

# Bluffview Bulletin

*May/June 2017*

**Bluffview Administration:**

Hello!

We hope that you are all well and enjoying this beautiful weather. We are very happy to announce a new addition to our Bluffview Family in Ana Hines' new baby girl!! Everyone is very happy and healthy; both Mama and baby are doing well. Ana will be out of the office until July; however, Amanda will be here for any and all of your questions, needs, or requests.

We would like to remind you once again to be very careful as you are leaving the facility. There are residents here who look very capable and as though they are simply visitors. We implore you to please NOT hold the door open for anyone who is not within your specific party unless you specifically know them. This is very important to keep our residents as safe as possible.

Thank you,

Ana Hines, NHA, Administration, [ahines@bluffviewmemorycare.com](mailto:ahines@bluffviewmemorycare.com)

Amanda Middleton-Stellflue, [amiddleton@bluffviewmemorycare.com](mailto:amiddleton@bluffviewmemorycare.com)

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**New Staff**

Please help welcome the following new team members:

**Resident Care Coordinators**

Bryan Hutschenreuter

Natishe Graham

Leah Melde

Molly Adrian

Taylor Van Voorhis

Taylor Foster

Audrey Danielson

Paula Medinger

**Nutritional Services**

Bryana Bridenstine

**Life Enrichment**

Michele Rolan

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**Reminders from our Receptionist:**

When you leave the facility, be aware of who attempts to leave with you. Ensure the door is closed and locked behind you before you walk away. A sign in/out sheet is located at the front desk for your convenience to allow staff the opportunity to know who is in the building. If you plan to take a resident out of the facility, please ensure to sign him/her out and back in upon arrival. Please ensure to inform a staff member that the resident is being taken out of the facility as well to ensure that any medications have been administered beforehand

Your loved one may also have received some business mail which I place in their own personal mailbox. If you are the POA and come to visit please do ask if there is any, and we will be more than happy to give the mail to you.

If your loved one has any appointments please ensure to let me know so that I can add it to the calendar and the communication board. It is always a good idea as then we will know he/she is ready to go on time for the appointment.

If you plan to eat a meal with your loved one please let us know sooner rather than later to ensure there will be plenty available!

With a Smile,

Angela Davies, Customer Service Representative, [adavies@bluffviewmemorycare.com](mailto:adavies@bluffviewmemorycare.com)

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**Department News:**

**Nutritional Services:**

What's cooking in the Kitchen?

It's summer, and you all know what comes with the warm weather! We are excited to start up the grill and get that good charred food out on our plates. Let's break out the BBQ, warm up those beans, and slather our good ol' Wisconsin brats with that delicious sauerkraut. Well, I'm sure there will be some arguing as to the best summer grilling, but everyone's taste buds should be watering by now. BUT, summer isn't just about grilling; how about that juicy watermelon, cantaloupe, and berries! And, we can't forget the sun ripened tomatoes, cucumbers, peppers, and more. Summer is all about that fresh, out of the garden produce. The farmer's markets have just started up again, the crops are popping up in the fields, and even our own little garden is looking lush. We are excited to be able to walk out into our courtyards and pick some fresh herbs and vegetables. The meals always taste so much better with those fresh ingredients. Make sure that you pick up a menu over these summer months so that you know what scrumptious meals to join your loved one for!! Extra menus are located at the front desk for your convenience.

Sincerely,

Tammy Atkinson, Nutritional Services Coordinator, [tatkinson@bluffviewmemorycare.com](mailto:tatkinson@bluffviewmemorycare.com)

**Environmental Services:**

I would like to urge family and friends that if you are visiting the facility and a resident has a fall, please DO NOT pick the resident up even if it is a family member or they are wanting to get up. We ask that you please notify staff immediately and do your best to encourage the resident to stay where they are until they are checked out. It is very hard to be certain that there is no hidden injury, and please understand that our residents can be very frail and simply lifting a resident back up can cause or exacerbate any damage. Staff will attend the resident, take vital sign readings, and assess the resident up to and including calling 911 if necessary.

Cheers,

*Phillip Davies, Environmental Services Coordinator, [pdavies@bluffviewmemorycare.com](mailto:pdavies@bluffviewmemorycare.com)*

#### Resident Health Department:

We would like to inform all of you that at this time, we will not have a nurse on sight at our Bluffview facility, we do still have nurses on call for any and all questions, concerns, or other incidents that need such specific help. We do still have Dr. Mary Bassing and Nurse Practitioner Katie Germain who complete rounds within the facility for those residents who are under their care. For these residents, we are then still able to offer lab draws on sight through Dr. Bassing and NP Germain. We will keep you updated on any new developments that arise.

