

# Bluffview Memory Care Weekly Activity Calendar

Monday August 9 <sup>th</sup>	Tuesday August 10 <sup>th</sup>	Wednesday August 11 <sup>th</sup>	Thursday August 12 <sup>th</sup>	Friday August 13 <sup>th</sup>	Saturday August 14 <sup>th</sup>	Sunday August 15 <sup>th</sup>
<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Newscurrents</b></p> <p>1:10pm <b>Flower Arranging from the Courtyard Gardens</b></p>  <p>2:30pm <b>Snack Cart</b></p> <p>6:00pm <b>Book Lovers Day Reading Club</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Exercise</b></p> <p>10:30am <b>Crafts: Flowers</b></p> <p>1:00pm <b>Musical Entertainment in Charlie with Kent Larson</b></p> <p>2:30pm <b>Snack Cart</b></p> <p>6:00pm <b>Ladies Spa Night</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Chair Yoga</b></p> <p>10:30am <b>Boggle</b></p> <p>1:10pm <b>Sensory Garden Walks</b></p> <p>2:30pm <b>Snack Cart</b></p> <p>6:00pm <b>Men's Grooming Evening</b></p> <p><b>Happy Birthday Chet!!</b></p>	<p><b>1:00-4:30pm</b> Zoom Dates with Family</p> <p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>Morning Activity: <b>A Morning of Relaxation</b></p>  <p>1:30pm <b>Protestant Church Service with Halfway Creek Lutheran Church</b></p>  <p>2:30pm <b>Snack Cart</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Bible Study</b></p>  <p>1:10pm <b>Eversound Program: Enjoying Nature</b></p> <p>2:30pm <b>Snack Cart</b></p> <p>6:00pm <b>Movie Night</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p>  <p>1:10pm <b>National Bowling Day</b></p>  <p>2:30pm <b>Snack Cart</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Holmen Lutheran Church Service</b></p>  <p><b>Enjoy Your Day!</b></p> 

**Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)**

**\*\*\*Activities Subject to Change\*\*\***