

## Bluffview Memory Care Weekly Activity Calendar

Monday February 14 <sup>th</sup>	Tuesday February 15 <sup>th</sup>	Wednesday February 16 <sup>th</sup>	Thursday February 17 <sup>th</sup>	Friday February 18 <sup>th</sup>	Saturday February 19 <sup>th</sup>	Sunday February 20 <sup>th</sup>
<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Cupid Shuffle</b></p> <p>10:30am <b>Who is Valentine?</b></p> <p>1:30pm <b>Valentine's Day Gala &amp; Crowning of the Sweetheart King and Queen of 2022!</b></p> <p>6:00pm <b>Spin the Wheel!</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Open Spa in the Salon</b></p> <p>1:30pm <b>Princess and the Frog</b></p> <p>2:30pm <b>Snack</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Movie Night: Princess and the Frog</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Exercise</b></p> <p>10:30am <b>70s Fashion Show!</b></p>  <p>1:30pm <b>1970s Fashion</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Science for Seniors: RUST</b></p> <p><b>Happy Birthday Hal!</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Chair Yoga</b></p>  <p>10:30am <b>Boggle</b></p> <p>1:30pm <b>Short Story Writing</b></p> <p>2:30pm <b>Snack</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Manicures</b></p> <p><b>Happy Birthday Joan!</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Walking Club</b></p> <p>10:30am <b>Bible Study</b></p> <p>1:30pm <b>Eversound: Ring of Fire</b></p> <p>2:30pm <b>Snacks</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>BINGO Night!!</b></p> 	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:00am <b>Olympic Pair Skating</b></p> <p>10:30am <b>Olympic Bobsleighbing</b></p> <p>1:30pm <b>Oddly Obvious</b></p> <p>2:30pm <b>Snacks</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Love Poetry</b></p> <p><b>Happy Birthday Gail!</b></p>	<p><b>10:00am-6:00pm</b> In-Room Visits with Family</p> <p>9:30am <b>Living Word Christian Church on Channel 4</b></p> <p>1:30pm <b>Living Word Christian Church Service</b></p>  <p>2:30pm <b>Snacks</b></p> <p>3:30pm <b>One-on-Ones</b></p> <p>6:00pm <b>Curling</b></p>

**Meal Times: Breakfast (8:00-9:30am), Lunch (12:00-1:30pm), and Supper (5:00-6:30pm)**

**\*\*\*Activities Subject to Change\*\*\***