We also would like to send up a small reminder that if you are taking your loved one out of the facility and plan on being in the sun for any length of time, please assist your loved one with sunscreen, hats, lots of water, and any other appropriate outdoor wear needed. If you have been unable to switch out your loved one's winter clothing for more summer appropriate items, please take the time as soon as possible for your loved one's comfort. Thank you.

Blessings,

*Bobbi Klaver, RHC, [cklaver@bluffviewmemorycare.com](mailto:cklaver@bluffviewmemorycare.com)*

*Molly Carhart, RHC, [mcarhart@bluffviewmemorycare.com](mailto:mcarhart@bluffviewmemorycare.com)*

*Patty Tourtellott, RHC, [pcafe@bluffviewmemorycare.com](mailto:pcafe@bluffviewmemorycare.com)*

*Alea Herrmann, RHC, [aherrmann@bluffviewmemorycare.com](mailto:aherrmann@bluffviewmemorycare.com)*

#### Life Enrichment:

What a lovely Spring we were able to have this year! I don't know about you, but I love thunderstorms. We have had some wonderful storms, but even more exciting is the gorgeous warm weather we have had too! Of course there have been a few chilly days here and there, but the warm days have outshined those shadows for me. The residents have been so excited to get outside and enjoy the warm sun and have even gotten to do a little gardening.

#### **New News**

- The beginning of May had a lot of enjoyable fun days for us! Thursday, May 4<sup>th</sup> was both National Day of Prayer and Star Wars Observance Day. We had a wonderful Bible Study

and sensory silent prayer and hand massages at the beginning of the day. Then, my girls showed a Star Wars Movie and colored with the residents. The very next day, Friday, May 5<sup>th</sup> was Cinco De Mayo! I made delicious Margaritas for the residents, and we were laughing the entire time making fun of silly little dances and funny hats.

- I am happy to announce that we have two new Pet Therapy Teams who have joined us! Keep your eyes out for Walter and Iago. I love seeing the resident's faces light up as the dog comes up to them and gives them a big lick!!
- We have just had our goodbye celebration with our Fourth Graders sending them off to the Fifth Grade. The Fourth Graders brought cookies, and we had a wonderful little social talking all about what they have learned from the year and what they expect for the summer and next year.
- A Huge Happy Mother's Day to all of the mothers out there!! We had a very enjoyable, relaxing day here with hand massages, goodies, and more. Our theme this year was You Are My Sunshine and our residents definitely make us happy when skies are gray!
- We were hoping to have our 1<sup>st</sup> Bonfire of the year this month, but we needed to cancel due to bad weather. We will just have to wait for June!
- **Things to look forward to:** We hope that you can all come out June 10<sup>th</sup> for our Lu La Roe Fundraiser to raise money for the Alzheimer's Association! It will go from 10:00am to 2:00pm, and the consultants are giving 10% of all profits to the Alzheimer's Association. June 17<sup>th</sup> we are planning to go on the La Crosse Queen Pizza Cruise leaving port at 3:30pm. Please let Sarah know if you are interested in having your loved one come and/or if you would like to join as well! A Happy Father's Day to all of the fathers, June 18<sup>th</sup>. Join us for a little party celebrating Dads starting at 2:00pm.

#### **Old News**

- If you are interested in getting a diffuser for your loved one's apartment, please go online to [www.mydoterra.com/bluffviewmemorycare](http://www.mydoterra.com/bluffviewmemorycare) to order! When you bring it in, my staff will utilize it with your loved one with the oils that we have on hand. Feel free to order your own oils as well! When anyone orders through our website, Bluffview gets a small incentive that we will use to purchase more for our residents!!
- We keep moving forward with our Music to Memories Program. Let Sarah know if you are interested in having your loved one added to the list for an iPod; we need to know what type of specific music and artists he or she likes to listen to.
- We have a Life Enrichment Distribution list; if you would like to receive the weekly/monthly calendars, resident council meeting notes, and the newsletters via email, please send an email to Sarah with your name, and she will add you to the list!
- Please pick up a weekly activity calendar up front at the desk, and feel free to join your loved one for any program. As always, if you have any suggestions for new programs, or if you would like to volunteer, please contact Sarah!

