





Bluffview Memory Care

A happier life for everyone...

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1) 9:00am Walking Club 10:30am Current Events and Coffee Club 1:00pm Ring in the New Year Ring Toss 3:30pm Walking Club 6:00pm New Year's Traditions Happy New Year!	2) 9:00am Exercise 10:30am Sensory: Hand Massages 1:10pm Circle Talk 2:00pm Snack Social in Neighborhoods 3:30pm Fascinating Facts 6:00pm Winter Bead Bracelets	3) 9:00am Walking Club 10:00am Bible Study 11:00am Catholic Communion Service 1:10pm Batting Snowflakes 2:00pm Snack Social 3:30pm One-on-One Visits 6:00pm Coverall Dice Game	4) 9:00am Chair Yoga 10:30am Poetry Ponderings 1:10pm Trivia with Emily 2:00pm Snack Social 3:30pm Manicures 6:00pm Movie Night!! 	5) 9:00am Walking Club 10:00am Current Events and Coffee Club 1:30pm Musical Entertainment with Steve Lankford 2:30pm Snack Social 3:00pm Coloring 6:00pm Stories Out of a Hat
6) 9:30am Living Word Christian Church: The Word of the Lord 10:30am Current Events and Coffee Club 1:30pm Snowman Craft 2:30pm Snack Social 3:30pm One-on-Ones 6:00pm Balloon Volleyball 	7) 9:00am Exercise 10:30am What's Happened this Past Year? 1:10pm Bingo 2:30pm Frozen Snack Social 3:30pm Clean Up Crew 6:00pm BMC: Who are the Innuits? 	8) 9:00am One-on-One Visits 10:30am Exercise and Current Events 2:00pm Monthly Happy Hour with Musical Entertainment by Larry Langen 6:00pm Sensory: What's in the Bag? Happy Birthday Virginia Vopelak!!	9) 9:30am Music and Memories 1:50pm Angela's 4 th Grade Class Visit 2:00pm Snack Social in Neighborhoods 3:30pm Walking Club 6:00pm Wii Games 	10) 9:00am Walking Club 10:00am Bible Study 1:00pm Ecumenical Communion Service 2:00pm Snack Social 3:00pm Walking Club 6:00pm Laughter Yoga 	11) 9:00am Tai Chi 10:30am Did You Know? 1:10pm Left, Center, Right 2:00pm Snack Social 3:30pm Manicures 6:00pm Movie Night!! 	12) 9:00am Walking Club 10:00am Current Events and Coffee Club 1:30pm Musical Entertainment with Kent Larson 2:30pm Snack Social 3:00pm One-on-Ones 6:00pm Continuing on Route 66 Happy Birthday Diane Pfaff!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13) 9:30am Living Word Christian Church: The Word of the Lord 10:30am Current Events and Coffee Club 1:30pm Bean Bag Toss 3:30pm One-on-Ones 6:00pm Cards in the Bistro	14) 9:10am Exercise 10:30am Reminiscing about Winter Activities 1:10pm Bingo 2:00pm Snacks Social 3:00pm Clean Up Crew 6:00pm Jam Session with Shane Happy Birthday Peg Doering!!	15) 9:00am One-on-One Visits 10:30am Exercise and Current Events 2:00pm Ice Cream Social & Music with The Living Stones 6:00pm Dogs in the Snow Youtube Videos	16) 9:10am Exercise 10:30am Brain Games 1:10pm Operation 3:30pm One-on-One Visits 6:00pm BMC: Wild Life of Patagonia 	17) 9:00am Walking Club 10:00am Bible Study 1:10pm Writing Club 2:00pm Snack Time 3:30pm Namaste Care 6:00pm Card Games 	18) 9:10am Creative Dance 10:30am Sensory: Snow 1:50pm Mr. Davis' 4 th Grade Class Visit 2:00pm Snack Social 3:30pm Manicures 6:00pm Movie Night!	19) 9:00am Walking Club 10:00am Current Events and Coffee Club 1:30pm Musical Entertainment with Tom Baker 2:30pm Snack Social 3:30pm Read Out Loud 6:00pm Hangman
20) 9:30am Living Word Christian Church: The Word of the Lord 1:30pm Table Ball 3:30pm One-on-One Visits 6:00pm Matching Game	21) Ireland 10:00am Music with Shari Sarazin 1:30pm Color the Leprechaun 3:30pm Irish Soda Bread Social 6:00pm Irish Folk Music and Dancing Martin Luther King Jr. Day	22) India 9:10am Chair Yoga 10:30am Sensory: India's Spices 1:10pm Hindu History 3:30pm Henna Hands 6:00pm The Beauty of India 	23) Guatemala 9:10am CHOCOLATE!! 10:30am Making Worry Dolls 1:10pm Taste Chiles Rellenos 2:00pm Snack Social 3:30pm One-on-Ones 6:00pm Chair Fútbol	24) Egypt 9:00am Walking Club 10:00am Bible Study 1:10pm The Egyptian Gods 2:00pm Snack Time and Hierographs 3:30pm Walk Like an Egyptian 6:00pm This is Egypt	25) Germany 9:10am The Beauty of Germany 10:30am Bobbi's Experience in Germany 1:00pm Good News Sing-a-Long Group 3:30pm Manicures 6:00pm Movie Night: The Sound of Music!	26) Canada 9:00am Walking Club 10:30am Current Events 1:30pm Sensory: Maple Syrup!! 3:30pm One-on-Ones 6:00pm Hockey and Curling
27) Cambodia 9:30am Living Word: The Word of the Lord 1:30pm Klah Klok 3:30pm One-on-Ones 6:00pm The Marvels of Angkor Wat and Cambodian Culture	28) 9:10am Exercise 10:30am Crafts with Sarah 1:10pm Bingo 2:00pm Snacks Social 3:00pm Clean Up Crew 6:00pm Gravity: Don't Let it Get You Down	29) 9:00am One-on-One Visits 10:30am Exercise & News 2:00pm Monthly Birthday Party with Music by Hans and Sue 6:00pm Card Games	30) 9:10am Walking Club 10:00am Resident Food Council 1:10pm Horse Shoes 2:00pm Snack Social 3:30pm Walking Club 6:00pm Choose Your Own Adventure	31) 9:00am Walking Club 10:00am Bible Study 1:10pm Resident Council 2:00pm Snack Time 3:30pm One-on-Ones 6:00pm Color By Number 	<p>If you would like a monthly calendar please contact Sarah Pedretti at spedretti@bluffviewmemorycare.com *Activities are subject to change*</p> 