

## Resident Council Meeting

8/29/22 at 1:30pm and 8/30/22 10:30am in the Bistro

### Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

### What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility. All residents are given the opportunity to voice any concerns, questions, or topics that they wish to bring up.

## NEW BUSINESS

### Nutritional Services:

*Tammy Atkinson, Nutritional Services Coordinator led the discussion. The residents were happy to inform Tammy that the food has been good with a good variety; they said that the food has been hot enough and that there has been enough to drink during meals. One resident was concerned about having plastic utensils during a meal on Sunday, and Tammy was able to inform the resident about a water line issue where the water was out for a while during that time. That is why paper and plastic was utilized for that day. Because of this administration has decided to order Culligan water jugs to be placed in the Bistro and Breakroom so that if the water was to be shut off again, there were at least be drinking water available for all. Tammy went on to talk about Gardens with the residents. She shared about how she grew up with her father gardening, canning, and making delicious fresh meals. The residents shared about growing carrots, rhubarb, corn, tomatoes, and cucumbers. Tammy shared that BLTs were on the menu soon with fresh tomatoes. The residents shared about making zucchini bread, canning apples, and making apple sauce. One resident did share that some of the breakfasts were bland and limited; Tammy shared that the kitchen tries to have a bigger breakfast three times a week. This resident also requested to have kale mixed into the salads, and Tammy was happy to fulfill this request as long as Kale was available for ordering. Tammy did share that there is a food and worker shortage right now so there are times when the kitchen would not be able to provide the meals that were written on the menu. She asked the residents to please be patient with the kitchen during these times when an item is possibly unavailable. Tammy finished the meeting with reminding the residents to drink lots of water and wash their hands to fend off any infections or viruses. The residents then decided on their Resident Choice Meal which can be found below.*

Follow Up::

- ***One resident would like to have a personal meeting with Tammy to discuss his diet/meal options***
  - *Tammy met that day with resident to discuss the different options*
- ***One resident would like to see the most recent water sanitation results***

#### Resident Choice Meal:

- *Grilled Marinated Chicken*
- *Mashed Potatoes and Gravy and or Melted Butter*
- *Steamed Carrots*
- *Dinner Roll*
- *Apple Pie with a Scoop of Ice Cream*

#### Nursing:

*No RHCs were able to attend the meeting to lead their department discussion, so Sarah Pedretti, Life Enrichment Coordinator stepped in. Sarah shared that Bobbi Klaver, RHC, has been out for a couple of weeks due to an accident and having some vacation. She also shared that two new RHCs have been hired, so the residents will be seeing a couple new faces around. Another exciting hire is our new full-time nurse! Sarah shared that she would be coming around to meet with all of the residents in order to get to know them. One resident had a couple of requests which can be seen below.*

#### Follow Up::

- ***One resident is requesting staff to please ensure that you are providing resident with what he requests as soon as possible!***
- ***Staff please ensure that the residents are properly dressed and that trousers are not falling off; please be especially aware of this in public areas***

#### Life Enrichment:

*Sarah Pedretti, Life Enrichment Coordinator, led the discussion for her department. Sarah started with the exciting news of Katherine the administrator working on a contract with the bus company so that the residents can go out more for different outings. Sarah said that the first outing scheduled is to Ecker's Apple Farm in September. Sarah shared what the residents could expect while there such as their world famous Apple Pie and a tractor tour through the orchard while learning about the different apples and their history. The residents then brainstormed some ideas of places to go; they suggested going fishing at a fish farm, going to high school/college ball games, going to visit other facilities and see what they are doing, and going swimming. Sarah shared a couple other activities that the residents could expect to see on the calendar for the next month, and she asked if the residents would like to see any specific on the schedule. The residents didn't have any specific suggestions at that time.*

Follow Up::

None.

### **Environmental Services:**

*Sarah Pedretti, Life Enrichment Coordinator, led the discussion due to no one else available. Sarah informed the residents that Ryan Ray had taken another job at the university, but that he would be staying on part time and that the residents may see him on a couple Saturdays here and there. One resident asked if there is anything that can be done about the flies everywhere; he asked if there is a fly spray that can be sprayed around the public areas and in apartments.*

Follow Up::

- *One resident would like to hang some pictures in his apartment*
- *Is there anything that can be done about the flies?*

### **Other questions/comments/concerns/feedback:**

*A couple of residents suggested having a drop box available for them to place suggestions into.*

Follow Up::

- *Put the drop box back up on the wall by the front desk*
- *One resident says that Katherine, Administrator, promised resident a workout mat*