

Bluffview Newsletter

May/June 2018

Bluffview Administration:

A Commitment to Great Care

Bluffview has a commitment to continuous improvement of our provision of care and to our team members receiving the best in class training and support. In that light, we have within recent weeks launched two initiatives that are already making an impact in both areas. The first initiative is the implementation of a formalized symptoms-based approach to working with dementia related actions and reactions. Instead of focusing on the outward “behavior,” this approach looks at the symptom of dementia that is causing this action or reaction and helps to formulate the best response. By our team members aligning themselves to the individual resident’s agenda, they are ensuring that true person-centered care is realized. The other initiative is the integration of building-wide daily huddles. These huddles are done to inform and educate our staff with important resident and building updates as well as share best practices in working with individual residents. We have seen excellent outcomes from both of these initiatives so far and will continue to empower and equip our staff to provide the great care that our residents, your loved ones deserve.



Warmest regards,

Ana Hines, NHA, Administration, ahines@bluffviewmemorycare.com

Tim Britain, CSA, Assistant Administrator, tbritain@bluffviewmemorycare.com

New Staff

Please help welcome the following new team members:

Nutritional Services

Sarah Williams

Resident Care Coordinator

Emmalee Lemke

Joseph Gokey

Tyler Sen

Jennifer Meyer

Bethany Morrissey

Jamie Hale

Christina Schickowski

Reminders from our Receptionist:



Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one that you would not like them to receive.

Normally the residents will receive personal letters, cards, flowers and packages.

Letter items including appointment reminders, transportation fees, Government issued items (i.e. SSN, tax, etc), and other miscellaneous letters are held back and placed in a filing system under the Customer Service Representative's desk.

This is accessible to staff members to retrieve for you if you come to the facility when I am not available as well.



With a Smile,

Angela Davies, Customer Service Representative, adavies@bluffviewmemorycare.com

Department News:

Nutritional Services:

What's cooking in the Kitchen?



Well, it is finally Spring, and I don't foresee any blizzards for a long time. The Spring and Summer menus are now in place with some new items. You'll see more salads, fresh fruits, and vegetables!

Meal Prices:

Lunch -- \$6.00

Supper -- \$5.00



We are looking forward to our Country Fest, June 7th, and hope to see many of you, your loved ones, and friends. We are trying something I personally have never heard of but found very intriguing: Milk Can Supper. It's made by steaming sausage and a variety of vegetables such as cabbage, carrots, corn on the cob, and potatoes in a cream can. Then the fun comes from just dumping it all out on a table where people can help themselves to the fabulous feast. Along with this, we will be serving corn bread, peach cobbler, and some other nummy goodies.

Sincerely,

Tammy Atkinson, Nutritional Services Coordinator,
tatkinson@bluffviewmemorycare.com

Environmental Services:

It looks like Spring has finally sprung, and after a second attempt, we now have the fountain back and working in the pond. We are in the process of sprucing up the plant life in the courtyards between both the Life Enrichment and Environmental Services departments and even a little outside help from Bobbi Coppola.



With the warmer weather, there is less automatic resistance to going outside from residents, so please be vigilant when entering and leaving the facility to avoid allowing any residents to exit at the same time.

Can I please remind all visitors that BMC is a no smoking facility and ask that you refrain from discarding cigarette ends outside the front door as you approach or leave



Cheers,

Phillip Davies, Environmental Services Coordinator, pdavies@bluffviewmemorycare.com

Resident Health Department:

With Spring finally here and the temperatures rapidly approaching that summer heat, please remember to provide appropriate seasonal clothing for your loved one. With the warmer weather, many Life Enrichment activities are conducted outdoors in the courtyards. Lighter clothing will help your loved one remain comfortable when outdoors. Your loved one's pets are also important to us here at Bluffview, so we would like to acknowledge Phil and Angela Davies for becoming certified in Pet First Aid and CPR.

Blessings,

Bobbi Klaver, RHC, klaver@bluffviewmemorycare.com

Molly Carhart, RHC, mcarhart@bluffviewmemorycare.com

Patty Tourtellott, RHC, ptourtellott@bluffviewmemorycare.com

Alea Peterson, RHC, apeterson@bluffviewmemorycare.com



Life Enrichment:



There is green everywhere!!! I love seeing everything green up and the flowers begin to bloom. It is just beautiful and energizing. I can see it in the staff and the residents along with feeling it myself; everyone is up, moving, and happier.

I have an update for everyone about my Kidney Donation!! The surgery is May 24th! All of your prayers are greatly appreciated for me, Diane, and everyone else involved. Fingers crossed, everything continues to move along and there are no other postponements. I may be getting in contact with a couple of you who have so willingly offered to assist with some of the activities here in place of my absence. If anyone else is interested in helping out, please email me at



spedretti@bluffviewmemorycare.com before May 22nd or email Shane Hoffman at shoffman@bluffviewmemorycare.com. Once again, thank you for all of your support you have given and your patience in my healing to come.



