

# Bluffview Memory Care Weekly Activity Calendar

Monday September 13 <sup>th</sup>	Tuesday September 14 <sup>th</sup>	Wednesday September 15 <sup>th</sup>	Thursday September 16 <sup>th</sup>	Friday September 17 <sup>th</sup>	Saturday September 18 <sup>th</sup>	Sunday September 19 <sup>th</sup>
<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>The Positives of Positive Thinking</b></p> <p>1:10pm <b>BINGO!! &amp; Clean Up Crew</b></p>  <p>2:30pm <b>Snack Cart</b></p> 	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Exercise</b></p> <p>10:30am <b>Cream Filled Doughnut Day!!</b></p>  <p>1:00pm <b>Musical Entertainment with The Living Stones</b></p> <p>2:30pm <b>Snack Cart</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Chair Yoga</b></p>  <p>10:30am <b>Finish the Phrase</b></p> <p>1:10pm <b>Ping Pong Basketball</b></p>  <p>2:30pm <b>Snack Cart</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Tai Chi</b></p> <p>10:30am <b>Mind Joggers</b></p>  <p>1:00pm <b>Your Favorite Thing about September</b></p> <p>2:30pm <b>Snack Cart</b></p> <p><b>Happy Birthday Richard!</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Bible Study</b></p>  <p>1:00pm <b>Ecker's Apple Pie Social!!</b></p>  <p>2:30pm <b>Snack Cart</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:00am <b>Walk to End Alzheimer's in La Crosse!</b></p>  <p>2:30pm <b>Snacks in the Quads</b> (please ask your RCC for assistance)</p>  <p>6:15pm <b>Brewer's Game</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p>  <p>9:30am <b>Living Word Christian Church Service on Channel 4</b></p> <p>1:10pm <b>Brewer's Game</b></p> <p>2:30pm <b>Snack Cart</b></p>  <p><b>SNACKS!</b></p>

**Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)**

**\*\*\*Activities Subject to Change\*\*\***