

# Bluffview Memory Care Weekly Activity Calendar

Monday January 25 <sup>th</sup>	Tuesday January 26 <sup>th</sup>	Wednesday January 27 <sup>th</sup>	Thursday January 28 <sup>th</sup>	Friday January 29 <sup>th</sup>	Saturday January 30 <sup>th</sup>	Sunday January 31 <sup>st</sup>
<p><b>MORNING ACTIVITY</b></p> <p><b>Morning Stretches</b></p> <p>10:00-11:30am Zoom Dates with Family</p>  <p><b>zoom</b></p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Bingo!!</b></p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p><b>EVENING ACTIVITY</b></p> <p><b>Evening Meditations</b></p>	<p><b>MORNING ACTIVITY</b></p> <p><b>Morning Stretches</b></p> <p>10:00-11:30am Zoom Dates with Family</p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Musical Entertainment: Shari Sarazin in the Bistro</b></p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p><b>EVENING ACTIVITY</b></p> <p><b>Reminiscing About Sledding</b></p>	<p><b>MORNING ACTIVITY</b></p> <p><b>Morning Stretches</b></p> <p>10:00-11:30am Zoom Dates with Family</p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Open Bluffview Library</b></p>  <p>1:00-2:30pm Skype Dates with Family</p> <p><b>EVENING ACTIVITY</b></p> <p><b>Peaceful Coloring</b></p> 	<p><b>MORNING ACTIVITY</b></p> <p><b>Morning Stretches</b></p>  <p>10:00-11:30am Zoom Dates with Family</p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Bible Study</b></p> <p><b>THE BIBLE STUDY</b></p> <p>1:00-2:30pm Closed Window Visits with Family</p> <p><b>EVENING ACTIVITY</b></p> <p><b>Ping-Pong Basketball</b></p> 	<p><b>MORNING ACTIVITY</b></p> <p><b>Morning Stretches</b></p> <p>10:00-11:30am Zoom Dates with Family</p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Newscurrents</b></p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p><b>EVENING ACTIVITY</b></p> <p><b>Large Word Finds</b></p> 	<p><b>MORNING ACTIVITY</b></p> <p><i>Saturday</i></p> <p><b>Morning Stretches</b></p>  <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Remembering Ice Fishing</b></p>  <p><b>Good Evening!! Enjoy your Super!</b></p> 	<p><b>MORNING ACTIVITY</b></p> <p>9:30am Living Word Christian Church Service: The Word of the Lord on TV Channel 4</p>  <p><b>Listening to Old Hymns</b></p> <p><b>AFTERNOON ACTIVITY</b></p> <p><b>Dancing Around!</b></p>  <p><b>Good Evening!! Enjoy your Super!</b></p>

**Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)**

**\*\*\*Activities Subject to Change\*\*\***