

# WELCOME TO YOUR BLUFFVIEW NEWSLETTER

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## Fun Upcoming Events

October 4th: Music with Kent Larson 1:30pm  
October 5th: Angela's 4th Grade Class Visit 11am  
October 5th: Trip to Ecker's Apple Orchard 1pm  
October 11th: Music with Hans and Sue 1:30pm  
October 12th: Sarah's Going Away Party 1:30pm  
October 14th: Music with Tom Conrad 1:30pm  
October 18th: Ice Cream Trip 1pm  
October 19th: Music with Sue Sarazin 1:30pm  
Bluffview Bonfire 6pm  
October 25th: Music with Tom Baker 1:30pm  
October 26th: Pumpkin Patch Outing 11am  
October 31st: Halloween Monster Mash & Music with  
Kent Larson

# WELCOME TO BLUFFVIEW

## Our Newest Managerial Employees

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**RHC Ashley  
Brough**

**My Name is Ashley Brough, I moved here from Oklahoma this past December, this state is by far my favorite. I'm a navy brat from Long Beach, California, moved around to several states. I have three daughters and two fur babies ( black lab & Russian blue). I'm excited about my new journey and meeting all the resident's friends and family!**

**RHC Jami Rabehl**



**I am so excited to meet all of you! My name is Jami, a new Resident Health Coordinator at Bluffview Memory Care. I grew up on a farm near Lake City, MN. I moved to La Crosse about three years ago with my son and boyfriend. My son, Edison, is eight years old, loves dinosaurs and is very excited to meet you all! My boyfriend is from Nigeria! We plan to visit soon, I can't wait! A little about me. I love documentaries, being outdoors, and chocolate. I have a dream to travel and experience new things. Lastly, I hope I never stop learning. It is a beautiful thing to change, learn new things and grow as an individual. I have approximately 12 years of experience in healthcare. It is my passion to help others with a goal to improve and maintain their health and wellbeing. Thank you so much for inviting me to your home to help!**

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**RHC**  
**Julia Farwell**

**My name is Julia, most of you may know me from around the facility. I've been with Bluffview for about 3 years now and have recently accepted a new role as Resident Health Coordinator. I could not be more excited to learn new things and have hopes that after working so closely with our residents for so long I can bring something special to the table. Getting to deepen relationships and spend time with my friends that live at BMC is one of my all-time favorite things. I went to WTC for a degree in Human Services and have always had interest in Gerontology, but I have really found my niche in the Alzheimer's community. Advocating for the people we take care of is a serious passion of mine! My shoulder is always here to lean on not only for our resident's, but their families and loved ones as well.**

**Customer Service Rep: Crystal Miller**

**Hi, my name is Crystal, and I am your new face at the front desk. I have been working in Homecare and the medical field for almost 30 years now. I love working with the residents and just spending time chatting with them. I look forward to meeting everyone and getting to know you all better.**



# WHAT'S COOKIN' IN THE KITCHEN

Well, it sure was wonderful seeing past and present family members to help celebrate our 10Year anniversary. I know I sure had a good time and it felt good to provide and celebrate together now that the covid restrictions have lightened up some. We will be having a new Head Cook Mathew Matson. He comes to us with a mature calm personality, with many years of cooking as a head chef in hospital settings and Nursing homes. Kyra will be leaving us in 2 weeks moving to northern Minnesota for the next chapter of her life.

Now that the covid restrictions have lightened up I am putting my plans together for Thanksgiving. We will be serving our Big meal at noon on this day and invite families to come and join us. Please watch for info r/t this. Reminder also to families you are more than welcome to come and dine at anytime with your loved one.

Tammy Atkinson, Nutritional  
Services Coordinator

# ENVIRONMENTAL SERVICES

As many of you may have heard, Ryan Ray our past Environmental Services Coordinator has left to go coordinate the large campus of the University of Wisconsin -- La Crosse. He is now in charge of about 33 buildings throughout the entire campus. Ryan is still coming around a couple times throughout the month to help out with a few things here and there. Now that Ryan has mostly moved on, we are excited to introduce our new Environmental Services Coordinator who will be starting soon. Look out for our southern gentleman Scott!

Although we've been without a coordinator in EVS department, our staff are amazing and have stepped up to the challenges we face daily. A huge special "Thank you" to Ryan Wagner, Johanna Severson, Irene Mashak, Cindy Pederson, and Jennifer Saltzman! We greatly appreciate all that you do!

From Your  
Management Team!

# A FARWELL NOTE

Hello, my dear friends,

I have known many of you for a very long time, as Bluffview has been my home for the past nine years! I have felt extremely blessed ever since finding this amazing opportunity while studying Therapeutic Recreation at the University of Wisconsin -- La Crosse. I started as a Life Enrichment Assistant working the evening shifts and between classes throughout the week. After I started my Internship at Bethany St. Joseph Care Center to complete my degree, I was amazingly offered the Coordinator position here of which I gladly and anxiously accepted. From there, it's all history! I've been so happy to watch the Life Enrichment Department grow and thrive. We've been able to see so many amazing events, outings, and more, and I've loved watching my many assistants come and grow. So many have gone on to become Coordinators of their own in other facilities, and it's so great to hear all about what they now do with their residents. I feel honored to have celebrated Bluffview's 10 Year Anniversary with our past and present family members; it was such a joy to look back throughout the years with all of the pictures that we posted all the way from the very start.

I wanted to share all of this reminiscing with you because I have some exciting and bittersweet news to share. I'm moving to the Minneapolis, MN area this October! I've been offered an amazing opportunity as a Regional Life Enrichment Director for a large corporation. With this position, I'll get to travel all across the United States to the different facilities to encourage, support, train, and assist their Life Enrichment Coordinators. Although I am very excited about this new step in my life, Bluffview will always be a part of me and one of my homes. I will miss each and every resident, family member, and co-worker that I leave behind, and I will be sending prayers of abundance for all.

I can't wait to see what the new Life Enrichment Coordinator has planned for Bluffview; I know that she will cultivate, enrich, and grow this beautiful place in ways that I wasn't. Make sure to give her a huge welcome when she arrives!

Thank you to everyone who has supported me throughout my time here; I love you all!

Sarah Pedretti, CTRS, Life  
Enrichment Coordinator