





## Bluffview Memory Care Weekly Activity Calendar

Monday February 7 <sup>th</sup>	Tuesday February 8 <sup>th</sup>	Wednesday February 9 <sup>th</sup>	Thursday February 10 <sup>th</sup>	Friday February 11 <sup>th</sup>	Saturday February 12 <sup>th</sup>	Sunday February 13 <sup>th</sup>
<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Newscurrents</b></p> <p>1:30pm <b>Bocce Ball</b></p> <p>2:30pm <b>Snack in the Dining Rooms</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Valentine's Trivia</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Exercise</b></p> <p>10:30am <b>Love Poetry Creations</b></p> <p>1:30pm <b>Happy Hour with the Living Stones and Sorbet Mimosas</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Remembering Valentine's Day</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Chair Yoga</b></p> <p>10:30am <b>Beauty and the Beast</b></p> <p>1:30pm <b>Protestant Communion Service</b></p> <p>2:30pm <b>Snack</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Movie Night: Beauty and the Beast</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>Morning Activity <b>Open Spa in the Beauty Salon</b></p> <p>11:10am <b>USA Ice Hockey</b></p> <p>1:30pm <b>Bowling</b></p> <p>2:30pm <b>Snack</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Manicures Happy Birthday Bettye!</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Individual Bible Study</b></p> <p>1:30pm <b>Sensory: Box of Chocolates</b></p> <p>2:30pm <b>Snack in the Dining Rooms</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>BINGO Night!!</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:00am <b>Olympic Figure Skating &amp; Coffee</b></p>  <p>1:30pm <b>Chalk Hearts</b></p>  <p>2:30pm <b>Snack in the Dining Rooms</b></p> <p>3:30pm <b>One-on-One Visits</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Living Word Christian Church on Channel 4</b></p> <p>1:30pm <b>Baking Club</b></p> <p>2:30pm <b>Snacks</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>5:30pm <b>Superbowl Sunday Party!!</b></p> 

**Meal Times: Breakfast (8:00-9:30am), Lunch (12:00-1:30pm), and Supper (5:00-6:30pm)**

**\*\*\*Activities Subject to Change\*\*\***