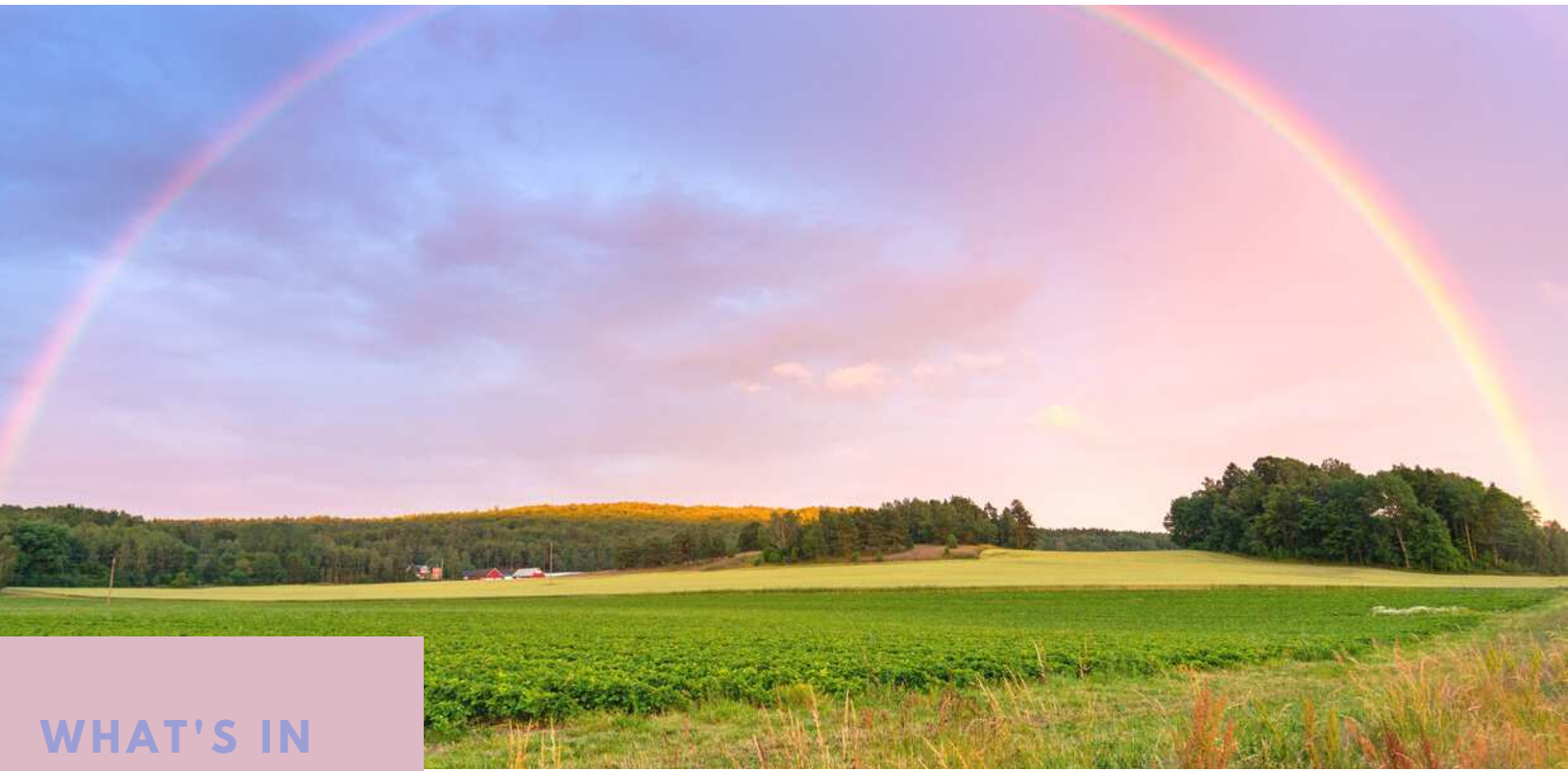


BLUFFVIEW NEWSLETTER

Newsletter for Families and Friends of Bluffview Memory Care



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A REFRESHING MOVE FORWARD

Robert McInnes, rmcinnes@bluffviewmemorycare.com

Welcome back to all of our friends and family! We are so excited to have you back in our community, and we couldn't be more grateful for all of the patience and understanding that you have given our organization over the past year. If I have had the opportunity to talk with you recently, you know that I consider family members to be a critical part of our overall care team. Your presence in the building and understanding of your loved one's needs, helps all of us in the pursuit of excellent resident care. In any team, communication needs to be established as a cornerstone. Starting this summer, I would like to get a family council going. This will be an open forum for families to discuss community events, goals, and to bring up any further needs. Please keep an eye out for an email with several survey questions so that we can figure out the best time and format for these conferences. We have a couple big goals for Bluffview in 2021, and I can't wait to share them with everyone once we are finalized! One of the big goals that we have been working on is a "facility refresh." After this past year, getting the facility redecorated, repainted, and improving our outdoor spaces is a much-needed improvement. In the meantime, please reach out anytime if you need to talk!

What's Cookin' In the Kitchen?

Tammy L. Atkinson RNSC



Well summer is upon us, and I hope we all have been enjoying the wonderful weather. The kitchen continues to cook along (no pun intended); new summer menus are out, and so far, the residents appear to be liking them. We held our first Resident food council in the BISTRO in over a year. We spoke of starting gardens and favorite garden items. The residents put together a meal to have served; we call it the Resident Choice Meal. They picked BBQ Sandwiches, Potato Chips, Pea and Cheese Salad, Pickle, and Rhubarb Pie.

