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Bluffview Newsletter

July/August 2018

Editor: Sarah Pedretti

Bluffview Administration:

Warmest regards,

Exciting changes are coming our way! On behalf of Bluffview Memory Care, we are excited to announce new services that will be offered to your loved one. Bluffview will be teaming up with Healthdrive to provide podiatry, audiology, optometry and dental services within the facility. Within this program, families can choose which services they would like for their loved one to receive. A letter will be sent out to families in the near future to learn more about insurance coverage as well as a more in depth look at the services offered. In the meantime, if you have any questions please do not hesitate to reach out.



Thank you,

Ana Hines, NHA, Administration, ahines@bluffviewmemorycare.com

Tim Britain, CSA, Assistant Administrator, tbrtain@bluffviewmemorycare.com

New Staff

Please help welcome the following new team members:

Nutritional Services

Brooke Coryell

Environmental Services

Sara Boehme

Resident Care Coordinator

Ivy Cloute

Grace Pfeffer

Megan Kappauf

Latesha Bennett

Jamie Hale

Anna Gauthier

Brandy Schea

Nicole Wolfe (transitioned from Nutritional Services!)





Reminders from our Receptionist: Please stop at the front desk to sign-in and ask if any mail has arrived for your loved one that you would not like them to receive. If I am not available, any staff member will be more than happy to assist you with finding your mail. Normally the residents will receive personal letters, cards, flowers and packages the day they come.

Letter items including appointment reminders, transportation fees, Government issued items (i.e. SSN, tax, etc), and other miscellaneous letters are held back and placed in a filing system under the Customer Service Representative's desk.

I would like to remind you to please contact Bluffview with any appointments or outings planned for your loved ones. This will help ensure your loved one is up and ready to go. We will also ensure that any medications are then prepared to go with you if required.



With a Smile,
Angela Davies, Customer Service Representative, adavies@bluffviewmemorycare.com

Department News:

Nutritional Services:

What's cooking in the Kitchen?

Well summer is half over; where did the time go! We have had a few menu changes in the kitchen: Rhubarb Crunch, Strawberry Shortcake, and lots of fresh fruits and Melons. We recently tried souping up the menus, so to speak by serving a hearty, cheesy, broccoli, bacon soup in a warm bread bowl.

The Residents appeared to greatly enjoy it.

Meal Prices:
Lunch -- \$6.00
Supper -- \$5.00

RESIDENT CHOICE MEAL FOR AUGUST:

ROAST BEEF WITH GRAVY
SCALLOPED POTATOES
CORN ON THE COB
SWEET CHERRY PIE

Bluffview is trying something new to heighten the dining experience with hopes of encouraging residents to eat and have better intakes. Staff, from all departments, are now encouraged to eat a meal with a resident who typically requires reminders to eat and who are easily visually stimulated to pick up their fork/spoon. This is still in the trial period, but we are seeing some success with better intakes. And of course, it's been a nice incentive for staff!

We hold a Resident Food Council each month where residents can let us know if they have any concerns, and they get to choose their own meal for one day.

Sincerely,
Tammy Atkinson, Nutritional Services Coordinator, tatkinson@bluffviewmemorycare.com

Environmental Services:

Hello,

I would like to start by asking to please make sure residents are being careful in this hot weather. We would rather residents not be out in the courtyards alone for prolonged lengths of time. Another concern that I have is the discarding of cigarette ends outside the front of the facility; we are a no smoking facility, so please extinguish your cigarettes before walking up to the building.



And can I remind visitors NOT to allow anyone to leave the facility if they do not know for certain who they are, not all our residents look as though they are residents. We are also asking that you please ring the doorbell every time you enter even if you have your own fob so that staff know whenever someone enters.

I do have plans to introduce koi carp to the pond this year; however to ensure their survival, I need to acquire plants before I do so. My research has taught me that they prefer it that way whereas the goldfish are not so bothered. Stay tuned for the fish appearance.

Cheers,

Phillip Davies, Environmental Services Coordinator,
pdavies@bluffviewmemorycare.com



Resident Health Department:

Summer is in full swing and the weather has been warm. Please check your loved ones' clothing to ensure that they have appropriate outfits. If you take your loved one outside, please make sure that they are in the shade or are wearing a hat and sunscreen. We do have hats and sunscreen available for your use; please just ask one of our staff members. It's always best to just not stay out too long.



If you are planning on going out of town for vacation, please let us know the dates that you will be gone and who should be contacted in your absence.

Please welcome our new staff members if you see them out on the floor. We are also excited to announce that we now have a PM housekeeper!

Blessings,

Bobbi Klaver, RHC, cklaver@bluffviewmemorycare.com
Molly Carhart, RHC, mcarhart@bluffviewmemorycare.com
Patty Tourtellott, RHC, ptourtellott@bluffviewmemorycare.com
Alea Peterson, RHC, apeterson@bluffviewmemorycare.com

Life Enrichment:

In the good old summer time, in the good old summer time, strolling down the shady lane, with my baby, mine! We hope that you are having a wonderful summer filled with shady lanes to stay cool this crazy hot summer we've had. The residents had missed out on a couple of

things such as having games outside and the monthly bonfire due to this heat, but there are many exciting adventures planned for the future. For those of you who were wondering, I am happy to inform everyone that I am healing very well from my surgery. I am back full time now and seem to be getting my energy and spunk, as some of my co-workers have said, back in my step day after day. Thank you again for all of your prayers and well-wishes.

