

Bluffview Memory Care Weekly Activity Calendar

Monday January 4 th	Tuesday January 5 th	Wednesday January 6 th	Thursday January 7 th	Friday January 8 th	Saturday January 9 th	Sunday January 10 th
<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>Eversound Bingo!!</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>Evening Meditations & One on One Visits</p> 	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>Snowflakes with Bennett</p>  <p>1:00-2:30pm Closed Window Visits with Family</p>  <p>EVENING ACTIVITY</p> <p>This Day in History</p>	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p>  <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>Epiphany</p>  <p>1:00-2:30pm Skype Dates with Family</p> <p>EVENING ACTIVITY</p> <p>Peaceful Coloring</p>	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>Would You Rather...</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>Bowling!!</p> 	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>1:00-2:30pm Closed Window Visits with Family</p> <p>Open Bluffview Library</p>  <p>EVENING ACTIVITY</p> <p>Evening Meditations & One on One Visits</p> <p>Happy Birthday Virginia!!</p>	<p>MORNING ACTIVITY</p> <p>Saturday Morning Stretches</p>   <p>AFTERNOON ACTIVITY</p> <p>Writing Group</p>  <p>Good Evening!! Enjoy your Super!</p> 	<p>MORNING ACTIVITY</p> <p>9:30am Living Word Christian Church Service: The Word of the Lord on TV Channel 4</p>  <p>Singing to Old Hymns</p> <p>AFTERNOON ACTIVITY</p> <p>Hand Massages</p>  <p>Good Evening!! Enjoy your Super!</p>

Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)

*****Activities Subject to Change*****