New News

- We have a wonderful Facebook page under Bluffview Memory Care, and we would LOVE for you to like us and stay up to date with events, news, and fundraisers that are coming up!
- We are happy to announce that our Caring Connections meetings have been a great success! We have even had a few referrals and admissions come directly from these meetings. We will be looking to change things up a little in the coming months, so stay tuned!
- The resident had a wonderful time going to the La Crosse Community Theatre, though we were all a little disappointed in the second Act; who could have guessed!!
- Another thing no one could have guessed was the terrible weather in April which prevented our Spring Fling. Sorry to everyone who was looking forward to attending; we'll try again next year.
- We hope you all had a wonderful Easter and are finally enjoying the nice weather!
- **Things to look forward to:** Happy Memorial Day!!, May 28th; **Country Fest, June 7th from 4:00-7:00pm (pick up your tickets today!!)**; Flag Day Celebration, June 14th from 2:00-3:00pm; Father's Day: "Hooked on You, Dad," June 17th from 2:00-3:00pm; National Bring Your Dog to Work Day, June 22nd

Old News

- We have a Life Enrichment Distribution list; if you would like to receive the weekly/monthly calendars, resident council meeting notes, and the newsletters via email, please send an email to Sarah with your name, and she will add you to the list!
- Please pick up a weekly activity calendar up front at the desk, and feel free to join your loved one for any program. As always, if you have any suggestions for new programs, or if you would like to volunteer, please contact Sarah!

Keep on Smiling,

Sarah Pedretti, CTRS, Life Enrichment Coordinator, spedretti@bluffviewmemorycare.com

Residents Celebrating June and July Birthdays:

June

Harold Johnson, 5th
Don Rudie, 12th
MaryRose Shonka, 14th
Raymond Wheeler, 17th
Fred Leshner, 18th
Jim Duffy, 19th



July

Rosemarie Herlitzke, 10th

Della Ward, 18th

Flora Herrmann, 24th

Remembering Those Who Have Gone Before Us:



Bernard Pralle, March 12th

Events:

Musical Entertainment with Paul Martin – June 2nd at 1:30pm

Monthly Ice Cream Social with Music by Larry Langen – June 5th at 2:00pm

Catholic Communion with Sister Bridget – June 7th at 11:00am

Bluffview's Country Fest with Musical by Sandler Wagoneer & Friends – June 7th from 4:00-7:00pm

Musical Entertainment with The Coulee Region Gospel Choir – June 9th at 1:30pm

Monthly Pizza Party with Musical Entertainment by Kent Larson – June 12th at 2:00pm

Music and Memories with Sue Degallier – June 13th at 9:30am

Flag Day Celebration with Musical Entertainment by the Living Stones – June 14th at 2:00pm

Flag Day – June 14th

Ecumenical Communion Service – June 15th at 1:00pm

Father's Day – June 17th

"Hooked on You, Dad" Party with Music by Gemini Entertainment – June 17th at 2:00pm

Monthly Happy Hour with Musical Entertainment by Regina Chihak – June 19th at 2:00pm

Music and Memories with Sue Degallier – June 20th at 9:30am

First Day of Summer!! – June 21st

National Bring You Dog to Work Day – June 22nd

Musical Entertainment with Tom Baker – June 23rd at 1:30pm

Resident Food Council with Tammy – June 25th at 10:30am

Monthly Birthday Party with Musical Entertainment by Steve Lankford – June 26th at 2:00pm

Music and Memories with Sue Degallier – June 27th at 9:30am

Resident Council Meeting – June 28th at 1:00pm

Musical Entertainment with Shari Sarazin – June 29th at 10:00am

Musical Entertainment with Triple Nickle – June 30th at 1:30pm

Musical Entertainment with Dale Martell – July 2nd at 10:30am

Independence Day Celebration with Gemini Entertainment – July 4th at 2:00pm

Catholic Communion Service with Sister Bridget – July 5th at 11:00am

Musical Entertainment with Regina Chihak – July 7th at 1:30pm

Monthly Happy Hour with Musical Entertainment by Kent Larson – July 10th at 2:00pm

Music and Memories with Sue Degallier – July 11th at 9:30am

Ecumenical Communion Service – July 12th at 1:00pm

Musical Entertainment with Triple Nickle – July 14th at 1:30pm

Musical Entertainment by Shari Sarazin – July 16th at 1:00pm

Monthly Pizza Party with Musical Entertainment by Steve Lankford – July 17th at 2:00pm

Music and Memories with Sue Degallier – July 18th at 9:30am

Musical Entertainment with Larry Langen – July 21st at 1:30pm

Happy Parent's Day! – July 22nd

Resident Food Council – July 23rd at 10:30am

Monthly Ice Cream Social with Music by Tim Bohnenkamp – July 24th at 2:00pm

Music and Memories with Sue Degallier – July 25th at 9:30am

Resident Council Meeting – July 27th at 1:00pm

Musical Entertainment with Tom Baker – July 28th at 1:30pm

Monthly Birthday Party & Musical Entertainment by Living Stones – July 31st at 2:00pm