Keep on Smiling,

Sarah Pedretti, CTRS, Life Enrichment Coordinator, [spedretti@bluffviewmemorycare.com](mailto:spedretti@bluffviewmemorycare.com)

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### **Residents Celebrating June and July Birthdays:**

#### **June**

Harold Johnson, 5<sup>th</sup>  
Lois Fruechte, 14<sup>th</sup>  
Mary Rose Shonka, 14<sup>th</sup>  
Fred Leshner, 18<sup>th</sup>  
Jim Duffy, 19<sup>th</sup>

#### **July**

Joan Fanello, 8<sup>th</sup>  
Rosemarie Herlitzke, 10<sup>th</sup>  
Della Ward, 18<sup>th</sup>  
Flora Herrmann, 24<sup>th</sup>  
Betty Rheineck, 29<sup>th</sup>

### **Remembering Those Who Have Gone Before Us:**

Lois McIntrye, Leslie La Fond, Joan Lysaker, and Betty Rheineck

### **Events:**

Catholic Communion Service with Sister Bridget – June 1<sup>st</sup> at 11:00am  
Musical Entertainment by Gemini Entertainment – June 3<sup>rd</sup> at 1:30pm  
Monthly Happy Hour with Musical by Larry Langen – June 6<sup>th</sup> at 2:00pm  
Musical Entertainment with Hans Mayer and Sue Hauser – June 9<sup>th</sup> at 1:00pm  
Ecumenical Communion Service – June 8<sup>th</sup> at 1:00pm

#### **Lu La Roe Alzheimer's Fundraiser – June 10<sup>th</sup> from 10:00am-2:30pm**

Monthly Pizza Party with Music by Living Stones – June 13<sup>th</sup> at 2:00pm

#### **National Flag Day – June 14<sup>th</sup>**

Music and Memories with Sue Degallier – June 14<sup>th</sup> at 9:30am  
La Crosse Queen Pizza Cruise – June 17<sup>th</sup> leaving the facility at 2:45pm

#### **Happy Father's Day!! – July 18<sup>th</sup>**

#### **A Celebration of Fathers with Musical Entertainment with Paul Martin – June 18<sup>th</sup> at 2:00pm**

Monthly Ice Cream Party & Musical Entertainment with Regina Chihak – June 20<sup>th</sup> at 2:00pm

#### **First Day of Summer!! – June 21<sup>st</sup>**

Musical Entertainment with Tom Baker – June 24<sup>th</sup> at 1:30pm  
Resident Food Council with Tammy – June 27<sup>th</sup> at 10:00am  
Monthly Birthday Party & Musical Entertainment with Steve Lankford – June 27<sup>th</sup> at 2:00pm  
Music and Memories with Sue Degallier – June 28<sup>th</sup> at 9:30am

Musical Entertainment with Triple Nickle – July 1<sup>st</sup> at 1:30pm  
Independence Day Celebration Outcook with Musical by Gemini Entertainment – July 4<sup>th</sup> at 2:00pm  
Catholic Communion Service with Sister Bridget – July 6<sup>th</sup> at 11:00am  
Musical Entertainment with Paul Martin – July 8<sup>th</sup> at 1:30pm  
Monthly Happy Hour with Musical Entertainment by Living Stones – July 11<sup>th</sup> at 2:00pm  
Music and Memories with Sue Degallier – July 12<sup>th</sup> at 9:30am  
Ecumenical Communion Service – July 13<sup>th</sup> at 1:00pm

Musical Entertainment with Roger Ellis – July 15<sup>th</sup> at 1:30pm

Monthly Pizza Party with Musical Entertainment by Regina Chihak – July 18<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – July 19<sup>th</sup> at 9:30am

Musical Entertainment with Roger Ellis – July 22<sup>nd</sup> at 1:30pm

**Happy Parent's Day!! – July 23<sup>rd</sup>**

Resident Food Council with Tammy – July 25<sup>th</sup> at 10:00am

Monthly Birthday Party & Musical Entertainment with Steve Lankford – July 25<sup>th</sup> at 2:00pm

Music and Memories with Sue Degallier – July 26<sup>th</sup> at 9:30am

Resident Council Meeting – July 28<sup>th</sup> at 1:00pm

Musical Entertainment with Tom Baker – July 29<sup>th</sup> at 1:30pm