

Bluffview Newsletter

The Official Newsletter for Families and Friends



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Administration

Rob McInnes, rmcinnnes@bluffviewmemorycare.com

Hello again to everyone. We've made it through the summer, and remain committed to holding on to normalcy for our residents in all the ways that we can. This season of life is undoubtedly strange, frustrating, and often sad, but we are doing everything we can to keep a sense of steadiness for residents and staff at Bluffview. I'm very proud of our staff for their proven dedication to caring for others, even in times such as these. If you didn't catch my email update, I do want to make sure everyone is informed of a suspected positive case at Bluffview. In the first half of September, we were made aware of a part-time staff member who received a positive COVID test. This staff member did not work for several days prior to their test, or even the traced contact with a positive community member.

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Administration Continued

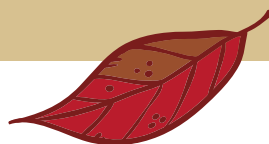
Regardless, we took the immediate precaution of isolating and testing all staff members who would have had potential contact with this staff member (per the La Crosse County Health Department, no residents were at risk for contact due to the nature of their work). Thanks to a fast response from our EVS department, we rigorously followed industry standards for proper disinfection of any area that the staff member may have had contact with. Additionally, we continue with the building-wide focus on disinfection and distancing. After much communication with the La Crosse County Health Department, we were cleared of any possible positive contact in the building. The staff member has made a full recovery and is doing well. A disastrous result was avoided through staff commitment to self-monitoring, PPE use, quick response by the full management team, and rigorous adherence to infection control standards. I'm very happy to say that we continue to have no outbreak in the facility, and COVID has not entered our walls to the best of our knowledge. Situations like these highlight the importance of following National, State, and County infection control precautions. While they aren't always fun and they certainly can take tremendous amounts of energy to perform, these universal precautions effectively break the chain of infection among our staff and residents. Please keep these standards in mind in your own personal contact with the community around you. It's no secret that La Crosse county is at an extreme risk for exposure throughout the community, so I urge you to take the guidance seriously in order to protect yourself and your family. We will continue with our efforts, and we look forward to the day that we can once again have our beloved friends and family members back at Bluffview in person!

What's Cookin' in the Kitchen

Tammy Atkinson, tatkinson@bluffviewmemorycare.com

Well I am back after two hips being replaced in one year. Hip Hip Hurray!! I am upright and moving and grooving without a walker or scooter, and it feels great!!!! Again, a BIG "Thank You" to Chris Lebakken, Head Cook, for holding down the fort in my absence. He did a great job.

Where did the summer go?! I am starting to incorporate new items into the menus that are more suitable for fall and winter. Some theme meals are being planned as well for Oktoberfest (good ole German food), Thanksgiving, and, I cannot believe I am saying this at this time, Christmas. If you have any suggestions, please feel free to e-mail me. We have also upscaled our snack pass thanks to Life Enrichment Department. Kitchen sets up a cart with a variety of snacks, different each day, and then LE passes them along with beverages to each and every resident. The residents really seem to be enjoying them.



Notes from Angela

Although there are changes during this difficult time with COVID-19, please be assured the front desk has adapted to the situation in the best possible light. Mail will continue to be delivered to the POA's until further notice. If you have been notified of your loved one needing new clothing or something similar by our staff, please call ahead before dropping off. We also ask that if it is clothing, please drop off in a bag with the resident's name or initials written clearly on it. And, as always, we dearly miss seeing your sweet faces!



Birthdays!!

KEN M. -- OCTOBER 2ND
JIM T. -- OCTOBER 2ND
DOROTHY W. -- OCTOBER 5TH
JEAN E. -- OCTOBER 16TH
-- 100 YEARS!!!

BETH F. -- OCTOBER 22ND
RENATA A. -- OCTOBER 28TH
BECKY L. -- OCTOBER 29TH

NELLIE B. -- NOVEMBER 7TH
FLOYD J. -- NOVEMBER 10TH
ROSA O. -- NOVEMBER 17TH
BONNIE T. -- NOVEMBER 21ST
BRAD H. -- NOVEMBER 23RD
KATHY B. -- NOVEMBER 29TH

Remembering...

RON HODSON -- JUNE 5TH
JANICE BERG -- AUGUST 26TH
ROSA OLKE -- SEPTEMBER 15TH



No one is actually dead until the ripples they cause in the world die away.
~Terry Pratchett

Welcome New Staff!

Resident Care Coordinators:

Coquisa "Cookie" Lawson
Lacy Harter
Jada Wyman
Elvis Jordan
Brooklyn Liebsch

Life Enrichment Assistants:

Bennett Wilsey

Nutritional Services:

Allen Olson



PDF Reducer Demo

THERE'S NO STOPPING THE FUN

*Sarah Pedretti, CTRS, CDP, Life Enrichment Coordinator
spedretti@bluffviewmemorycare.com*

Well, we are always looking for more fun and exciting adventures in the Life Enrichment Department. We had a super fun theme week in August: Bluffview Olympics! Every activity that week was themed around the Olympics. There was wheelchair racing, shot put and javelin throwing, ribbon dance routines, and sharp shooting to name a few. The residents really got into the fun and LOVED receiving their Gold, Silver, or Bronze Medals!

I LOVE this time of year as the seasons begin to change with the cooler evenings and the trees starting to strut their new colors. We have started getting all of our fall decorations out and are excited to celebrate Oktoberfest with some beer and pretzels! Also, since we won't be able to get to the apple orchard this year, we'll just have to bring the orchard inside! We hope that you are all getting outside to enjoy the beautiful, changing seasons and fight the COVID cabin-fever!

"Life is either a daring adventure or nothing at all."
— Helen Keller

***"Autumn is a second spring when every leaf is a flower."
~Albert Camus***





"Autumn shows us how beautiful it is to let things go." ~Unknown

Resident Health Coordination

Hello from the Nursing Department!

As the COVID-19 pandemic continues into another month, I want to remind all of you of our policy on bringing items to the facility. Please do not bring items directly to the facility. Nonperishable items can be mailed to the facility for your loved one. We are not accepting any items that are dropped off. We love to see you visit with your loved ones during their window visits, however at this time, these are the only visits allowed, no unscheduled visits. Also nothing can be brought into the facility during the visit, as it will not have gone through the recommended waiting period per CDC guidelines. We cannot have non-essential people entering the foyer of the building for our staff and residents' safety. This is an infection control issue. If your loved one calls you directly, please let them know that you will mail (not drop off) the item that they are requesting. Perishable items cannot be mailed. Window visits are arranged through the Life Enrichment Department and can be scheduled via our

Facebook page. Please do not go to the resident's room and visit with them through the window. If a bird feeder needs to be refilled, please call the facility, and let us know so we can assist with this. If you are picking up your loved one for a doctor's appointment or returning them to the facility following a visit to the hospital, please remain in your car and call the facility to let us know that you are here. A staff member will assist your loved one into and out of the facility. Please do not enter the foyer or the building. If you have any questions regarding this policy, please contact the facility and speak to Rob.

Thank you for assisting us in keeping your loved ones safe and healthy. On that note, it is time for our annual influenza vaccine clinic. This will be conducted at the facility on October 14th, by Rockmed Pharmacy. Bobbi, Patty, and Brooke will be reaching out to you soon to obtain permission for your loved one to receive the vaccine.

**Happy
Fall!**



Keep your eyes peeled for possible fun virtual events coming up in the future on Facebook!