We have two young ladies in the kitchen who will be graduating this year from high school: Peyton Running and Olivia Swann. Peyton has worked for us for about a year now and is looking to work full time now that school is done, and with Olivia who is relatively new to Bluffview, we look forward to getting to know her more as she is integrated into our team.

Are Your Temperatures Rising?

Bobbi Klaver, RHC

With spring finally here and the summer temperatures approaching, please remember to provide appropriate seasonal clothing for your loved one. Since we were on lock down most of last year, it is a good idea to go through your loved ones' clothing and provide appropriate clothing for the season and any changes in their sizing. With these warmer temperatures, many Life Enrichment activities are conducted outdoors in the courtyards. Lighter clothing will help your loved one remain comfortable when outdoors. Please remember to label the clothing on the back of the waist band and/or back of the collar on shirts. Please leave the clothing bagged in the entry so that it can taken to the laundry room to be laundered prior to being placed in your loved ones' room. This must be done due to our infection control regulations.

Per guidelines, face shields are no longer required! Masks are still required to be worn while inside the facility, even if you have been vaccinated. We are very happy to have our families back in the facility, and while we are still limiting your visit to your loved ones' room inside the facility, you are now welcomed to sit outside in the courtyard and visit. Please see a staff member to let you into the courtyard.



FROM SPRING CLEANING TO SUMMER PLANTING & MORE

Ryan Ray, rray@bluffviewmemorycare.com

It has been a busy spring so far for our building; we've been trying to concentrate on some of the landscaping needs. We've added some plants out front and have been working on the north lawn area with seeding, aerating, and a lot of watering in hopes to create a dense lawn. Interior glass has been cleaned in all rooms and living rooms. We're also revamping our laundry rooms to help create a better work area for staff. June will be another busy month as we will be extracting carpets, painting living rooms, cleaning exterior glass and continuing with our monthly uv-light disinfecting of all rooms. Thank you to our environmental services staff who help keep our building a safe, clean environment for our residents, visitors and staff.



LOVING THIS SUNNY DISPOSITION

Sarah Pedretti, CTRS, CDP

The whole building and especially our residents have had a wonderfully sunny disposition of late due to so many amazing happenings. We cannot say enough about how happy we are to have families and friends back in the building for visitations!! We have truly missed so many of you and are excited to finally make the acquaintance of others we haven't been able to meet until now!

We have had a full month of our entertainers back in the building, and what a difference live music makes!! The energy and uplifting nature of music has had a noticeable change in the moods of both the residents and staff.

Oh course, I cannot say it has only been the music and visitations that has brought about our sunniness, as it has been super sunny and the weather is warming up nicely. The residents have been sitting outside and helping in the gardens almost every day!

A few other announcements for the Life Enrichment Department:

Bennett Wilsey has moved onto new adventures with children who have autism, and we truly wish her the best. Sarah is in the process of hiring another full time and a possible part time to fill the open position and assist with all of the amazing happenings within the Life Enrichment Department. With the warmer weather, there will be more and more activities taking place outside to get that fresh air and sunshine. Coming up in June, the 1st Bonfire of the season will be held out in the back of the building with s'mores and other goodies. Sarah is also looking into seeing what kind of possible outings the department may be able to take depending on COVID restrictions.

Reminder to all family members and friends, Bluffview Memory Care has it's own Walk To End Alz team, and we would love for you to join us! Register at act.alz.org/ and look for our team.



HAPPY
Birthday

June 6th -- Jim L

June 8th -- Greta A.

June 8th -- Pat S.

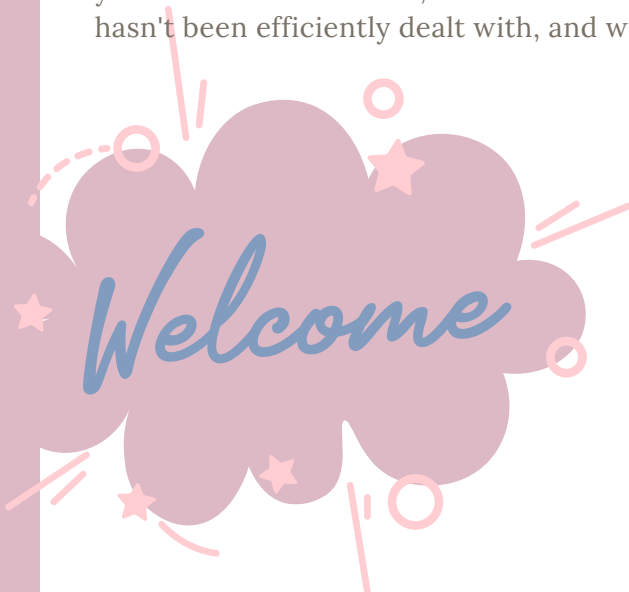
June 9th -- Buddy C.

July 18th -- Della W.

July 23rd -- Doris K.

AT THE FRONT DESK

We are missing Angela at the front desk, but we are also very excited to meet our new receptionist and get her/him acquainted with all of our building's comings and doings. During this transition time, please bare with us. There may be a few days when a phone call isn't answered as quickly as normal, and there may even be a few days when our phones are on "night/after business hours" mode. We will try our best to make sure that you get all of your mail as well. Please, call us or email us if you have any questions or notice anything that hasn't been efficiently dealt with, and we will do our best to fix that as soon as possible!



NEW STAFF MEMBERS

Emma Lemke -- RCC

Destiny Larson -- RCC

Jessica Schrodeder -- LE