffviewmemorycare.com).



Events to be Aware of:

FEBRUARY 14TH --  
VALENTINE'S DAY  
CELEBRATION AND  
CROWING OF OUR 2019  
SWEETHEART KING  
AND QUEEN

Other Events of the Month:

FEBRUARY 2ND -- MUSICAL  
ENTERTAINMENT WITH LARRY  
LANGEN @ 1:30PM  
FEBRUARY 4TH -- MUSICAL  
ENTERTAINMENT WITH SHARI  
SARAZIN @ 10:30AM  
FEBRUARY 5TH -- MUSIC WITH  
GEMINI ENTERTAINMENT @ 2PM  
FEBRUARY 6TH -- VISIT WITH  
ANGELA'S 4TH GRADERS @ 1:50PM  
FEBRUARY 12TH -- HAPPY HOUR  
WITH MUSIC BY KENT LARSON @  
2PM  
FEBRUARY 14TH -- CHILDREN'S  
PINAO PERFORMANCE @ 10AM  
FEBRUARY 15TH -- VISIT WITH MRS.  
CASEY'S 4TH GRADERS @ 1:50PM  
FEBRUARY 16TH -- MUSICAL  
ENTERTAINMENT WITH STEVE  
LANKFORD @ 1:30PM  
FEBRUARY 17TH -- LIVING WORD  
CHURCH SERVICE @ 2PM  
FEBRUARY 19TH -- ICE CREAM  
SOCIAL WITH MUSIC BY THE LIVING  
STONES @ 2PM  
FEBRUARY 23RD -- MUSICAL  
ENTERTAINMENT WITH TOM BAKER  
@ 1:30PM  
FEBRUARY 26TH -- BIRTHDAY  
PARTY WITH MUSIC BY HANS  
MAYER @ 2PM

# Our Amazing Residents

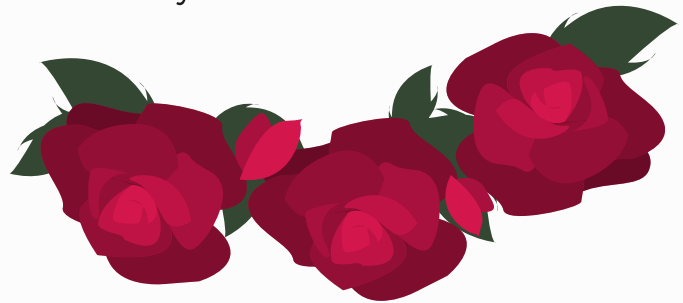


## BIRTHDAYS

- January 8th -- Virginia Vopelak
- January 12th -- Diane Pfaff
- January 14th -- Peg Doering
  
- February 2nd -- Laura Haskell
- February 10th -- Bob Freson
- February 10th -- Bettye Stigler
- February 19th -- Gail Zahn
- February 23rd -- Judy Miller
- February 24th -- Jim Anderson
- February 28th -- Jim Ronnie

## REMEMBRANCES

- January 9th -- Edith Ekern
- December 17th -- Flora Herrmann
- January 20th -- Jeanette Limpert
- January 16th -- Gladys Pralle
- December 17th -- Marie Revels
- January 21st -- Pat Switzer



*Someone recently asked all of the Bluffview Managers what their favorite part of their role was. All managers said in unison, "the residents!"*