New News



- Thank you to everyone who came to our first Country Fest! What a great turn out, and we were able to raise almost \$1,000.00 for the Alzheimer's Association!
- Hooked on You, Dad was the perfect theme for our wonderful fathers this year on Father's Day. We enjoyed a great time with our fishing theme through swedish fish and gummy worms.
- Happy Independence Day!! We had a packed full day with fireworks, music, food, and even a piñata! We hope yours was just as fun and safe.
- What a hot summer we've had, so Bluffview decided to jump into the SEA with our "Under the Sea" week. We transformed the Bistro into an ocean of fun, when deep sea fishing, met a mermaid and Poseidon, and ate like kings of the surf.
- **Things to look forward to:** National Night Out in Holmen's Halfway Creek Park, August 7th from 5:00-8:00pm; **Kornfest Parade (Bluffview has a FLOAT! Let us know if you want to walk with us!!) August 18th at 9:00am;** Monthly and Facility Birthday Party, August 28th at 2:00pm; **National Grandparent's Day Celebration, August 9th at 2:00pm;** **National Assisted Living Week, August 9-15th;** World Alzheimer's Day, August 21st; **A Walk Down Memory Lane with Bluffview, August 23rd from 2:00-5:00pm**



Old News



- We have a wonderful Facebook page under Bluffview Memory Care, and we would LOVE for you to like us and stay up to date with events, news, and fundraisers that are coming up!
- We have a Life Enrichment Distribution list; if you would like to receive the weekly/monthly calendars, resident council meeting notes, and the newsletters via email, please send an email to Sarah with your name, and she will add you to the list!
- Please pick up a weekly activity calendar up front at the desk, and feel free to join your loved one for any program. As always, if you have any suggestions for new programs, or if you would like to volunteer, please contact Sarah!

Keep on Smiling,

Sarah Pedretti, CTRS, Life Enrichment Coordinator, spedretti@bluffviewmemorycare.com

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Residents Celebrating August and September Birthdays:

August

Chet, 11th
Jean C., 17th
Eldrid, 17th
Donald H., 23rd
David, 23rd
Rick, 24th

September

Greg, 8th
Jeanne N., 8th
Kathryn R., 10th
Leo, 15th
Marcie, 19th
Chong, 21st



Remembering Those Who Have Gone Before Us:



Mary Rose Shonka, May 18th
Carol Kovacevich, July 5th
Mavis Koelbl, July 8th

Events:

Catholic Communion with Sister Bridget - August 2nd at 11:00am
Musical Entertainment with Larry Langen - August 4th at 1:30pm
Pontoon Boat Trip and Fishing with NASA - August 6th 9:00am-11:00am
Monthly Ice Cream Social with Music by Steve Lankford - August 7th at 2:00pm
National Night Out with Bluffview Booth at Halfway Creek Park - August 7th 5:00-8:00pm
Musical Entertainment with the Sweet Notes Band - August 8th at 2:00pm
Ecumenical Communion Service with Sister Becky - August 9th at 1:00pm
Musical Entertainment with Tom Baker - August 11th at 1:30pm
Monthly Pizza Party with Musical Entertainment by Kent Larson - August 14th at 2:00pm
Build-Your-Own S'Mores Bonfire - August 14th at 6:00pm
Music and Memories with Sue Degallier - August 15th at 9:30am
Musical Entertainment: Sing-a-Long Group - August 17th at 1:00pm
Kornfest Parade with Bluffview - August 18th at 9:00am
Musical Entertainment with Paul Martin - August 18th at 1:30pm
Living Word Church Service - August 19th at 2:00pm
Monthly Happy Hour with Musical Entertainment by The Living Stones - August 21st at 2:00pm
Music and Memories with Sue Degallier - August 22nd at 9:30am
Musical Entertainment with Shari Sarazin - August 24th at 1:00pm
Resident Food Council with Tammy - August 27th at 10:00am
Monthly Birthday Party and Music with Gemini Entertainment - August 28th at 2:00pm

Music and Memories with Sue Degallier - August 29th at 9:30am
Resident Council Meeting - August 31st at 1:00pm

Labor Day - September 3rd

Monthly Ice Cream Social with Music by Steve Lankford - September 4th at 2:00pm

Musical Entertainment with Shari Sarazin - September 5th at 3:30pm

Catholic Communion Service with Sister Bridget - September 6th at 11:00am

Musical Entertainment with Triple Nickle - September 8th at 1:30pm

National Assisted Living Week! - September 9-15th

National Grandparent's Day Celebration - September 9th at 2:00pm

Monthly Happy Hour with Musical Entertainment by Kent Larson - September 11th at 2:00pm

Music and Memories with Sue Degallier - September 12th at 9:30am

Ecumenical Communion Service - September 13th at 1:00pm

Musical Entertainment with Hans and Sue - September 15th at 1:30pm

Musical Entertainment with Johnny More - September 17th at 3:00pm

Monthly Pizza Party with Musical Entertainment by Larry Langen - September 18th at 2:00pm

Music and Memories with Sue Degallier - September 19th at 9:30am

World Alzheimer's Day - September 21st

Musical Entertainment with The Oatmeal Band - September 22nd at 1:30pm

First Day of Fall! - September 23rd

Bluffview's A Walk Down Memory Lane - September 23rd from 2:00-5:00pm

Resident Food Council - September 24th at 10:00am

Monthly Birthday Party with Music by The Living Stones - September 25th at 2:00pm

Music and Memories with Sue Degallier - September 26th at 9:30am

Resident Council Meeting - September 27th at 1:00pm

Good News Sing-a-Long - September 28th at 1:00pm

Musical Entertainment with Tom Baker - September 29th at 1:30pm