

Resident Council Meeting

7/30/2021 at 1:10pm in the Bistro

Staff Members Leading:

Sarah Pedretti, Life Enrichment Coordinator

Tammy Atkinson, Nutritional Services Coordinator

Annie, Lake Hallie Nutritional Services Coordinator

Brooke Vian, Resident Health Coordinator

What is resident council?

An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

This month the council was able to meet in a small group with necessary COVID-19 precautions such as wearing masks and social distancing. All residents were given the opportunity to voice any concerns, questions, or topics that they wished to bring up.

NEW BUSINESS

Nutritional Services:

Tammy Atkinson, Nutritional Services Coordinator lead the discussion stating with asking the residents how their breakfasts were. One resident said that his toast was very dry, but that he received a new slice when he requested one. Tammy moved on to talking about gardens, and she shared her experiences with gardening such as weeding and canning and asked the residents about their gardens. Tammy also pointed out that the facility gardens were producing with our tomatoes and strawberries and herbs. Tammy also talked about Farmers' Markets with the residents. Tammy also reminded the residents that they can always request an alternative to any meal. Tammy informed the residents that they had just started new service times for the meals with Breakfast at eight, Lunch at noon, and Dinner at five. Tammy talked about the snack pass and reminded the residents that she likes to do Ice Cream on Fridays. She said that snacks are always available and that residents just need to ask and staff will get them something. Tammy asked what kinds of snacks residents would like to see; residents said, "hardboiled eggs, cookies, peanut butter, oranges, and other fresh fruit." Tammy also asked what some favorite meals were, and one resident said, "meat, potatoes, salad, and pie." The residents then chose their Resident Choice Meal which you can find below. Tammy finished the meeting with reminding the residents how important it is to drink lots of water and wash their hands.

Follow Up::

None.

Resident Choice Meal:

Spaghetti and Meat Balls with a Bold Sauce made with fresh herbs
Fresh Garden Salad with veggies from the Bluffview gardens
Garlic Bread with Mozzarella Cheese
Strawberry Short Cake

Nursing:

Brooke Vian, Resident Health Coordinator, joined the discussion during the Nursing Services Department. Brooke shared that Healthdrive Dental was in this past week and that some residents were able to get their teeth cleaned and worked on by the hygienist and dentist. Brooke also asked residents how they were feeling about the new meal times. Residents said that they were happy with it and did not have any problems with the change. Brooke also shared that there were five possible new residents.

Follow Up::

One resident would like to have some mouthwash

Life Enrichment:

Sarah Pedretti, Life Enrichment Coordinator, asked the residents what they would like to have for activities. One resident requested games with prizes such as cards, dice, and bingo. Sarah asked the resident if they would like new bingo prizes. The residents were happy with the candy but intrigued when Sarah suggested small notebooks, word searches, picture frames and more. One resident requested having a pencil sharpener out in the neighborhood to use. Another resident requested a couple outing ideas such as fishing or going to the shooting range. Sarah also shared the new upcoming calendar with the residents and some of the big events such as the Bluffview Olympics, some national days, and the Movie Night Fundraiser. The residents didn't have any questions or concerns.

Follow Up::

Get a pencil sharpener for the nurses station on Charlie.

Environmental Services:

Sarah Pedretti assisted with running this department's section due to Ryan Ray being out of the building. One resident asked about the air conditioners in the dining rooms being on. He thought that it was too cold. Sarah informed residents that he can always request for the air to be turned off if it is too cold. The residents were all pleased with their rooms' cleanliness. One resident said that it would be nice to have a quick daily cleaning. Sarah informed them that there may not be enough staff to complete a daily cleaning, but that the rooms were deep cleaned weekly and touched up whenever needed.

Follow Up::

None.

Other questions/comments/concerns/feedback:

None.