



Bluffview Memory Care Weekly Activity Calendar

Monday January 16 th	Tuesday January 17 th	Wednesday January 18 th	Thursday January 19 th	Friday January 20 th	Saturday January 21 st	Sunday January 22 nd
<p>9:00am Exercise and News</p> <p>10:00am Coffee Club In Neighborhoods</p> <p>1:30pm Bingo </p> <p>2:30pm Frozen Snack Social in the Bistro</p> <p>3:30pm Traveling Manicures</p> <p>6:00pm The Life of Martin Luther King Jr.</p> <p>Martin Luther King Jr. Day</p> <p>Happy Birthday Bob Clement!</p>	<p>9:00am Jumping Jack Frost!</p> <p></p> <p>10:30am Sensory: Snow </p> <p>2:00pm The Frosty Festival and Musical Entertainment by Regina Chihak </p> <p>3:30pm One-on-Ones</p> <p>6:00pm Mind Jogger</p>	<p>9:30am Music and Memories</p> <p>10:00am Coffee Club In Neighborhoods </p> <p>1:00pm Penny Ante </p> <p>3:00pm Walking Club</p> <p>6:00pm Ladder Ball </p>	<p>9:00am Walking Club</p> <p>10:00am Bible Study</p> <p>10:00am Current Events & Coffee Club</p> <p>1:00pm Jenny's 4th Grade Class Visit </p> <p>2:00pm Snack Social In Neighborhoods</p> <p>3:30pm Walking Club</p> <p>6:00pm Remembering the Civil Rights Movement</p>	<p>9:00am Relaxing Chair Yoga </p> <p>10:00am Coffee Club In Neighborhoods</p> <p>10:30am Qwirkle</p> <p>1:00pm Stained Glass Windows </p> <p>3:30pm Walking Club</p> <p>6:00pm Bingo!! </p>	<p>9:30am Walking Club</p> <p>10:00am Current Events & Coffee Club </p> <p>1:30pm Musical Entertainment with Tom Baker</p> <p>2:30pm Snack Social In Neighborhoods </p> <p>3:00pm Walking Club</p> <p>6:00pm Finding Our Favorite Recipes </p>	<p>9:30am Walking Club </p> <p>10:00am Current Events & Coffee Club</p> <p>1:30pm Baking Club</p> <p>2:30pm Snack Social In Neighborhoods</p> <p>3:30pm One-on-Ones </p> <p>6:00pm What Makes Life Special?</p>

Meal Times: Breakfast (7:30-9am), Lunch (11:30-1pm), and Supper (4:30-6pm)

*****Activities Subject to Change*****