


Bluffview Memory Care Weekly Activity Calendar

Monday January 18th	Tuesday January 19 th	Wednesday January 20 th	Thursday January 21 st	Friday January 22 nd	Saturday January 23 rd	Sunday January 24 th
<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>VENEZUELA</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>The Beauty of Venezuela</p> 	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>PUERTO RICO</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>Coqui!!</p> 	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p>  <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>BOTSWANA</p>  <p>1:00-2:30pm Skype Dates with Family</p> <p>EVENING ACTIVITY</p> <p>Music and Dance in Botswana</p>	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p>  <p>AFTERNOON ACTIVITY</p> <p>TAIWAN</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>Eating in Taiwan</p>	<p>MORNING ACTIVITY</p> <p>Morning Stretches</p> <p>10:00-11:30am Skype Dates with Family</p> <p>AFTERNOON ACTIVITY</p> <p>FINLAND TAIWAN</p>  <p>1:00-2:30pm Closed Window Visits with Family</p> <p>EVENING ACTIVITY</p> <p>MOIkky!!</p> 	<p>MORNING ACTIVITY</p> <p><i>Saturday</i></p> <p>Morning Stretches</p>  <p>AFTERNOON ACTIVITY</p> <p>Mind Joggers</p> <p>EXERCISE</p>  <p>Your Brain!</p> <p>Good Evening!! Enjoy your Super!</p> 	<p>MORNING ACTIVITY</p> <p>9:30am Living Word Christian Church Service: The Word of the Lord on TV Channel 4</p>  <p>Listening to Old Hymns</p>  <p>AFTERNOON ACTIVITY</p> <p>Sensory: Snow</p> <p>Good Evening!! Enjoy your Super!</p>

Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)

*****Activities Subject to Change*****