

## Bluffview Memory Care Weekly Activity Calendar

| Monday<br>March 28 <sup>th</sup>   | Tuesday<br>March 29 <sup>th</sup>   | Wednesday<br>March 30 <sup>th</sup>   | Thursday<br>March 31 <sup>st</sup>   | Friday<br>April 1 <sup>st</sup>  | Saturday<br>April 2 <sup>nd</sup>   | Sunday<br>April 3 <sup>rd</sup>  |
|--|---|---|--|--|---|--|
| <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>9:30am<br/><b>Walking Club</b></p> <p>10:30am<br/><b>Boggle</b></p> <p>1:30pm<br/><b>Current Events</b></p>  <p>2:30pm<br/><b>Snacks</b></p> <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>Charades</b></p> <p><b>Happy Birthday Edgar!!</b></p> | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>9:30am<br/><b>Exercise</b></p> <p>10:30am<br/><b>Ping Pong Basketball</b></p> <p>1:30pm<br/><b>Resident Council Meeting</b></p>  <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>Giant Cross Word Puzzle</b></p> | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>9:30am<br/><b>Chair Yoga</b></p> <p>10:30am<br/><b>Resident Food Council</b></p> <p>1:30pm<br/><b>Name 5</b></p> <p>2:30pm<br/><b>Snacks</b></p> <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>Tic Tac Toe</b></p>  | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>Morning Activity<br/><b>Open Spa in the Beauty Salon</b></p>  <p>1:30pm<br/><b>Crayon Art</b></p>  <p>2:30pm<br/><b>Snacks</b></p> <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>Manicures</b></p> | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>9:30am<br/><b>Walking Club</b></p> <p>10:30am<br/><b>Bible Study</b></p> <p>1:30pm<br/><b>April Fool's Videos</b></p> <p>2:30pm<br/><b>Snack in the Dining Rooms</b></p> <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>BINGO Night!!</b></p> <p><b>April Fools!</b></p> | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>1:30pm<br/><b>Karaoke</b></p>  <p>2:30pm<br/><b>Snack in the Dining Rooms</b></p> <p>3:30pm<br/><b>One-on-One Visits</b></p> <p>6:00pm<br/><b>Puzzles</b></p>  | <p><b>10:00am-6:00pm</b><br/>In-Room Visits with Family</p> <p>9:30am<br/><b>Living Word Christian Church Channel 4</b></p> <p>1:30pm<br/><b>Birdwatching</b></p>  <p>2:30pm<br/><b>Snacks</b></p> <p>3:30pm<br/><b>One-on-Ones</b></p> <p>6:00pm<br/><b>Ring Toss</b></p> |

**Meal Times: Breakfast (8:00-9:30am), Lunch (12:00-1:30pm), and Supper (5:00-6:30pm)**

**\*\*\*Activities Subject to Change\*\*\***